

# Mayfield Matters

FREE COMMUNITY NEWSLETTER, HIGHLIGHTING LOCAL NEWS

Issue 51 August 2010



## **Information Sessions on** **Courses/Activities for Adults in the** **Mayfield Community**

Wednesday 8th September 2010

Community Resource Centre, 328 Old Youghal Rd.  
(white bungalow across the road from Newbury House)

10am to 1pm  
Or  
7pm to 8pm.



Computers (accredited & non accredited)/  
Office Procedures/First Aid/leisure courses/  
Personal Development/cookery/  
Adult Literacy/Art/Health/cross stitch/  
ECDL modules/Men's Group activities & much  
more.....

Call for a cup of tea & a chat & see what's on  
offer...



## **BEACH BUMS.**

### **By Aidan O'Shea.**

**Dateline:** Calpe in the Spanish Province of Alicante, July 2010.

The Ford S-Max diesel growls its way down *Avenida de Los Ejercitos Espanoles*, turns into *Calle Gran Bretana*, and parks on sandy waste ground. Operation Beach is under my daughter's command. "You take the towels and togs (swimsuits), you the parasol, buckets and spades, and Dad, get rid of the recycling. Monika (the au pair), catch the girls' hands while I take Róisín in the buggy." This highly-trained commando unit is about to establish its beach-head on Playa Arenal.

We are not alone. A solid phalanx of bathers and baskers has already occupied a line less than a metre from the tideless edge of the sea. But niche is our middle name, as we use the buggy to prise a space wide enough for our Iwo Jima moment. I plant the parasol base in the sand, screwing home with practised ease. Then I unfurl my blue and white ensign (Dunnes Stores @ €12.99) and set up base camp. I mutter the motto of the Spanish Republic, *No pasaran*, they shall not pass, as I vow to hold this beach-head against all comers.

No word is spoken as tops and shorts come off in a trice, revealing skimpy swimsuits and vast expanses of white Irish flesh. This is soon camouflaged in Ambe Solaire Factor 30 for kids. The same kids are by now amphibian, and they hurl themselves into the sea, flanked by two of the adults. The Mediterranean caresses our skin, in contrast to the icy embrace of Ireland's Atlantic waves. We go for baptism by total immersion, competing with shoals of little fish which dart and weave balletic moves around us. We change guard duty after about 15 minutes, as I already feel the sun's glow on my neck and shoulders.

I retreat beneath the parasol to watch over the handbags and cash, taking time to watch the passing parade. It's mostly locals today, who talk, gesture and jostle in a friendly jumble of sound and movement. Dads play beach tennis and let their kids beat them. Others strut by dressed in the minimum of fabric or even less, indifferent to the effects of excess weight and gravity on the human form. Penelope Cruz and Xavier Bardem seem to have stayed at home today.

The sun reaches its zenith and the neon sign on the pharmacy flashes 33C; it is time to beat a retreat. Sand takes its revenge at this point, clinging in between the toes and forming an invisible film in the underwear. Beach bags become like lead, tempers fray and children beg to stay longer. *Vamos!* My daughter marvels that the children never asked for the toilet, that fiery cabin at the edge of the beach. I decide not admit that I had taught them that essential skill, namely peeing in the sea. Our small organic pollution is unlikely to tip the balance of global ecological meltdown.

Playa Arenal is one kilometre long, so the promenade is a competitive sprawl of bars and restaurants, all offering a *Menu del Dia* under €10 for three courses. Damp hair and sandy feet are quite the thing at lunchtime, and the kids are transfixed by cartoons on Spanish TV over the bar. Three litres of water, a glass of beer and lots of *pany aioli* later, the world looks good again. Kids eat calamari and we don't mention the word squid. We forget about NAMA, the Fine Gael leadership heave and even the Munster hurling final. Costa Blanca? More Costa Blanka, I think. Fed and watered, we trudge back to our combat vehicle, chafing sandy legs on melting upholstery, and head home for a siesta to the chorus of "Paparazzi" by Lady Gaga.



### Mayfield Community Training Centre

Four young students from the Mayfield Community Training Centre; Aaron Carroll, Steven O'Donnell, Kevin Cotter and Corey O'Callaghan returned victorious from the Development Perspectives Music Competition held in Drogheda on 17<sup>th</sup> June. The national competition, which was sponsored by Trócaire, dealt with the themes of hunger, social inclusion and anti-racism, and was part of the We Do Care campaign ([www.wedocare.com](http://www.wedocare.com)). The winners who were all aged between 17-19, won a day in a recording studio, 200 copies of their song, 'Life Has Changed' produced on CD, and airplay on local radio station LM-FM. The band, who call themselves MCTC, were greatly helped by Cork rapper GMC (Garry McCarthy) who ran several workshops at the centre as preparation for the event. The workshops were part of a Globalfest project run by Mayfield Community Arts Centre, funded by the Léargas Youth in Action programme.



### Mayfield Ladies Gaelic Football

Ladies Gaelic football is one of the fastest growing sports in the world and we have it at our doorstep, for just €2 per week you can get fit in a fun environment.

At present training is reduced to just 1 day per week until the end of August, after that we will be back in full swing as there are still matches to be played.

We are always looking for new members, skill or prior knowledge of the game is not required as we have some fantastic coaches to help you on your way, so if you are interested in getting involved then please ring one of the following numbers or call up to the Mayfield GAA pitches Wednesday evening 6.30 to 7.30

U10 - Training 6.00 to 7.00 Wed	Contact Marion on 0872660592
U12 - Training 6.30 to 7.30 Wed	Contact Amanda on 0863414471
U14 - Training 6.30 to 7.30 Wed	Contact Caitriona on 0860605717
Junior Training Mon & Thurs	Contact Susan on 0863619753

At present we are working on getting U16 and U18 teams up and running so if you are interested please contact Tina on 0863150141

Volunteers are also always very welcome!

Looking forward to seeing you there



## **Cork City Adult Guidance Service.**

Supporting your return to  
Education.

This is a free, confidential and  
impartial service.

To make an appointment you can drop in to  
our Resource Centre, at 22 South Mall,

**Monday to Thursday  
10am to 12noon  
2.30 to 4p.m**

or

Telephone 0214907149 .  
Email [guidanceinfo@corkvec.ie](mailto:guidanceinfo@corkvec.ie).

## **Does Your Child Need Extra Help With Schoolwork This Year?**

Tuition available in English and Maths to  
Junior Cert.

Small groups or private tuition in student's  
own home.

Reasonable rates.

For further information contact:

Mary Quinlan : Phone 086 860 3838

## **Mayfield United A.F.C.**

**Apologies for leaving out Eddie Scanlon's  
name from the last issue. Eddie with Alex  
Moynihan, Christopher Hull and Matthew  
Murray are all from Mayfield United A.F.C.  
and they have made it onto the Cork School  
Boys Soccer Team.**

**This again is a great achievement for them  
and we are very proud of them  
especially as they are all from Mayfield.**

**Well done lads !!!**

## ***Carnation Street Florists Lotamore. Telephone 4822211***

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N.C.C.L.C.CH.M.I Ch.Pod.Org

## **CHIROPODIST**

Glanmire Medical Centre  
Glanmire, Co.Cork.

For appointments:  
Tel. 021.4866745  
Mobile:086-3693204

**Home Visits  
on Request**





## MANGAN'S CLOCK

Dating in Ireland in the late fifties was very different from what it is today. Disco were not invented and it was a world without television, frozen foods, videos or hairdryers. There were no dish-washers, air-conditioning, or electric blankets or tumble-dryers or washing machines, and our clothes were not drip-dry. Milk came in glass bottles. We never heard of natural yoghurt. Hardware meant nuts and bolts and software was not even a word. A chip was a fried potato. There were not disposables nappies in the supermarkets and the postman was a person's best friend. Many houses had only outside toilets and one needed an umbrella before one went outside.

Saturday nights and the sound of the show bands in the dance hall in Cork was where most of the dating scene started. The last waltz was when you got your invitation to be seen home. Walking a lady home from the dance hall was a tradition that was taken for granted. The question most frequently asked "was how far away did one live". This was like a million dollar question on "Who wants to be a Millionaire? Clever girls paused before answering this question. The answer could vary as a lot depended on how much she like the young gentleman. The reply was very far away if one didn't like the young gentleman. This quickly put a brake on any unwanted attention from undesirable males. As with no bus service after eleven or no taxis one would have to walk some considerable miles before returning home. Many a young gentleman was "left walking the streets in the rain" because of inclement weather. Shoemakers in those days were kept very busy because of the amount of walking the public had to do.

Dancing the night away to the live bands of the late fifties and walking to town and with no car at all helped to keep us fit. With our curves in the right places we were all happy with our shapes until a famous model called Twiggy thought all "females should be straight up and down". Trousers were considered unladylike and walking to Patrick's Street and the South Mall was taken for granted. The amount of walking after the dance would have enabled anyone to take part in the Cork Marathon. Walking home was taken for granted, but what was not taken for granted was your friend walking home with you as well. Many a romance ended because the friend who was last person to be walked home got to be better acquainted with the young gentleman. Patrick's Street and the famous "Mangan's Clock" was a popular place to meet, and it was not unusual to seen many of your friends meet their partners by the same clock. It was quite normal for the lady to be ten minutes late and for the young gentleman to wait for her, and a "meaningful relationship meant getting on well with the date you met".

Friday night was the highlight of the adult's weekly cinema entertainment. Well, I can tell you that half of Cork always seemed to be at the Savoy Cinema. In the late fifties it was the norm for the gentleman to pay for the lady. Cudmore's shop was the height of activity as many of the young gentleman going to the Savoy Cinema bought chocolates in the shop for their young ladies and this was accepted. Freddy Bridgeman played the organ in the Savoy before the feature film started. The words of the songs were sub-titled on the screen and most of the audience took part on the singing on the night. This was a great opportunity to show how talented you were. I remember one date that got totally involved in the singing on the night, and completely lost himself, singing to every song on the screen. It was like being at an audition for the X-Factor. *He did not sound like Elvis Presley, but God did he try!!!* On my journey home and facing the long walk with "Elvis" two tired individuals stopped to have chips with plenty of salt and vinegar and I knew then that his singing had finally to stop due to the amount of chips he eat on that night. The good old reliable "*Bag of chips saved the night*".

**Ger McAuliffe**

### ***Mayfield Action on Suicide Group.***

The MAOS group was delighted to receive a cheque for €1,000 from Councillor Dara Murphy's Lord Mayor Charity Fund at a special function in City Hall. Kevin O'Sullivan and Joanne O'Brien were presented with the cheque on behalf of the group.

This funding will go towards subsidising the cost of counselling for people from the Mayfield area. As well as counselling available in Newbury House, we have also linked with Oaktree Counselling who have a team of counsellors who are willing to meet with people in local centres such as the CDP and Lotamore Family Centre. For further information contact the CDP at 4508562, Lotamore Family Centre at 4503066. Oak Tree at 087.7565490

This year the group printed 2000 Beer mats outlining information on the supports for people who may be depressed or suicidal. These beer mats were distributed again in July to local pubs and clubs and we hope they will be of benefit to the community.

The group is always open to ideas as to how to improve their service, so if you would like to get involved or have any suggestions or ideas please feel free to contact us through the CDP Resource Centre at 4508562.

***GOOD LUCK: Everyone in Mayfield CDP/Mayfield Matters would like to wish a long and happy retirement to three members of the Staff of Scoil Eoin Aspal who retired this summer. Paddy Flynn, Noel Forde and Tomás Sheehan have all worked with us at various times, Paddy and Noel as Home School Liaison Officers and Tomas through his assistance with our fundraising quizzes. They were always very willing to help in any way and we hope they will enjoy many years of active retirement.***

### **GROW: World Community Mental Health Movement.**

Grow is a Mental Health Organisation which helps people who have suffered or are suffering from mental health problems. It's main strength is the support it's members give to each other from their own experience in relation to mental health. It's objective is to help members recover from all forms of mental breakdown or to prevent such happening.

Whether you suffer from depression, anxieties, phobias, panic attacks, lack of self-esteem, GROW's programme can offer assistance in a practical, positive and confidential manner. Based on AA 12 step programme, GROW programme follows a specific structure and method and allows people to talk about any problems or issues which they may be experiencing in a safe, confidential, non-judgemental environment. GROW is anonymous, non-denomination and open to all.

Meetings are held every week and last for about 2 hours. They are followed by a cup of tea/coffee. Your local meeting is held on **Tuesday nights in Mayfield CDP Resource Centre, 328 Old Youghal Road, Mayfield.** No introduction needed, just come along!!!

A special Youth Group aimed for 18-30 age group takes place every Thursday night at the SMA Wilton from 7.45pm.

If you are in need of support or require further information, please contact Finola on 086-7702807 or local office 4277520 Monday to Friday 9am-1pm. GROW Infoline 1890 474 474 . Website; [www.grow.ie](http://www.grow.ie).

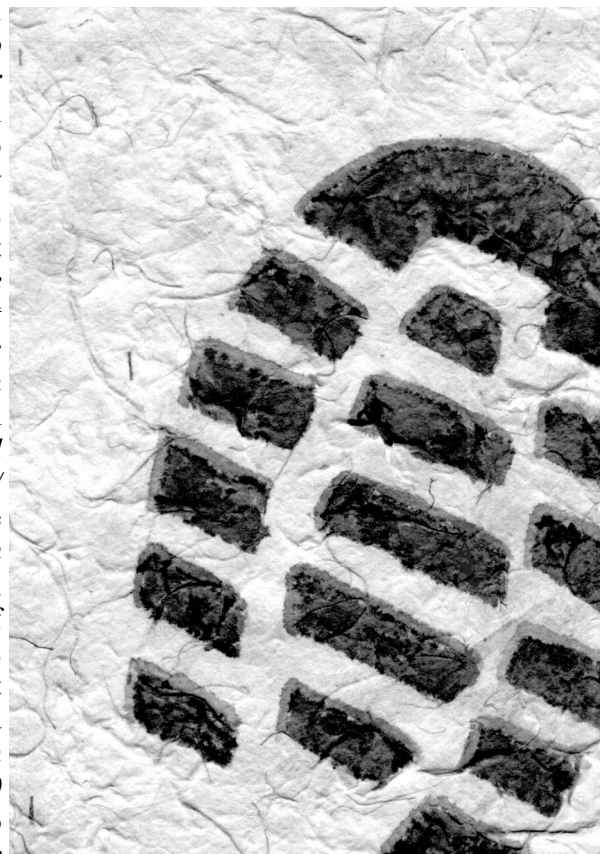
The essay below is a contribution from the Cork Non-Fiction Writers Group,  
meeting in the Cork City Library.

[www.corknonfictionwritersgroup.blogspot.com](http://www.corknonfictionwritersgroup.blogspot.com)

It is an excerpt adapted from the book “Friends and Friendability” (2009, Bad Kitty).  
Text and illustration by Marie Guillot.

## BOOTS

Working on farms to assist local vets, I decide to treat myself with a professional pair of rubber boots, otherwise called *wellies*. These wellies are to be used under adverse conditions: water, mud, muck, rocks, nails, animal kicks, or any combination of those. At the local Coop Super Stores, I choose a box saying: *PRESTIGE / Quality Wellingtons / Resistant to animal and mineral oils and fats, to acid and petrol*. I try a pair, they fit perfectly. Back home, at the bottom of the box, I discover a little booklet called *User's Manual*, in thirteen European languages. In such a manual, one does expect to see information like *how to recognise the right foot from the left one* and *how to clean them up* after a day in the slush; and *how to repair them* if they get a hole or a cut; a small repair kit could even be provided, same as for bicycle tyres. This is not too far-fetched: the brand of my new boots is precisely DUNLOP! I am thrilled to learn immediately that my boots are in compliance with the ISO9002 Quality System. First page, first guidance: *Read the manual **entirely** before making your purchase, because there is a possibility that these boots are not exactly what you need in your specific application*. Too late I'm afraid. Next advice is to *try them on before purchasing them*. Smart me: I did that! Then comes: *Check that your boots are marked with CE and EN345-1, which complies with the PPE directive No 89/686/EC*. Things get more and more exciting. Depending on the printed codes on the sole, your *wellies* may *guarantee an absorption over 20 joules*. In other words: when you jump, the heels will cushion your landing up to that level of energy. With a bit of calculation, I could verify if it is sufficient for my weight, combined with the highest point from which I might have to leap some day. If you choose a higher standard, you can also get an *impact protection against 200 joules*, which is comparable to *an object of 20 kg falling on your toes, from one meter high*. No need to calculate here, the picture IS clear. In addition, there is a *sole penetration resistance up to 1100 newtons*. This is, of course, intended against nail perforation, and I'm sure they have envisioned every type of nail, stuck in any direction. At last, the cleaning technique is coming: *brush your boots every day and wash them with diluted detergent*. This procedure *will have a positive effect on the life expectancy of your Wellington boots*. You could say that for your teeth too! Several phone numbers (depending where you are on the planet) and a website are provided to the user, should he/she need more details. Suddenly, a thought strikes me: are my boots WATERPROOF? This is not mentioned at all! Back to the manual, I read the whole thing again. The closest I come across is this: the standard CE Wellington boots are *suitable for working situations where **no additional protection, other than against water**, is required*. No code under the boots. But the soles exhibit a majestic CE. What a relief! My *Quality Wellingtons* may not bear that many *joules* and *newtons* but they ARE “proof-to-water”. Tomorrow will be my best opportunity to try them. A herd of 300 animals is scheduled for tuberculosis testing. It has been raining for three weeks. The grounds are over-soaked, the forecast is “badly-bad,” the day will be long. Brace up with *PRESTIGE*!





## ST. JOSEPHS (MAYFIELD) NO NAME CLUB

Among the new record attendance of 950 people who were present at the 2010 National No Name Club Finals that were held in the Lyrath Estate Hotel, Spa and Convention Centre, Kilkenny on Saturday 10<sup>th</sup> April were a representative group of hosts and hostess and adult leaders of the St Josephs No Name Club. Among the club members present was Dale O'Sullivan who won the prestigious title of Hostess of the Year in 2009 and who played an important role in the proceedings in Kilkenny. In her role as outgoing Hostess of the Year in No Name Club circles Dale introduced each of the contestants in this year's final as they arrived on stage accompanied by their escorts. They were then put through their paces by the compere, Fergal Darcy of 102 -104FM radio, who conducted a public interview with each of the finalists in the presence of a capacity audience.

When the announcement of the judges was made by the National Chairman, John O Donovan, who declared that Holly McAndrew of the Erris, Co Mayo No Name Club, and Joe Shine of Dungarvan No Name Club were chosen as the Host and Hostess of the No Name Club 2010 there were great scenes of celebration and excitement by their respective clubs supporters. Dale O Sullivan was called upon to present the winner Holly McAndrew with her trophy and the No Name Club sash as the 2010 hostess of the year and she also presented the other finalists with their trophies. Dale's final task before handing over the reins to the 2010 Hostess of the Year was to thank all concerned for their help, support and encouragement to her during the past year which she described as an experience of a lifetime. She stated that being chosen by the adjudicating panel as the 2009 Hostess of the Year in No Name Club had changed her life for the better and she now has the confidence to face the many challenges to enable her to reach her full potential.

The adult leaders in the St Josephs (Mayfield) No Name Club want to publicly express their sincere congratulations to Dale O'Sullivan who has been a wonderful example to all the young people in the No Name Clubs spread throughout Ireland during her reign as Hostess of the Year in 2009. She has been an excellent ambassador for her school, her family and for the city of Cork. Dale has been very passionate about her involvement in her club and she is also deeply committed and supportive of what the National No Name Club organisation is providing for the young people in Ireland by demonstrating that there is real and viable alternative to the pub culture in society that is having such devastating consequences on the lives of young people and on family life in communities countrywide.

On behalf of everyone involved in the St Josephs (Mayfield) No Name Club we take this opportunity to wish Dale every success in her forthcoming leaving certificate examinations and we are confident that she will be successful in whatever career she chooses.

Currently the club members are involved in a H.S.E. Health Promotion Project. This entails the researching of the health and lifestyle choices of young people attending second level institutions. Through the distribution of questionnaires to their peers and the feedback that is received in the survey it is intended to develop an appropriate programme of healthy social activities to benefit the young people in our community under the title "The St Josephs No Name Club Formula for an Active Healthy and Positive Lifestyle for Teenagers".

**HELP!!!! Mayfield Matters Newsletter Team need your help. We are currently trying to raise funds to replace the photocopier which we use to print your Mayfield Matters.**

The newsletter is dependent on funding from the small number of advertisements in each issue and our costs are increasing every year, especially the cost of print toner and paper. We have written to local businesses and our councillors seeking assistance but you the reader can also help us by attending a Fundraising Table Quiz which we are organising.

**The Venue will be Mayfield GAA Club Kerry Road and the date is Thursday 30th September at 8p.m**

Please come along, bring your friends and have an enjoyable evening while supporting this worthy cause. We look forward to seeing you





**CITIZENS INFORMATION CENTRES**   
YOUR RIGHTS | YOUR ENTITLEMENTS | YOUR SERVICE

**Can we help you?**

- EMPLOYMENT RIGHTS
- WELFARE ENTITLEMENTS
- HEALTH SERVICES
- HOUSING • FAMILY ISSUES
- FINANCIAL MATTERS
- IMMIGRATION ISSUES
- CONSUMER RIGHTS ETC

Cork City (North) Citizens Information Service  
**(021) 4302301**

**FREE & CONFIDENTIAL INFORMATION & ADVICE**

<b>Hollyhill CIC</b>	Harbour View Road, Knocknaheeny. Mon - Fri 10.30am - 4.00pm	Tel: 021 4302301
<b>Blackpool CIC</b>	Community Centre, 90 Great William O'Brien St. Mon - Fri 10.30am - 12.30pm Tues - Thurs 2pm - 4pm	Tel: 021 4559807
<b>Mayfield CIC</b>	Newbury House, Old Youghal Road Mon - Fri 10.30am - 12.30pm Tues & Thurs 2pm - 4pm   Wed 7.30pm - 9.00pm	Tel: 021 4508300

www.citizensinformation.ie. Phone Service: 1890 777 121 Funded & supported by the Citizens Information Board

**Beech Hill Table Tennis Club** 

Training  
Mon, Wed and Thu  
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*Do you like  
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Mike Murphy 086 27 47 667  
Marie McKenna 086 34 25 297  
Terence McSweeney 086 81 36 930

**bhtt@beechhilltabletennis.com**  
**www.beechhilltabletennis.com**



## Mayfield Citizens Information Centre is Moving

The Mayfield Citizens Information Centre will be moving on the 6<sup>th</sup> September from its premises in Newbury House to a new premises on the lower level of HSE Roseville House on Old Youghal Road, directly opposite the Great Gas Filling Station.

It is hoped that this move will help raise the profile of the Citizens Information Centre within the community, making it more accessible, and facilitate the development of the service to meet the ever increasing demand for information on rights and entitlements in Mayfield.

Roseville House is a centrally located building close to facilities such as shops, bank, library, Pre-School & Family Resource Centre, Community School and HSE Health Centre etc. It is also very accessible with good parking facilities.

From its new location the Mayfield Citizens Information Centre will continue to provide a free and confidential information service open to all without the need for an appointment. Opening hours are Monday to Friday from 10.30am – 12.30pm, Tuesday to Thursday from 2pm – 4pm and Wednesday Evening from 7.30pm – 9pm. The service is also contactable by phone at 021-450 8300.

# Charlie Wilkins

## TAKE A SEAT

I'm a great believer in having a number of seats in a garden, and on one or more occasions I have written words on how important these are to the gardener and visitor. However, I have never really mentioned how well they look when 'permanently weighed down' with accompanying plants on either side. Place big pots, tubs, urns, Ali Baba jars or clusters of smaller pots near to the seat and if these are filled (in season) with dark heliotropes, verbenas, a cordyline perhaps, or even some fleshy sedums then the seat will take on a kind of 'this was always here' look. Timber seating is a favourite of mine for reasons to do with age and cold bottoms, but if you must have metal or stone seats then you will also need cushions. These can be a damnable nuisance, particularly if you have a cat (or a neighbour's cat) for they always contrive to be on it before you. Cushions will need covers but anything too waterproof usually feels unpleasant and looks decidedly artificial. Coloured fabrics offer an opportunity to compliment the colour of the seats; stripes work a treat, but floral patterns inevitably competes with the real thing and in a proper garden always comes off worst. If making your own seat covers, it might be worthwhile in buying extra material for most fabrics eventually become bleached by sun or damaged through use. Replacements, in time, will be necessary.

Some owners of small gardens make very good use of moveable seats. They have learned that permanently positioned seats can't follow the sun and that cold breezes have a habit of sneaking into the garden from a number of different aspects. Deck chairs may be great fun on decks, but a folding directors chair is more appropriate to the garden and can be used for dining outside during summer and inside during the off season for parties and the like. They come in garden tolerable colours.

Avoid cast iron 'park benches' no matter how original looking for they will actually make your garden look like a park. The sort with cast iron ends and baulks of wood for the seat and back may be comfortable enough to sit on, but the mixture of spirals always looks awkward except in extreme decrepitude. Restored, even grand ones, look ghastly.

As with 'better' garden plants a seat should be seen but it should not scream for attention. Dazzling white furniture may be a relatively recent garden idea but it looks vile except on a white terrace with a blue sea background, pink bougainville, a glass or two of Pims and sunglasses. These you are hardly likely to find in Ireland even in the middle of summer, not to mention the fact that you may be living and gardening in a really warm area!

A good seat then is worth spending money on, but good, even bad, seats are big business for unwelcome visitors who arrive in the dead of night, sometimes even in broad daylight. Thieves will have that seat, irrespective of its weight, if it is not bolted down or padlocked to chains concreted into the ground. In or near cities, the wise gardener takes precautions like these and who indeed would blame them.

## **SPIDERS !**

Autumn it would seem, is arriving early this year, for in the mornings when I take a little walk about the garden, I find cobwebs of the orb spider draped over every bush and flower, so wet and white that they look like tatty linen spread out to dry. I always associate the webs of the orb spider with early autumn, and from now on, after the sun has risen to drink the dew that night has left on the flowers, these will have to be brushed ever so gently from my clothing, face and hands. There are thousands of these in all gardens, some small as yet, more fat and pronounced each with a large dark cross embossed upon their orb-shaped backs. When startled, they vibrate rapidly in the centre of their webs, hoping no doubt, that this action will frighten those who dare approach.



# NEW CRECHE



## Baile Beag Community Crèche

Árd Bhaile Community Centre

Spaces available for your little ones  
New purpose built  
Community crèche opening this  
September

Limited Spaces

Learning for young children is a rewarding and enjoyable experience in which they explore, investigate, discover, create and research through the medium of Play. In order to facilitate this learning an appropriately designed environment which promotes the development of young children has been designed and created at **Baile Beag Community Childcare Ltd., Ardbhaile Mayfield.** It is very evident that the role of the childcare staff is paramount to the care and education of the under three's. At Baile Beag a qualified childcare staff team will ensure that the needs of each child will be met.

In order to facilitate this learning and care, a bright new purpose built crèche will open in Ardbhaile Community Service, Ardbhaile, Mayfield in September, 2010. This service is for children aged 1 – 3 years and will be available each morning, Monday to Friday, 9.00 a.m. to 1.00 p.m. We will also run a Parent & Toddler Group each Wednesday afternoon from 2.30 p.m. to 4.00 p.m.

To ensure a place for your child at Baile Beag, call in to Ardbhaile Community Centre between 9.00 a.m. and 1.00 p.m., Monday to Friday or telephone 4552244 or email [ardbhailecc@gmail.com](mailto:ardbhailecc@gmail.com)

## CORK MONEY ADVICE & BUDGET SERVICE

Problems paying off debts?

Experiencing Financial Difficulties?

Need advice on money management?

HELP is available at:

**Cork M.A.B.S.**

**Unit 12, Penrose Wharf, Penrose Quay, Cork.**

**Tel.: (021) 4552080**

This service is **Free**,  
**CONFIDENTIAL & INDEPENDENT.**

**MABS NATIONAL HELPLINE**

**1890 283438**

## Iona Bowls Club

A limited number of vacancies will be available for the new season which commences on Wednesday September 1st 2010.

The Club's bowling activities take place on Monday afternoon 3-5pm and each Wednesday and Thursday nights 8-10pm.

Location; Brian Dillon's Hurling and Football Club, Tank Field.

Further details from

Bridie O'Connell Hon Sec.  
Tel.4505614

Paddy Lynch League Sec.  
Tel.4500553

Neilus O'Connell Club Captain  
Tel. 4501537.



**Mayfield Community Development  
Project Ltd  
Community Resource Centre.  
328 Old Youghal Road, Mayfield.  
Tel. 4508562.**



Services Available:

- **Photocopying**
- **Faxing**
- **Shredding**
- **Library**
- **Binding**
- **Typing of CV's**
- **Lamination**
- **Information**
- **Typing of essays etc (2 weeks notice needed)**
- **Copies of Mayfield Directory available**



**Opening Hours:**

*Monday to Thursday 9.30am to 5 pm*

*Friday 9.30 am to 1 pm*

*Closed 1 to 2 pm.*

**Parking:** *Parking on the premises is for staff only. All other users of the centre and the childcare are asked to park elsewhere and walk to the centre. One disability place is available.*

**Facilities:**

*One meeting room available day time & evenings to local groups which would suit a capacity of 25 people. Cost details available at reception.. Computer room also available for practice and access to email and internet.*

**Mayfield CDP supports Mayfield Matters Community Newsletter.**

*This local newsletter is compiled, printed, folded and distributed every two months from the Community Resource Centre. If you are interested in getting involved in any part of the production of the newsletter just drop into the Community Resource Centre and talk to Brenda (4508562)*

**Other groups Mayfield CDP links with/supports**

- *Mayfield Men's Group,*
- *R.A.P.I.D.,*
- *Health Action Zone (HAZ- Patti at 087-6534419) - Walking group, dance etc*
- *Money, Advice & Budgeting Service (MABS),*
- *Cork City Partnership,*
- *Lotamore Family Centre,*
- *Community Associations,*
- *N.Y.P.,*
- *Local Drugs Taskforce*
- *Mayfield Action on Suicide*
- *Mayfield Youth Cafe*
- *G.R.O.W.*

**Mayfield Directory**

*The new community directory is available free of charge from the Resource office in the CDP Community Resource Centre. This is a very useful directory to have beside your phone!*

## *Update on future of Mayfield CDP.*



For the past few issues we have been writing to inform the community about the changes that are taking place in the CDP Programme. The original programme under which we were established in 1990 no longer exists. A new Local and Community Development Programme has been imposed on the CDPs and Partnership Companies. Under this new programme we will only get funding provided we agree to work with Cork City Partnership in an integrated workplan. The National Advisory Committee which represents the Community Development Projects from all over Ireland have been lobbying for changes in the new programme. They have met recently with Minister Pat Carey and have requested him to examine the possibility of Service Level Agreements. The Minister has agreed to establish a working group to look at this. However, time is of the essence. We are expected to have all transfer arrangements in place by December 2010 and there is not much time left.

If the Minister rejects the Service Level Agreement proposal, from January 1st, the two core staff, CDP Administrator and Project Co-ordinator will become employees of Cork City Partnership Ltd and will no longer be employees of Mayfield CDP Ltd.

We hope however, that they will continue to be based in the Resource Centre and will be able to continue working as they have always done to support individuals and groups in the Community. However, we are concerned about this as the budget for the work will go directly to the Partnership and they will have control over it. We are also unsure at present about the transfer of the other 6 staff. The Rainbow Childcare Staff Helena and Kathleen and the Community Adult Learning Project Co-ordinator's Liz and Mary. If the company remains they will continue to be their employees but if not they may also have to transfer.

The 10 Voluntary management committee volunteers, 5 of whom are also directors of the company, will not be required. This would mean dissolving the Company and instead there will be a local advisory committee in place. It is a very worrying time for the voluntary management committee, all local people who have been involved for many years and have been really dedicated to the work of the CDP and ensuring that the budget was spent well, carefully managed and that the work agreed in our annual plan was in line with community needs.

In the meantime, our regular work goes on, the Buses to Youghal were successful this year again and plans are being made for the Open Day on the 8th September. The opening hours of the Resource Centre are reduced for the summer months and staff have taken a cut in their hours because of the budget. The Resource Centre is closed on Fridays until early October.

It is ironic that in October this year we should be celebrating the 20th Anniversary of the establishment of Mayfield CDP which began work in October 1990. Instead a lot of time and energy is being spent on lobbying, campaigning and worrying about the future. We do hope to organise some function to celebrate our 20years and if you have been involved in the CDP in any way during that time we would love to hear from you. People became involved at various levels as staff, volunteers on committees, student placements, work experience etc and everyone had an important role to play in the success of the CDP

*Thanks ; We would like to thank the team from Brothers of Charity Services who come every two weeks to maintain the garden at the Resource Centre and keep it in great shape. They make a very valuable contribution. We really appreciate their hard work in keeping our outside areas in top condition.*

# GIOTA GAEILGE

## le Aodán Ó Sé

Thaithin filíocht na Gaeilge i gcónaí liom. Fíon na Filíochta an teideal abhí ar an leabhar scoile againn. Bhí caibidil (chapters) ar leith le dánta grá, dánta aithrí (poems of penance), aislingí (vision poems) agus aoir (satires). Bhí fuinneamh, rithim agus saibhreas fuaimne le braith sna dánta, ach iad a rá os ard. Is minic a thagann blúirín beag (short extract) i gcuimhne agam.

*Oíche dhom go doiligh dubhach, cois fairrge na dtonn dtréan  
Ag léir smaoinemh is ag lua ar choraí crua an tsaoil.*

(Caoineadh Tighe Molaga, Lament for Timoleague le Seán Ó Coileáin).

Éist go bhfuil na gutaí chéanna i lár agus ag deire gach líne i ndiaidh a chéile (dubhach le lua agus dtréan le tsaoil). Is mó an bhéim (emphasis) ar cuirtear ar ghutaí i nGaeilge ná i mBéarla. Tóg fé ndeara freisin go bhfuil na fuaimneanna céanna ag ainmfhocail (nouns) agus aidiachtaí (adjectives) a ghabhann leo, mar shampla dtonn dtréan agus coraí crua. Tá patrún véarsaíochta an-bhreá sna línte seo, patrún a bunaíodh ar na filí proifisiúnta (na baird) abhí ag uaisle na h-Éireann roimh an 17ú aois (century).

Ba as Inis Díomáin, Conntae an Chláir Brian Mac Giolla Meidhre (Merriman, 1749-1805). Eisean a scríobh an dán cáiliúil *Cúirt an mhedán-oíche* ina bhfuil 1024 de línte. Titeann an file ina chodladh ar bruach Loch Gréine agus tagann taidhreamh (dream) chuige. Tá maighdin (maidens) na Mumhan ar a thóir toisc gan é a bheith pósta. Tógtar ina phríosúnach é os comhair Aoibheall (bean-dia págánach na h-áite) agus é ar triail. Toisc go bhfuil na h-ógánaigh ar imirce nó ag dul le sagartóireacht, tá na mná cráite ceal (without) fear céile sa leaba ná díon os a gcionn. Éist le gearán na maighdine.

*Is aithne dhom féin sa mhéid seo dem shiúlta  
Bean agus céad nár mhéinn leo a dhiúltadh  
Is mise ina measc, mo chreach mar atáimse  
D'imigh ina spaid gan fear gan páiste.  
Mo dhochar, mo dhó mo bhrón mar bhím  
Gan sochar gan seoid gan só gan síth  
Go doilbhir duaibhseach duadhmar dítheach  
Gan chodladh gan suain gan suairceas oíche  
Ach maslaithe i mbuairt gan suaimhneas sínte  
Ar leaba leamh-fhuar dár suathadh ag smaointe.*

Más mian leat tuille eolais a fháil ar na filí Gaeilge seo, léigh *The Hidden Ireland* le Dónall Ó Corcora; fear é a chónaigh sa pharóiste seo ar ndóigh. Tá a leabhar ar fáil i leabharlann An Ghoirt Álainn. Scéal drámatúil, suimiúil atá sa *Hidden Ireland*, conas ar éirigh le filí na Mumhan claoi (to cling) leis an traidisiún Gaeleach san 18ú agus 19ú aois. Seo mar a scríobh file anaithnid (unknown) fé mheath (decline) na Gaeilge.

*Uireasa oidis bheir dorchadas tlás is ceas  
Ar thuille agus ormsa i bhfogas don táin nár cheart,  
Mar do ritheadar bodaigh i mbrogaibh na dáimhe isteach  
Is do bhaineadar solas na scoile de chách ar fad.  
Aistrithe mar seo:*

*Loss of our learning brought darkness, weakness and woe  
On me and mine, amid those unrighteous hordes.  
Oafs have entered the places of the poets  
And taken the light of the schools from everyone.*

Ach tá filíocht na Gaeilge breá briomhar fós againn i saothar Louis de Paor, Liam Ó Muirthile, Cathal Ó Searcaigh, Biddy Jenkinson, Nuala Ní Dhomhnaill agus eile. Cloisfear dánta, ceol agus oidhreacht na Gaeilge i gConntae Chorcaí ag Daonscoil an Fhómhair. Féach an fógra thíos ar leathanach 9.





### **Cork Transport Rugby Club**

Cork Transport are delighted to announce & invite all to the opening of their Rugby grounds at the Corn Field, Silverheights Park, Mayfield on **Sept 5th at 2.30pm.**

Please join us for a Family Fun Day with Clowns, face painting etc at the pitch for the opening challenge match and afterwards for a BBQ with Bouncy Castle at the Cotton Ball.

Members of the Present Munster Team will be in attendance with a signed Munster Jersey to be raffled at the post match celebrations at the Cotton Ball.

Please come along and enjoy the Day!!!!

**DAONSCOILAN FHÓMHAIR,  
2010  
ÓSTÁN GHÚGAN BARRA  
BÉAL ÁTHA AN  
GHAORTHAIDH**

**Deire Fómhair 1-2-3  
TAILLE €180, Lóistín is béilí san  
áireamh.  
Léachtaí, amhráin, ceardlanna,  
dráma, agallaimh beirte, turais,  
saibhreas agus saíocht an  
cheantair.**

**FÓN 021-4544453**

### ***Julie's Hairdressing Salon***

021-4507201  
103 Old Youghal Road  
Dillon's Cross, Cork.



***Creative Cutting  
Artistic Colour***

***Easy Meche  
Perming  
Bridal Parties  
Debs & Grads  
Confirmations and Communions  
Unisex***

***Open Mon-Fri. 9 a.m.-5.30 p.m.  
Saturday 8.30 a.m. - 5 p.m.  
Gift Vouchers available***

FRANK O'CONNOR LIBRARY  
Murmont, Old Youghal Road.  
T: 021-4924935 E: [mayfield\\_library@corkcity.ie](mailto:mayfield_library@corkcity.ie)

Opening Hours: Tuesday 10.00— 5.30, **Wednesday 10.00—8.00**, Thursday 10.00—5.30,  
Friday 10.00—5.30, **Saturday 10.00—5.30**, Closed Lunchtime 1.00 – 2.00

### Whats On?

Exhibition of paintings by *local artist KEITH WRIGHT, Wednesday, 1 September to Wednesday , 29 September.*

Exhibition of paintings by *FRIDAY PAINTING GROUP, Tuesday, 21 September to Friday, 1 October.*

Adults: Book Club  
Ciorcal Cainte  
Knitting Circle

Kids & Teens:  
Chess Club  
Colouring Competitions  
Word Puzzles

⇒ Children's Book Festival 2010.

The fairy tales of Hans Christian Andersen form the background to the 2010 festival. Authors, poets, musicians and storytellers will perform throughout the month of October.

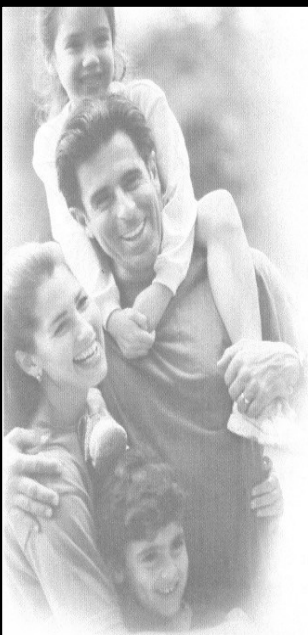
*You don't need to be a member to use the library. You may visit and browse through our collections, free of charge. Attend talks, lectures, music events and exhibitions. Read a newspaper or magazine. Spaces for study & homework.*

### MEMBERSHIP

Free membership for *Children, Teens, State (formerly 'old-age') Pensioners and dependent spouses, Disabled persons (in receipt of illness benefit) and dependent spouses, Persons in receipt of carer's allowance.*

Adults (without concessions) €22.00, Students (full-time) €1.25,  
Unemployed and dependent spouses (receiving jobseeker's benefit) €1.25,  
Single Parents (in receipt of social welfare benefit) €1.25.





For people living with  
Cancer & those who  
care for them

Cork ARC Cancer Support House is a voluntary organization established to provide a holistic centre in which people with cancer and their families can find emotional support and practical help. Our aim is to provide therapies that complement the medical model, so as to make a difference to the lives of those affected by cancer.

**THE DROP-IN CENTRE IS THE FOCUS OF THE HOUSE.**

Call without appointment and chat in confidence to one of our trained volunteers in a relaxed atmosphere.

**Opening hours:** Mon - Thurs 9.30 - 4.30pm  
Friday 9.30 - 3.00pm  
Late opening Tues 4.30 - 8.00pm

**SERVICES AVAILABLE BY APPOINTMENT**

- Counselling
- Avon Breast Cancer Nurse Counsellor
- Stress Management
- Therapeutic Massage & Reflexology
- Yoga & Meditation
- Art Therapy
- Tai Chi
- Support Groups

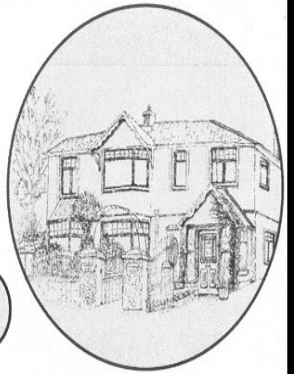
Telephone and ask for details at 021 427 6688.

**THIS HOUSE IS OPEN TO:**

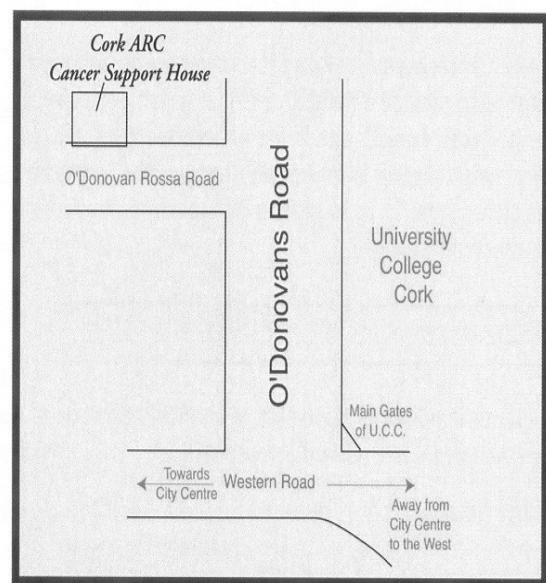
- Adults diagnosed with cancer.
- Parents of children with cancer.
- Adult family members, friends.

**WHERE IS CORK ARC CANCER SUPPORT HOUSE?**

No. 5 Clifffdale, O'Donovan Rossa Road, Cork.  
Tel. No.: 021 427 6688



**How Do We Get There?**



**For Further Information**

E-mail: [info@corkcancersupport.ie](mailto:info@corkcancersupport.ie)  
Services: Telephone 021 4276688  
Fundraising: Telephone 021 4274691

Ellen Joyce	Karen Colgan
Director of Services	Director of Development
Email: <a href="mailto:ellen@corkcancersupport.ie">ellen@corkcancersupport.ie</a>	Email: <a href="mailto:karen@corkcancersupport.ie">karen@corkcancersupport.ie</a>

**Board of Trustees:**

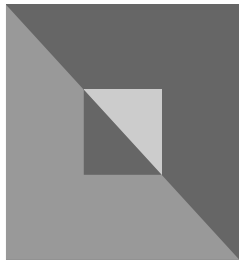
Eithne Barry, Michael Geary, Paul Montgomery,  
Kevin Nagle, Seamus O'Reilly, Eileen O'Sullivan, Bernard Uniacke.

Registered Charity No: CHY 14905

**All Our Services Are Free Of Charge**

**[www.corkcancersupport.ie](http://www.corkcancersupport.ie)**





# Ógra Chorcaí Ltd

## Youth Services, Mayfield

**Ógra Chorcaí Services that are currently available in the Mayfield area to young people include;**

- Access & referral to appropriate counsellors
- Discussion based groups on issues relevant to young people
- Activity based groups formed around interests of young people such as music, sport, art etc
  - Individual support for young people
    - Family support
- Programmes in all local primary and secondary schools
- Drug Awareness in local schools and youth centres for young people and parents

....and more

**These services are available to all young people in the Mayfield area.**

**If you would like someone to talk to or would like to become involved in any of the groups please drop into the centres or give us a ring.**

**Mairead Quarry / Fiona Callinan**

**0868103632      0879970951**  
Youth Workers  
St. Josephs Youth Programme  
St. Joseph's Community Centre,  
Old Youghal Road,  
Mayfield, Cork.

**Deirdre Dennigan**

**0868523077**  
Drugs Task Force Worker  
Mayfield Youth 2000 Phase 1  
Kerrigan Tyrell Youth Centre,  
Tinkers Cross  
Mayfield, Cork.

**Martina O'Keeffe**

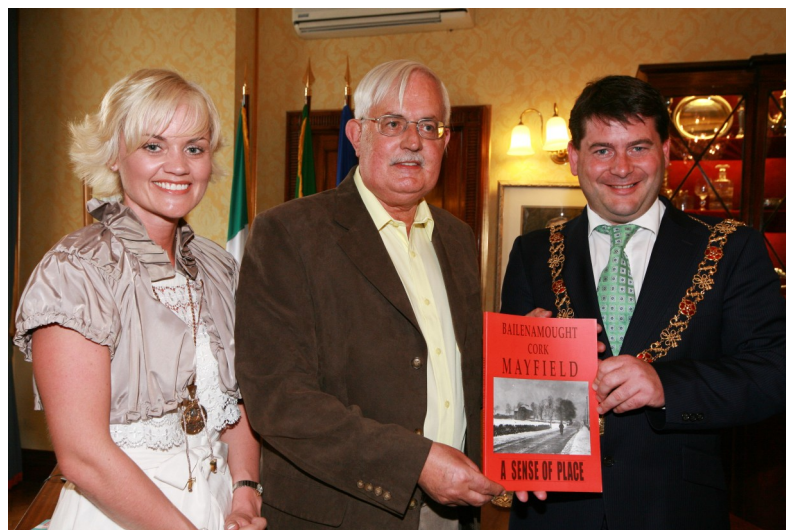
**0863682061**  
Drugs Task Force Worker  
Mayfield Youth 2000 Phase 2,  
Lotamore & surrounding areas  
Family Resource Centre,  
20 Lotamore Park,  
Mayfield, Cork.

## **Former Lord Mayor pays tribute to CDP Management and Staff.**

On Friday the 18th June, the then Lord Mayor, Councillor Dara Murphy hosted a reception for the volunteers and staff of Mayfield CDP in recognition of their forthcoming 20th Anniversary of the setting up of Mayfield CDP.

The Lord Mayor paid tribute to the work done over that time and made special presentations to volunteers, Noreen Curtin and Tom Walsh for their long service and commitment to the CDP.

In return Tom Walsh, Chairperson on behalf of the CDP presented a copy of the Local History Book a Sense of Place to Cllr. Murphy and his wife Tanya.



NO DRUGS CLUB

We finished our Weekly Sessions in the Kerrigan Youth Hall on the 24th June.

We will resume again on the 2nd September after the Summer Holidays. We had a great Sports Night before we broke up, all the children got medals and drinks, crisps, sweets.

Now we are looking forward to our Annual Outings: to Youghal, Fota Wild Life Park and of course their favourite one TRABOLGAN!

Please note we are choc a bloc at the moment, when we resume again on the 2nd September we will see if we can take in more members, but at present we are full up.

We have very good support matter of fact even the parents want to join now, furthermore we have also great support from our Local Councillors.

We have to keep trying to get rid of the scourge of drugs that is ruining people, families and communities and we need to get the message across to the children as this message is very beneficial to them.

Yours for the No Drugs Club.

### Mayfield Youth Cafe.



Mayfield Youth Cafe was set up to cater for young people 13-18. After much planning it started in January 2010 and was held on Friday nights in the kitchen in Kerrigan Tyrell Youth Centre. Numbers were small at the start but like all new ventures it takes time to become established. The Cafe took a break for the summer and finished with a big night on the 11th June.

The Cafe is run by a team of trained and committed local volunteers supported by the Youth Workers. It will be opening up again at the end of September so look out for posters and further information. We would also welcome new volunteers so if you are interested in getting involved and will to train, please contact Mayfield CDP 4508562 or any of the Ogra Youth Workers for further information.

*Mairead Quarry/Fiona Callinan  
St. Joseph's Youth Programme  
St. Joseph's Community Centre  
0868103632/ 0879970951*

*Deirdre Dennigan  
Mayfield 2000 Phase 1  
Kerrigan Tyrell Centre  
086 8523077*

*Martina O'Keeffe  
Mayfield Youth 2000 phase 2  
Lotamore Family Centre  
086 3682061*



## Mayfield CDP Fundraiser for ARC House.

**On Thursday 29th July a Coffee Morning/Cake Sale took place at the CDP Resource Centre to raise much needed funds for ARC House, Cancer Support Service.**



We would like to thank all those who attended for their support and also the many local groups and individuals who donated lots of beautiful cakes, scones, raffle prizes on the day.

Karen Colgan from ARC House attended and spoke about the services provided there.



The Marie Keating Foundation Cancer Awareness Bus was present at Newbury House providing information on sun protection and the importance of same in the prevention of skin cancers.

We were disappointed that due to circumstance beyond our control the Gospel Choir were not present as we had promised. Nevertheless an enjoyable morning was had by all and we raised over 800 euro for ARC House.



Pictures show Karen Colgan speaking and some of those who were present and enjoyed the morning.

# **COOLMORE MEATS QUALITY BUTCHER'S SHOP**

**7 St. Christopher's Drive,  
Montenotte, Cork.  
Tel: 021-4518184**

## **Back to School Special Offers**

**Homemade Meatballs (6 pack)  
Buy 1 Get 1 Free**

**Stuffed Irish Chicken  
Fillets  
4 for €6.49 save 33%**



**Lean Round Steak Minced  
Buy 1lb get 1lb free**

**(New Product ) Battered Chicken Bites  
Buy 8 for €3.99 get 2 free**



**Great B.B.Q. Deals in store**

**Arbutus Bread and  
O'Flynn Gourmet Sausages available in  
store**

### **Opening Hours:**

**Mon-Fri: 8 am - 7pm**

**Sat: 8 am- 6pm**

**Delivery Service Available**

## **Tom Murphy's Coaches**

**Tel: 021-4886319**

**St. Aidan's School Bus 2010**

**School Bus Service Mayfield  
area to St. Aidan's Secondary  
College and Scoil Oilibheir  
Dublin Hill, Cork.  
Places available for  
September 2010  
Early booking Recommended**



**Deadline for inclusion of  
stories, news, or advertising in  
the next issue of Mayfield  
Matters is: 8th October 2010.**

**Email items to  
[mayfieldcdp2@eircom.net](mailto:mayfieldcdp2@eircom.net)**

**Further information contact  
4508562**

## **COMMUNITY NEWSLETTER HIGHLIGHTING LOCAL NEWS**

All information printed in this is understood to be true and accurate at the time of printing. We do not accept responsibility found to be untrue, we do on the other hand accept responsibility for any and all grammatical and typing errors. We hope you enjoy reading our newsletter, watch out for our next issue which will be available in local shops and services.

Bringing the  
News that  
Matters to you