

Mayfield Matters

FREE COMMUNITY NEWSLETTER, HIGHLIGHTING LOCAL NEWS

SPECIAL 10TH ANNIVERSARY ISSUE! **ISSUE 58: Oct/Nov 2011**

THIS ISSUE IS SPONSORED BY ST. JOSEPH'S COMMUNITY ASSOCIATION.

Mayfield Matters celebrates its 10th Anniversary!

In October 2001, the first issue of Mayfield Matters was published and since then it has gone from strength to strength. The first issues were printed on an old fashioned Gestetner printer in the office of Our Lady Crowned Church, with the support of the Parish Priest and Margie O'Riordan who was working there as Parish Secretary. This meant cutting stencils, copying each page and collating the finished pages. We have come a long way since then, but it is important to remember where it all began. It is all done on computer now and we have a printer that produces the issues sorted, collated and ready for folding. We can now include photographs of high quality and we have no shortage of material for inclusion. As you will see from comments inside, Mayfield Matters Newsletter is very much appreciated by individuals and groups in the Community. In this current climate, and with all the negative coverage the area has received, it is very important to highlight all the positive work being done in our Community.

Mayfield Matters is produced by a very dedicated team of volunteers with the support of the Mayfield CDP. Throughout the 10 years, many people have contributed to the development of this newsletter. There is one key person however, who was there in 2001 and is still involved today. That person is **Dan Sexton** from St. Joseph's Community Association. From day one when the newsletter idea was proposed, Dan was 100% behind it. Over the years, he has encouraged everyone involved and kept us on our toes by his energy and enthusiasm. He is a great example of volunteering and commitment. **(Continued on pages 2 & 4)**



Dan Sexton pictured with some of the current volunteers. Tim, Margaret, Eileen, Dan, Kaye, Maureen and Rose. Missing on the day were Christine O'Callaghan, Aidan O'Shea, Ger McAuliffe. Picture taken by Andy Gibson also a volunteer.

Mayfield Matters is staffed by a dedicated team of volunteers who contribute to the Newsletter in all the various stages of production. All contributors who write for the Newsletter do so on a voluntary basis. Mayfield Matters operates independently and is entirely self-funded.

Cover of the first Mayfield Matters!



What Matters To You...

Welcome to the first edition of the Mayfield Community Newsletter, MAYFIELD MATTERS.

The need for a newsletter for the Mayfield area that would include both Parishes and Community Associations was identified at Community Integration Sessions, which were held in 1999 and 2000. A committee was formed and over the past months we have worked very hard on producing this newsletter. We want it to be your newsletter, your chance for all groups in Mayfield to share your news and views with others.

We hope to have an emphasis on all the positive things that happen in the community.

The editorial policy of this newsletter will be:

Non-political
Non-discriminatory
Multi-denominational
Equal access for all community groups (dependant on space available and deadlines to be met)
Editors reserve the right to refuse material/ advertisements
Editors' decision is final
This is the first edition of the newsletter and we would

welcome your feedback. We hope eventually that this newsletter will become a monthly publication

We would like to acknowledge the support of the groups/individuals who have made this newsletter possible



Welcome to our first edition!

...Matters to us.

Do you have a story to tell?

We want to hear some good news!

We'd like you to tell us about the good things that happen in Mayfield.

In every road, in every Estate, someone is doing

something to help others. Send us your letters so that we can share with the whole community your stories of hope and achievement.

Send your letters to...

The Editor,
Mayfield Matters,
C/O Community
Development Project,
Newbury House,
Old Youghal Road,
Mayfield.

Inside this issue:

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Special points of interest:

- Ciaran Murphy (Sars) wins All Ireland Medal
- Community School to open on Tuesday Nights
- New roof and windows for Boys' School
- Parish Assembly coming to Mayfield
- Youth Matters in Mayfield
- Local Children Start School
- A tribute to Eileen Murphy R.I.P.



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Murray's Supervalu, Mayfield.

Attention Parents!!

Managing STRESS in our lives

Mayfield Local Drugs Task Force Projects are running a FREE 8 week course for parents to help relieve stress and learn relaxation techniques. This course will help you to understand stress, break free from stress, learn to relax and have fun. Lots of laughter is guaranteed and you will enjoy a well-deserved break from your kids. After the course, you will hopefully feel much better about life. Based on interest, we hope to start this course on either Wednesday 19th October from 10.30am - 1p.m. or Thursday 20th October from 7pm - 9.30pm. The venue is the Kerrigan-Tyrell Youth Centre, Tinker's Cross, Mayfield.

For more information, or to express your interest, contact either Deirdre Dennigan, Community Drugs Worker on: 086 852 3077 or by email at: mayfielddrugs1@gmail.com or Martina O'Keefe, Community Drugs Worker on: 086 368 2061 or by email at: lotamore@hotmail.com.

Mayfield Matters and it's Volunteers.

Throughout the years, many people have contributed to the success of the newsletter through their involvement at all levels. The Development Committee: Dan Sexton, Una Long, Mary Kelly, Brenda Corcoran, Paddy Flynn, Catherine O'Connor, Pat Casey, John Macdonald, Mairead Quarry, Margie O'Riordan, Marie O'Halloran, Margaret O'Driscoll (RIP), Tim Duane, Mary Chambers and Kay Buckley came together with the support of the CDP to bring the idea to fruition. We would like to thank especially the staff and management of Mayfield CDP for their continued support and encouragement and for providing us with a dedicated space in the Resource Centre.

We would like to acknowledge everyone who helped in any way in the past 10 years. Particular thanks most go to those who wrote articles, poems, placed advertisements, inputted material, collected money, provided sponsorship, printed and folded, the list is endless. We also acknowledge the local councillors who over the years provided Ward funds to help cover our costs. There is a great danger in naming people that we may omit someone and cause offence, therefore if you were involved at any level we thank you.

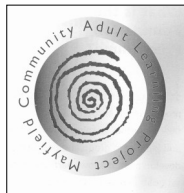
If you would like to become involved in the production of Mayfield Matters, you would be welcomed wholeheartedly to the team. Although experience is not essential, if you have experience in writing, layout, design, desk top publishing, sales and marketing, fund-raising and distribution then we would love to hear from you.

Mighty Mayfield Reaches County Final

It was an emotional evening last Saturday when Mayfield Junior Hurlers breached a thirty three year gap to reach the 2011 County Junior Hurling Championship Final. A tremendous team effort and three cracking goals gave Mayfield a deserved place in the Final. It was a pulsating game of hurling watched by a large crowd, and it was treated to all that is best in championship hurling. Mayfield stormed into a four point lead in the first 10 minutes with points from both Kelly brothers and Ian Looney. Mayfield's opening goal came in the 17th minute when Patrick Duggan rattled the net. The Mayfield defence was excellent, with Brian Punch and Gary Lehané in outstanding form. Darren Wise, in the Mayfield goal, produced a magnificent save to deny Dungourney a certain goal to leave the half time score Mayfield 1-7 to Dungourney 0-8.

The second half brought sustained pressure from Dungourney, but it was Mayfield that pushed on with Duggan's second goal and Shane Kelly adding a further point from play. Mayfield's third goal was the body blow to Dungourney as Terry Lotty shot from 35 yards to the net and put Mayfield through to the Final. Full time score: Mayfield 3-12 to Dungourney 0-15.

The County Final is due to be played on Sunday 23rd October 2011 at 3.45pm (Venue to be advised). The club would appreciate the support of the community of Mayfield behind the team for the final. Please put on your red and white colours and get behind the team.



Mayfield Community Adult Learning Project. C.A.L.P.



Invited guests, Course Certificate recipients and Tutors are pictured after the presentation ceremony.

Picture: Andy Gibson

On Tuesday, 6th September 2011, the Mayfield Community Adult Learning Project (C.A.L.P.) welcomed over 50 adults from the Mayfield community to a presentation of FETAC Certificates in the CDP Community Resource Centre.

Members of C.A.L.P.'s voluntary management committee were joined by Mr. Derek Hanway, CEO Cork City Partnership; Breda Fitzgerald, Cork City Partnership; Brian Bermingham, Denis Barrett and Mary Linehan all from City of Cork VEC. FETAC Component Certificates for Level 3 Computer Literacy,

Level 4 Information Technology Skills, Level 3 Office Procedures, Personal Effectiveness and Communications Certificates were presented to the recipients by both Mr. Hanway and C.A.L.P.'s Chairperson, Ms. Majella Finnegan. Majella thanked C.A.L.P.'s tutors for their commitment to the Project and ensuring our learners reach the standards required in attaining accreditation. The Project's provision of FETAC courses in the community is facilitated through the allocation of part time Tutor hours from Cork City Partnership and City of Cork VEC, the use of computer facilities in the Mayfield Community School and the support of the CDP Centre. The C.A.L.P. management would like to congratulate all recipients on their achievements and hope that many will progress on to further learning opportunities. The Project will continue to provide quality, accessible community education courses and support those who are looking for further educational options both locally and city-wide.



Invited guests; Denis Barrett, Derek Hanway, Mary Linehan and Breda Fitzgerald are pictured at the presentation ceremony.

Picture: Andy Gibson

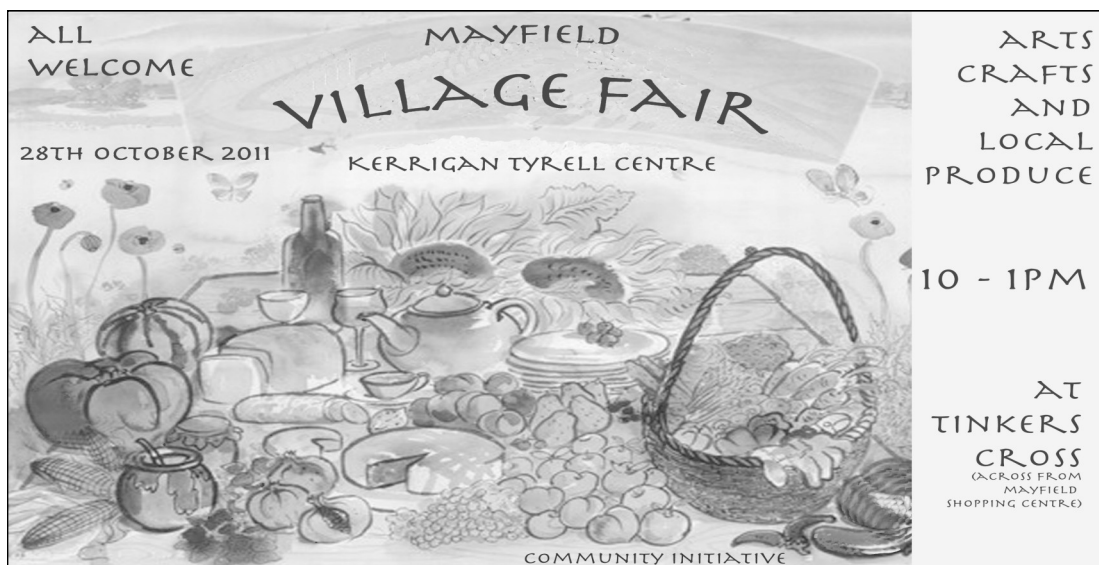
Mayfield CDP

Community Resource Centre, 328 Old Youghal Road, Mayfield.

Telephone: 021 450 8562.

Community Garden: Mayfield CDP is currently supporting the development of a Community Garden at the back of our Resource Centre. A six week course is currently taking place on a Wednesday morning with a view to people taking ownership of the beds and maintaining them. They meet from 10.30a.m. to 12.30p.m. If you would like to get involved, meet people and learn new skills, why not call in for more information?

Community Market: Plans are well underway for the Mayfield Village Fair, which will take place on Friday 28th October from 10-1pm in the Kerrigan Tyrell Youth Centre at Tinker's Cross. This will be an opportunity for local people to show off their products and for the community to come along and enjoy the event. Perhaps you can do your Christmas Shopping early? Cakes, scones, breads, jams and crafts etc will on be on sale. Look out for more information and posters locally.



The Staff and Management of Mayfield Community Development Project would like to congratulate the volunteers of Mayfield Matters for all their hard work, vision and commitment to the Newsletter throughout the year. Congratulations again to Dan Sexton who kept us on our toes throughout the time, Dan is a pleasure to work with and a true Gentleman.

New Staff Member: Welcome to Michelle O' Regan who is the new Resource Worker in the Centre.

Computer Room: Due to a grant received from the Cork City Council through the Community Grants for Projects and Programmes, we have now increased the number of computers within the existing computer room. We received €1,500 from Cork City Council and after holding a Table Quiz we raised €800. So with this funding we now have 2 brand new computers and were able to upgrade the other 6 computers. The computer room is also available to the public at a very nominal cost of €2 per hour. We are also open to accept groups to use this amazing facility. We are open also in the evenings from 7p.m. to 9 p.m. Just ring us for more information or to book the space on: 021 450 8562.

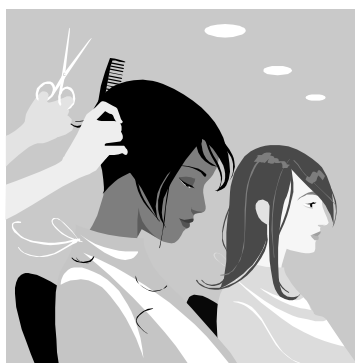
Youth Café: The Mayfield Youth Café will re-open on Friday 14th October but it will be in a new venue. It will now take place in the Neighbourhood Youth Project, Knockmahon, Old Youghal Road from 7.15-8.45 and will be open to all young people from first year in secondary school and up. We are also hoping to support the development of a Youth Club in partnership with Ogra Chorcaí to cater for young people aged 8 to 12. If any adults would like to volunteer for either group, they would be most welcome. Training will be provided and Garda Clearance will be required.

Rainbow Sessional Childcare: Many new children are currently settling into Rainbow and we have a few vacancies, so why not contact Helena for more information on: 021 450 8562.

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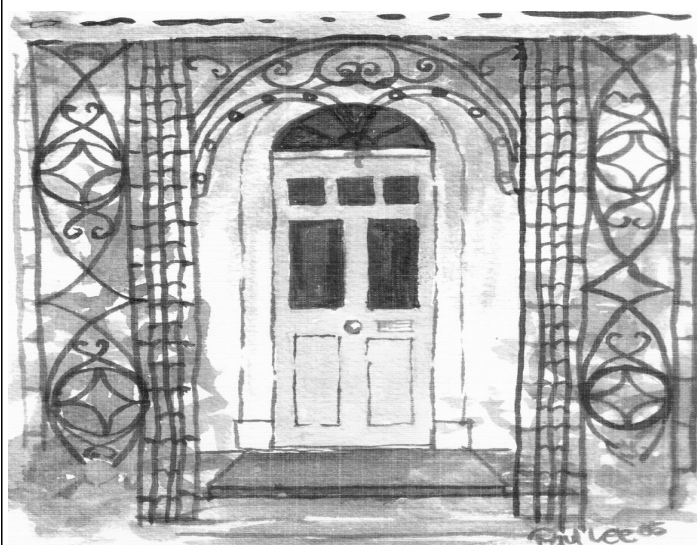
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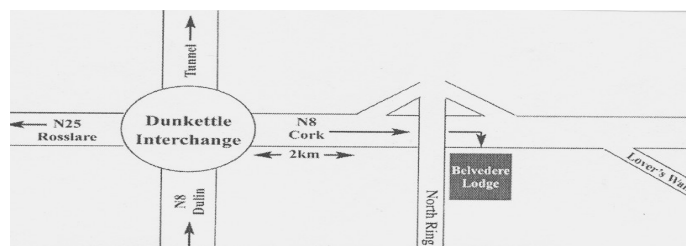


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*Or find a tranquil spot to sit and chat in
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*I had a tea party, this afternoon at three.
T'was very small, Three guests in all,
Just I, myself and me,
Myself ate all the sandwiches, while I
drank up the Tea.
T'was also I who ate the pie
And passed the cake to me.*



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A Sense of Place

The Hidden History of Place Names

by Aidan O'Shea ©

Have you done any handwriting recently? I wrote a few holiday postcards last week, and found that my script was almost illegible. The fault lies with my lack of handwriting practice. Nowadays I tap on the computer keyboard or text on the mobile phone. I rarely write a cheque. Many hours were spent at primary school learning to write letters of the alphabet in my headline copy book. Then I progressed to capital letters, followed by joined-up (cursive) script. I flushed with pride when at last I could write my name and address with a legible flourish. But now that skill has slipped away, and I miss its finesse.

So, I bought a headline copy book and drew ink into a treasured old Parker 51 fountain pen. At first the vertical lines were tilting, the sensual curves of the Bs and As were uneven, and my hand ached with the effort. Eventually I managed a legible flow:

Aidan O'Shea, Tracton Avenue, Montenotte

Tracton.

I then began to muse on the place-names. Why Tracton? Why Montenotte? My house is located in the grounds of Tracton House, which is now owned by COPE Foundation. COPE is an organisation offering a wide range of services to those with special physical and mental needs. The name Tracton refers to a district 7Km south of Carrigaline, Co. Cork. Welsh Cistercian monks of the rule of St. Benedict established a monastery there in 1225. The name Tracton derives from the Latin *Tractus Albus* (White Coast) a perfect name for this part of the county. The founder Odo de Barra was Welsh/Norman and the enclosed community farmed the land and spoke Welsh. Indeed, little of any language was spoken because of the strictness of the rule. Muintir De Barra (Anglicised Barry) were plentiful in the Cork harbour area. Barryscourt Castle near Carrigtohill is now restored and tells much of their prosperity in the county. Henry VIII dissolved all monasteries in 1541 and the Tracton community was banished. We do not know if the friars kept the old faith alive by melting into the Irish landscape. Many monks and priests fled to France and Spain, joining and enriching communities such as Louvain and Salamanca. Tracton Abbey became ruinous. The Gaelic poet Seán Ó Coileáin wrote of another abandoned abbey at Timoleague:

Scréacach géar na gceann gcait in ionad na salm sóil
(The owls' sharp cry is heard instead of solemn psalms)

Thomas Daunt of Gloucestershire acquired the land at Tracton in the early 1600s and built a fine house nearby. A Protestant church was built in 1817. No trace of the monastery now remains, although some believe that stones from the old abbey are embedded in the walls of the 19th century church. The place name in Irish *An Mhainistir Bhán* refers either to the white garments of the friars or to the original Latin name *Tractus Albus*.

Montenotte.

Montenotte, when spoken in the rounded tones of Cork's middle class, is a byword for wealth and condescension. Frank Hall's comedy show had a running gag involving Montenotte Mothers at their coffee morning, boasting about their golf handicaps and Sorcha's points in the Leaving Certificate. Montenotte (Mountain of the Night) does have a classy ring to it. It leans gracefully against the northern hills overlooking Cork city and the River Lee. Wealthy merchants, army officers of the British garrison and captains of industry built fine mansions in Montenotte in the 19th century. They left the old city with its warren of tenements and pathetic lanes, reeking of cholera, famine and death.

It is reasonable to assume that Cork's Montenotte took its name from the ancient Italian town of Cairo Montenotte, 20Km north of Savona in the region of Liguria. The first battle of Napoleon's Italian campaign took place there in 1796. The army of the French Republic defeated the combined forces of Hapsburg Austria

A Sense of Place (Cont'd)

Inflammatory French ideals of Liberty, Equality and Fraternity posed a threat to British rule in Ireland. Theobald Wolfe Tone had engaged directly with the French Directorate to send a fleet to Ireland in the hope that a popular rising would follow. Three French fleets did set out for Ireland. A force of 14,000 men under General Hoche set sail from Brest in December 1796. Battered and dispersed for two weeks by winter storms, a small number of vessels reached Bantry Bay, but failed to land. A second smaller force under Jean Humbert landed at Killala, Co. Mayo in August 1798. They were joined by local rebels and won some engagements before being surrounded at Ballinamuck, Co. Longford by crown forces under Cornwallis. The French surrendered. Finally another small expedition engaged with a larger British squadron off Lough Swilly in October 1798. Wolfe Tone was captured in the uniform of a French officer. He was condemned to death by court-martial in Dublin, but committed suicide before he could be executed. Three fleets, three failures.



Why would a suburb of Cork be named after Napoleon's military victory? The interest of Cork's ruling class lay with British rule rather than with rebellion and Godless republicanism. Cork prospered by provisioning the British Navy with butter and bacon. Possibly a wealthy Cork shipwright or wine merchant liked the Italianate lilt of the name Montenotte. Indeed the area below Montenotte is called Tivoli. Tivoli (Latin Tibur) is a beautiful city 30Km northeast of Rome. Its name derives either from the River Tiber or from the Emperor Tiberius.

I picked up the fountain pen again.

Tracton. Montenotte.

Place names can conceal traces of our past. I found the footprints of Gael, Norman and Planter in my address, adding intimacy to local knowledge. Gaelic scholars held such knowledge in high esteem, giving it the name *Dinnseanchas*, a sense of place.

All pictures included in this issue are available for purchase from the Mayfield Community Development Project in Old Youghal Road. Priced at a very reasonable €7, the photographs are sized 7" x 5". Other sizes are available on request. Contact the CDP for orders or more details on: 021 450 8562.

The Mayfield Matters Editorial Team would like to express its sincere thanks to **St. Joseph's Community Association** for the sponsorship of this issue.

If you or your business would like to sponsor an issue of Mayfield Matters, please get in touch with us for further details.

The Committee of Mayfield Action on Suicide, and in particular Kevin O’Sullivan, would like to say a big THANK YOU to everyone who took part in the Evening Echo Women’s Mini Marathon on the 24th September. Over 100 people wearing Mayfield Action On Suicide tee shirts participated. We would also like to thank the many people who supported us by sponsoring those who took part. The funds raised will be put to good use in the Community. Low cost counselling is available without delay for anyone who wishes to access it, and this is all due to your support. Thanks also to Doolan’s Cow Bar for providing food, refreshments and entertainment.

We would also like to thank everyone who attended our Balloon Release event on 10th September at Our Lady Crowned Church. It was very successful and we would like to express our gratitude to Fr. Aidan for his lovely words of consolation at the Mass and for his presence and prayers afterwards before the balloons were released.



Some of the participants of the Cork Ladies Mini Marathon who ran in aid of Mayfield Action On Suicide, are pictured after the event.

Picture: Supplied

KEEPING SAFE THIS WINTER

The HSE Mayfield Primary Care Team, in co-ordination with local and voluntary organisations, are holding an open evening entitled “Keeping Safe This Winter”. The event will take place in St. Joseph’s Community Association building on Wednesday 26th October, from 6.00pm to 7.30pm. We hope to provide you with useful information on how to keep safe this winter and link you with helpful agencies. You will have an opportunity to meet and speak with: Community Garda, Age Action, Friendly Call Service and to hear about personal alarms from the Mayfield CDP.

Members of the Mayfield Primary Care Team will also be in attendance to give you information on our services and to answer any questions you may have. Our team includes Public Health Nurses, a Dietician, Physiotherapists, Occupational Therapists, Clinical Psychologists, Speech and Language Therapists and a GP. Tea/coffee and light refreshments will be provided.

For any queries, please contact Eleanor Moore, Community Health Worker on: 087 659 9485.

St. Joseph's 2011 Pilgrimage To Lourdes

by Joe Mullane

The recent pilgrimage to the world famous shrine of Our Lady Of Lourdes that was co-ordinated by the local branch committee of St. Josephs Young Priests Society was a profoundly prayerful and revitalising experience for those who took part in the event. Among the 40 people who took part in the pilgrimage was Rev.Fr. J.P. Hegarty, Parish Priest ,who was recently transferred to Glounthaune Parish after serving ten and a half years in St Josephs Parish.

The group assembled at Cork Airport on Thursday 1st September where it was joined by a group of pilgrims from St Augustine's Church, Cork that included Fr. Michael Leahy and Fr. Sean Dowling, who were also travelling to Lourdes on the specially chartered aircraft provided by City Jet. Following an enjoyable flight, the group arrived in Lourdes where it was transferred by coach to its base in the Solitude Hotel. The pilgrimage began with 6.30p.m. Mass that evening in the Church of the Seven Dolours, which is located opposite the hotel.

Friday 2nd September

The group attended Mass at 10.30am in the Church dedicated to Maximilian Kolbe, whose heroic act of volunteering to die in place of a stranger in Auschwitz Concentration Camp in 1941 will never be forgotten.

Saturday 3rd September

The group travelled by coach to the "Cite St Pierre" (City of the Poor) where it attended Mass in the Sheepfold Church. Later that night it took part in the Candlelight Procession which was followed by the recitation of the Rosary under the porch of the Church of St Bernadette, which is located opposite the Grotto on the banks of the River Gave.

Sunday 4th September

There was an early start by the group who attended the 8.30a.m. open air Mass, which was concelebrated in English by a large number of Priests. That was followed by the group's participation in the Stations of the Cross which was celebrated on the mountainside and at ground level. Following an early lunch, many of the group took the opportunity to watch the live transmission of the All Ireland Senior and Minor Hurling Finals on a large television in the Solitude Hotel.

Monday 5th September

The group travelled by coach to the Bartres to attend 9.00a.m. Mass in the local Church. At the conclusion of the Mass, all of the group members were blessed with the Armbone Relic of St Bernadette. Before leaving Bartres, the group visited the grave of Marie Nee Arravant, who cared for the young Bernadette Soubirous following her mother's accident when a saucepan of boiling water accidentally overturned on her.

Later that day, the group took part in an Holy Hour from 9p.m. - 10p.m. in the conference room of the Solitude Hotel. That included the blessing of the sick, and the large candle that was purchased by the group that resembled its intentions and all those the group members wished to remember. Following the Holy Hour, the large candle was taken in procession to a location near the Grotto where it was lit by Grace Murphy, daughter of the Branch President, Mary Murphy.

Tuesday 6th September

Following an early breakfast, the group was taken by coach to the airport terminal to catch the return flight to Cork.

There were many highlights of the 2011 Pilgrimage to Lourdes which included: the Nightly Candlelight Procession, the Stations of the Cross, the Holy Hour and Mass of Reconciliation, the visit to Bartres and the Cite Saint Peirre, the open air Mass at the Grotto and the visits to the underground Basilica, to attend the 'Blessing of the Sick' Ceremonies.

To conclude this article, a special word of thanks and appreciation is conveyed to Pat Sheehan and Emily O'Leary, who co-ordinated the event.

Rainbow Sessional Childcare



Community Resource Centre, 328 Old Youghal Road, Mayfield, Cork.
Tel: 021 450 8562

Two sessions daily: 9.30 to 1pm and 1.30 to 4pm.

Vacancies Available

Contact Helena Ross, Manager, for booking form or further information.

Priority will be given to children of parents who are in Education or Training.

Our Lady Crowned Credit Union Ltd.

launches the 2011 Credit Union Art Competition

All budding local artists are invited to submit entries for this year's Credit Union National Art Competition which has been launched by Our Lady Crowned Credit Union, illustrating the theme 'Ireland Through My Eyes'.

Now in its 28th year, the competition attracts up to 50,000 entries through 300 credit unions nationwide and caters for all ages, with categories ranging from under 7 to over 18 years of age. There is also a Special Category for those with physical or intellectual disabilities.

Our Lady Crowned Credit Union is inviting anybody with an interest in art to enter the local competition. Entry forms are available in your local credit union offices at 11C Silversprings Road, Mayfield, Cork and Wallingstown, Little Island, Co. Cork. **Closing date for entry to Our Lady Crowned Credit Union is 4th November 2011.**

Winners, runners-up and merit award winners at local level go on to represent the credit union at regional level and, if successful, at national level. Local winners will receive their cash prizes at a local prize giving ceremony.

Our Lady Crowned Credit Union has been involved in this competition for many years and wants to continue to encourage and reward self-expression, creativity and imagination amongst all artists, young and old, throughout our community.

**CALL INTO OUR LADY CROWNED CREDIT UNION TODAY
FOR YOUR APPLICATION FORM**

Feed your imagination



Credit Union Art Competition
Visit creditunion.ie for details

WE LOOK AT THINGS DIFFERENTLY



Women urged to have free breast X-Ray.

BreastCheck is reminding women aged 50 to 64 living in the North Side of Cork City that if they missed their BreastCheck appointment it can be easily rearranged by contacting the BreastCheck Southern Unit on: 021 464 9700.

Over 1,600 women in the area are being invited for a free breast x-ray (mammogram). BreastCheck tries to make it as easy as possible for all women to attend their appointment. If the time or date of the first appointment does not suit, it can be changed over the phone. If the location of the mobile makes it difficult for a woman to attend her appointment, she can arrange a new appointment at the BreastCheck Southern Unit in Cork City.

It will be another two years before women living on the North Side of Cork City are invited for their next BreastCheck appointment, so it is important that no woman misses having her mammogram.

A BreastCheck mammogram is a simple procedure and the appointment only takes half an hour in total. The aim of screening is to detect early breast cancer, but the vast majority of women screened by BreastCheck are found to be perfectly healthy.

Women in Cork who have already had their BreastCheck mammogram are encouraging other women to have their mammogram. Speaking about their own personal experiences, five women from the county said the following:

“I was very nervous going for my mammogram. There was a time when I thought about not turning up for it. I did have my mammogram done and my results came back clear. I was relieved and I am glad I went through with it. I would say to any woman out there who’s thinking about not turning up for her appointment talk to someone about it.” *Betty*

“The nurses in BreastCheck are very friendly and they have a great way of making you feel relaxed. When I got my mammogram, the nurse chatted away to me and before I knew it she said it was done - I couldn’t believe it. I was so pleased with myself and I would have no problem having it done again.” *Ann*

“Women need to be responsible for their own health and it is important they get their mammogram test done. Women always look after everyone else but this is a time they must put themselves first.” *Deloris*

“Even though having a mammogram can be uncomfortable for some women, it’s very important to have it done and it only lasts for a few minutes.” *Marian*

“The staff at BreastCheck were very nice and friendly. They gave me loads of time to get myself comfortable and relaxed before they did the mammogram.” *Betty*

BreastCheck advises all women aged 50 to 64 to make sure their name is on the BreastCheck register by calling Freephone: 1800 45 45 55 or checking online at: www.breastcheck.ie.

For further information, call Clare Manning, Communications, BreastCheck on: 01 865 9300

Computer Course for Men.

A Beginners Computer/Internet/Email course is to start at the CDP Community Resource Centre, 328 Old Youghal Road, Mayfield on Wednesday 19th October 2011 from 2 p.m. - 4:30 p.m. and will run for six sessions.

Run by Mayfield Community Adult Learning Project (CALP), the course will cover basic computer skills, how to browse the internet and send emails. Although this course is specifically aimed at men, CALP facilitates many courses for both men and women.

To book a place, either call into the centre or call: 021 450 8562.



Mayfield RAPID Update



RAPID is a process of community groups, local agencies, residents and councillors working together for the good of the area. This is an outline of the current activities in the Mayfield part of the Mayfield/Glen/Blackpool RAPID area. The initiatives outlined below are a result of the hard work on the ground by a variety of the people outlined above.

Employment & Training

Project ReFocus is a training/education project for 18 to 25 year olds from Mayfield and the Glen. It will start back again with a new group on October 11th and it takes place in St Josephs Community Centre. It is supported by local projects such as Glen NYP, Mayfield Training Centre, Mayfield NYP, Mayfield Local Employment Service and Ogra Chorcaí, as well as agencies such as the Dept. of Social & Family Affairs, FAS, Cork City Council and City of Cork VEC. Last years participants are doing well and will continue to receive some support over the next two years.

Sport in Your Community Course

An 'Introduction to Sports development in your community' course began in Mayfield at the end of September. This is a part-time course which is aimed at those who are unemployed and have an interest in promoting sport and physical activity in their local community. It is funded by Cork Sports Partnership and takes place in the Kerrigan Tyrell Youth Centre and the Spraoi Sports Centre in Montenotte.

A late night soccer initiative began in Mayfield Sports Complex on Friday nights on September 23rd. This is supported by Cork City Council, the City of Cork VEC, Ogra Chorcaí, an Garda Síochána, RAPID and Mayfield NYP.

Family Support

The *Happy Talk* initiative is an early learning and language project for 0 to 6 year olds. It is led by Cork City Partnership with an interagency steering group. It is funded through the National early Years Access Initiative and philanthropic funding. The initiative covers the Glen/Mayfield area. Three staff are currently being recruited – a project co-ordinator and two speech and language therapists.

Physical Environment

The *Community Wardens'* contracts have been extended until the end of the year by Cork City Council. Local communities are delighted by this decision as the wardens are instrumental in many activities at a local level.

Cork City Adult Guidance Service.

A free guidance service is now available every second Friday morning in Mayfield CDP from 10.00am-12.30pm on the following dates: Oct 14th, 28th, Nov 11th, 25th and Dec 9th.

An experienced Adult Guidance Counsellor will provide you with help and advice on community based courses, local and national courses, careers and funding support. The service is free, confidential and impartial.

For further details, you can contact Oonagh on: 021 490 7149 or by email: guidanceinfo@corkvec.ie

MAKE THIS SPACE WORK FOR

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With 2000 copies per issue, advertising in Mayfield Matters makes total business sense.

We can design your advert for you, or we can reproduce your own, supplied advert.

With prices starting from just €25, can you afford not to take up this opportunity?

Call us on: 021 450 8562 for further details.

CORK MONEY ADVICE & BUDGET SERVICE

CONFIDENTIAL & INDEPENDENT.

Problems paying off debts ?

Experiencing Financial Difficulties?

Need advice on money management?

**MABS
NATIONAL
HELPLINE**

1890 283 438

HELP is available at:

Cork M.A.B.S. Unit 12, Penrose Wharf, Penrose Quay, Cork.

Frances Nolan,
N.C.C.L.C.CH.M.I Ch.Pod.Org

CHIROPODIST

Glanmire Medical Centre
Glanmire, Co. Cork.

Gift Vouchers Available
For appointments:
Tel. 021 486 6745
Mobile: 086 369 3204



Home Visits
on Request

Cork City Adult Guidance Service

Supporting your return to Education

This is a free, confidential and impartial service

To make an appointment you can drop in to our Resource Centre, at 22 South Mall

**Monday to Thursday
10am to 12noon 2.30 to 4p.m**

or

Telephone: 021 490 7149

Email: guidanceinfo@corkvec.ie.

The Return Journey by Meave Binchy

Reviewed by Anita Murphy

This book is available from: Mayfield Library, Old Youghal Road, Cork

This book is a sophisticated collection of short stories. It takes the reader on a journey of discovery. Each story is as engaging as the next. Each gives a snap shot into the characters' lives. Binchy informs the reader via the characters' trials and tribulations that nothing is ever as simple or as perfect as it seems. It is a testament to her writing skills, that the characters physique and personality can be seen in their full form. The central theme is love; this presents itself in a number of forms; love triangles, torrid affairs, suffering on different levels, consequently issues surrounding trust and infidelity. In addition, with some characters there is a false sense of security. My verdict is one of praise and sheer delight. Overall, there was a nice relaxing tone and I found the book hard to put down. Every ending keeps the reader in suspense. No judgements are passed as the stories unfold. I like to think that Binchy invites the reader to come to their own conclusion as to how the story finishes. It is an incredible book and a must read.

The Altar

**Kneeling in our hill-top church
As the sunshine filtered in,
I saw Saint Anthony stand there
with the Christ-child next to him**

**There, on the altar just above
on a throne of glittering gold,
Sat Mary with her baby
Whose glance could melt a stone**

**A Rosary beads presented
to Saint Dominic kneeling there,
While Catherine, with a crown
Of thorns, looks on in silent prayer**

**This altar of the Rosary
All white and blue and gold,
Sends us a signal message
Which the power of Prayer unfold**

Harry A. O'Shea



GROW COMMUNITY MENTAL HEALTH

'These days we are all under pressure and never has the line been so fine between coping and being on the very edge. When you need to cut through an emotional upset, to keep order in a crisis, to think clearly and to come to grips with your problem:

1. Be Definite. Answer the question: WHAT ***EXACTLY*** AM I TROUBLED ABOUT?
2. Be Rational. Answer the question. IS IT ***CERTAIN?*** IS IT ***PROBABLE ?*** OR IS IT ONLY ***POSSIBLE?***
3. Be Wise. Answer the question: HOW **IMPORTANT** IS IT?
4. Be Practical. Answer the question: WHAT SHALL I DO **ABOUT IT?**

This is part of **Grow Literature**. Why not come to one of our meetings and find out more? Mental health is so important. So is handling the pressure.

For more information on our meetings, please contact Finola on 086-7702807, our local office:- 021 4277520 Mon/Wed/Fri 9am-2pm, or local : 1890 474 474. Or you can check out our website:
www.grow.ie

We encourage you to come along to our meetings at:

**The Mayfield Community Resource Centre,
328 Old Youghal Road, from 7.30pm to 9.30pm every Tuesday night.**

Whether you suffer from depression, stress, anxieties, isolation, panic attacks, lack of self esteem, . GROW's 12 Step Program can offer assistance in a practical, positive and confidential manner.

“You alone can do it, but you can't do it alone”

Tel: 021 450 8300

***Now open every morning (Mon – Fri) 10.30am – 12.30pm
Tues to Thurs 2pm – 4pm***

Know Your Rights October 2011

Question

I work part-time and my working hours are irregular. If I do not work on a public holiday, how do I get my public holiday entitlement?

Answer

If you have worked at least 40 hours in total in the 5 weeks before the public holiday you are entitled to paid leave on the day or one of the following alternatives:

- A paid day off within a month of the public holiday
- An additional day of annual leave
- An additional day's pay
- The nearest church holiday to the public holiday as a paid day off

If you have worked for your employer for at least 40 hours in the 5 weeks before the public holiday and you are due to work on a public holiday, you are entitled to that day off as paid leave or one of the alternatives as listed above.

If you are not required to work on that particular day, you should receive one-fifth of your weekly pay instead of the actual day's leave. Even if you are never rostered to work on a public holiday, you are entitled to one-fifth of your weekly pay as compensation for the public holiday. Under the Organisation of Working Time Act 1997, you may ask your employer, at least 21 days before a public holiday, which of the alternatives will apply to you. Your employer should respond to you at least 14 days before the public holiday. If your employer does not, you are entitled to take the actual public holiday as a paid day off.

Information about public holiday entitlements is available from the National Employment Rights Agency which operates an information helpline on Lo-call 1890 80 80 90. Complaints in relation to holiday entitlements may be referred to a Rights Commissioner at the Labour Relations Commission, Tom Johnson House, Haddington Road, Dublin 4, Lo-call: 1890 220 227. Find us on the internet at: www.lrc.ie.

Further Information

Further information on this and other matters is available in confidence from the Mayfield Citizens Information Centre, Roseville House (Lower Level), Old Youghal Road, Mayfield. Telephone: 021 450 8300. *Opening hours are Monday to Friday 10.30am – 12.30pm, Tuesday to Thursday 2pm – 4pm and Wednesday Evening 7.30pm – 9pm.*

Citizens Information is also available through the Cork City (North) Citizens Information Service on: 021 430 2301, the Citizens Information Phone Service: 1890-777 121 or online at: www.citizensinformation.ie

Baile Beag Community Childcare Ltd

Ardbhaile Community Centre,
ArdBhaile,
Old Youghal Road,
Mayfield,
Cork
021 4506977



Parent And Toddler Group

Monday's 1.45 PM - 3PM.

Age 1 – 3 years



CoolClips.com

Limited Places Available. Register Now!

St. Josephs (Mayfield) No Name Club

St. Josephs Mayfield No Name Club is based in the Community Centre next to Mayfield Library and it is currently recruiting young people aged between 15 – 19 years who are living or attending school in the Mayfield area.

The club was established in 1998 to cater for the young people in the local community, and over the past 13 years the clubs adult leaders who give their time and energy voluntarily have made a major contribution to the lives of hundreds of young people and the quality of family life in the Mayfield area. This has been achieved through the training programme and the wide range of healthy social activities that are provided to the young people who have continued to join the local No Name Club.

St. Josephs Mayfield No Name Club is one of 45 such clubs that are currently operating successfully countrywide. These clubs provide a real and positive alternative for the young people throughout this country to the pub culture that has become so prevalent in society and is creating havoc on the lives of young people, as well as on family life in general.

Through their involvement in No Name Clubs the young people build up their confidence and self-esteem that enables them to say “NO” to alcohol and drugs in their young adult lives that prohibits them from reaching their full potential. If proof was needed to illustrate that young people don’t need to indulge in alcohol or drugs in order to socialise with their peers, one has only to refer to the 2011 National No Name Youth Awards Function and Banquet that was staged in the Lyrath Hotel, Kilkenny on the 16th April and was attended by a new record attendance of almost 1200 people. This event is the highlight of the years wide ranging programme of healthy social activities for all young people involved in No Name Clubs countrywide and in recent years it has become the biggest social event in Ireland where alcohol and drugs are not allowed.

Contrary to some school of thought, the No Name Club is not a pioneer movement, and those who join their local club can enjoy their involvement in many entertaining events with their peers in a pleasant and friendly environment where they are free of the dangers of getting involved in alcohol or drugs.

Those wishing to join St. Josephs Mayfield No Name Club can do so by attending the weekly club sessions that take place on Monday nights between 7.20pm and 9pm in St. Josephs Community Centre, Old Youghal Road, Mayfield. Telephone enquiries can be made by ringing 021 455 0059 on Monday to Friday between 2pm and 6pm.

St.Josephs Community Association Ltd

Once again the Community Centre is a hive of activity with all of the groups who use the Centre now back in operation. During the summer break, the premises was given a facelift with the caretakers being busily involved in painting the entire internal walls to ensure the high standards of hygiene in the Centre are maintained.

All groups who use the premises will notice that a life saving defibrillator unit has been installed in the reception area of the Community Centre. An invitation is being extended to all clubs/groups to nominate one of their members to take part in a training course in C.P.R. and in the use of the defibrillator, which is being planned to take place in the coming weeks. Only those who are involved in groups using the Centre will be accepted on the forthcoming training course. Those who are interested should give their names to the administrative secretary in the St. Josephs Community Centre as soon as possible.

Ireland Long Ago and its Superstitions.

by Ger McAuliffe

Ireland long ago was full of superstitions and many people believed in these old superstitions. If you moved into your new house, you were given an old horseshoe to hang above the front door, and it was usually hung with the points of the horseshoe facing upwards. People believed that this procedure would stop bad luck coming into the house. This horseshoe emblem was also in the past sewn into the inside of the hem of a bride's wedding gown for good luck.

As we were watching the recent match between Ireland and Australia, people shouted out with delight, "The Luck of the Irish." It was just one of the many old sayings about good luck and fortune. Good luck seems to follow some people who constantly win in raffles and bazaars. We believe that good luck was also following them in health and in love, and you can meet these people every day.

Some people believe that if someone is winning all around them, you should rub your ticket on their sleeve in the hope that your luck will change. If you are sitting next to a constant winner in card playing, it was also believed that if you placed your cards on their sleeve you, too, had hopes of winning.

My grandmother's house in Youghal was full of robins flying into the old parlour. As she was busy dressmaking for her neighbours, she hardly took notice of them searching the parlour for some crumbs that were left on the ground. It was lovely to see the robins about her house and according to old traditions, it was to bring good luck and fortune. She was someone who worked until the early hours of the morning to finish her dressmaking for that special occasion. She was working so hard that she hardly took notice of them. It was also believed that perseverance was the mother of good luck and she certainly had these qualities.

My grandmother believed that it was bad luck to put your shoes on a table or on a chair, or bring lilac into your home, and that a silver coin was very lucky if you set it into your foundation. Silver coins were also given as a present to newborn children as a token of good luck.

Some fishermen believed that if you changed the name of your boat, it was said to cause "bad luck" and they also believed that if you dropped your coins into the sea that this would cause bad luck to the crew. When one married in Ireland in the past, it was considered good luck to you in the future if you placed a three penny coin under the Infant of Prague. Many people in Ireland in the 50's and 60's constantly received the statue as a wedding present and may still have them in their homes today.

Whether you believe it or not in all of these superstitions; an old saying is: "If you are Irish, you have the luck of the Irish".

Photography Classes Available In Mayfield

Time: Tuesdays at 10:30am

Place: New centre next to Roseville

Group: Complete beginners with compact digital cameras (not professional ones)

Teacher: Maureen Considine

Contact: 086 882 8557

Email: maur.considine@gmail.com

Mayfield Novice Camera Club

Mayfield Novice Camera Club meets on the 1st Monday of every month to discuss project work and on the 3rd Monday of the month to learn basic photography related computer skills. Each meeting is held in Mayfield CDP from 7pm onwards. New members and former students are always welcome. For more information, ring Maureen on: 086 882 8557

Charlie Wilkins: Gardening

Indian Summer Dahlias

In diminishing light and in whispered tones we may still speak of an 'Indian Summer'. Regrettably, this hoped-for extension of summer never seems to materialise fully, and many now suspect that it is only wishful thinking for a time that doesn't even exist. And yet, perhaps this October..."

Any yet, in a few weeks time, the long dark evenings will have been silently ushered in and even as some may already be reaching for seed lists and soft shoes, the dahlia will continue to give pure pleasure and very little worry. Colourful, energetic, and extremely easy to grow, the dahlia is very much back in favour and fast becoming one of the leading gems for late summer and autumn.

Just look at what is available in terms of size, colour, and form when a dahlia is put into enriched soil! It can produce blooms over a foot in diameter on plants that can rise to seven feet, or if you prefer, there are varieties that nestle delicately in a border showing tiny blooms just an inch or so in width and height. Their style can take the form of a water-lily, anemone, peony, cactus, carnation, chrysanthemum, even a rose! All this, in addition to the recognised forms that embrace broad, flat-petalled blooms known as decoratives; a narrower and rolled petalling that shows in the cactus and semi-cactus forms, and the popular Ball dahlias with symmetrical formation that includes tiny Pom-Poms that look like drumsticks and are only 2" in diameter.

The dahlia also commands a range of colour that is unequalled and literally rampages through the spectrum, missing only the elusive true blue. It will grow almost anywhere and in almost any sort of condition. By the same yardstick, however, a little attention will offer more blooms per plant, deeper colours, better stems, and a longer flowering period than any other plant in the garden. However, it is certainly not just a question of sticking some tubers in the ground during April and letting nature do the rest! Be assured that the dahlia does not like to grow in shade, near to tall trees, shrubs, hedges, or walls and it dislikes intensely being planted in ground that is badly drained. The new-found popularity that the dahlia enjoys today is attributed, I think, to the form and amazing colour variations that it offers, and to the fact that even the rawest recruit to the world of gardening can grow it to perfection. It can fill your borders, your vases, and eventually your heart, as it has done for so many thousands or growers up and down the country. Have a peep around this month and see if you can't find at least one interesting dahlia with a pleasing colour or unusual shape, already potted and awaiting a brand new home. Keep it frost-free for winter and plant out next May for six months of glorious colour.

The October Garden

INDIAN SUMMER; The term 'Indian Summer' comes to us not from the Far East or from any remnant of the British Empire but from the Indians of North America. Revise your mental picture now and think of America's North East and to the land of the Iroquois warriors where summers were long and autumns golden, full of ripe fruit and long shadows- to be quickly followed by terrible winters of freezing cold snow, biting winds and frightfully long, pitch black nights. Our winters are a much more gentle affair, (at least they were up to last December!) but already we are being warned about a repeat performance in the months ahead.

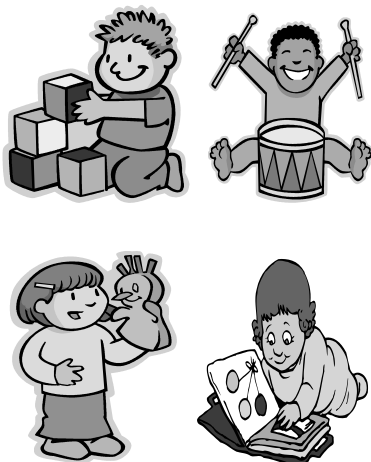
WILDLIFE visiting the garden at this time of the year include colourful butterflies, honey and bumble bees, various large moths, rabbits and the odd fox. In city and town gardens spiders continue to dominate the wildlife scene as the opening days of October continue to shorten, cool, and darken. Cobwebs are now seen early in the morning draped from every shrub and rose, so wet and white in the pale morning mist that they sometimes look like tatty linen spread out to dry. The orb spider with its huge pregnant bump and dark cross-like outline on its back is responsible for these woven wonders, but they had better move into more sheltered positions soon, for wind and rain will destroy their handiwork as surely as frost on dahlias.

IVY; Folklore and tradition would have gardeners worrying as to the wisdom of allowing ivy to grow on buildings or house walls. Ariel roots can penetrate defective brickwork and will eventually cause damage but it will not harm properly pointed masonry. Neither will ivy cause dampness for more often than not it sheds rain like an umbrella thus reducing even the likely-hood of moisture penetration. As well, in Victorian times ivy was clipped back hard to keep it tight against walls and this helped in insulate the property against heat loss and penetration of dampness.

Newbury House Family Centre



Childcare Services



The primary focus of the childcare service is to support families from the locality by providing a high quality childcare service.

We offer the following childcare services:

Preschool
Afterschool
Full Day Care
Summer Camps

For more information please contact the centre on:

021 450 7999

Child and Family Counselling Service



We offer a low cost counselling service. Counselling provides you with a safe space to talk. You can talk about any personal or family problems that may be troubling you, in a private and confidential setting.

If you would like further information please contact Newbury Centre on: 021 450 7999

Reflexology and Massage



The Newbury Centre also provides a Reflexology and massage service. Some of the benefits of this therapy are:

- Helps individuals deal with stress
- Opportunity to relax in a peaceful environment.
- Beneficial for circulation, digestion, and respiratory problems
- Helps the body to naturally maintain its balance

To book an appointment contact Breda Grealish on: 087 627 9027

Mothers' Group

Make-up and Beauty

Massage and Reflexology

Money and Budgeting

Career & Training

Childcare & Child Development



Healthy Eating

All welcome

Starting Thursday 6th October at 2pm in Newbury House Family Centre

Please contact 021 450 7999 for more information or if you would like to join this group

St. Patricks Infants School

by Martina Barry

Our school was very fortunate to be one of only forty two in the whole country to be chosen to run a "Pathways to Literacy" Summer Camp funded by the Department of Education in August. Thirty six children were afforded the opportunity to develop their literacy skills through a fun, activity based programme in the areas of Music, Drama, Story and Art.



Kayla Ainadr, Samantha Samoua and Abbie Akinknolie display their Summer Camp work folders.

Picture: Andy Gibson



Conor McDonagh shows off his certificate and Gingerbread Man mask from the Camp.

Picture: Andy Gibson

Our overall theme was "The Gingerbread Man" and the boys and girls extended their skills and confidence in reading, oral language and writing, whilst also deriving much pleasure from baking, making clay models, creating in fabric and fibre and taking part in letter and word hunts and drama sessions. Local storyteller Paddy O'Brien entertained us and we enjoyed a visit to our local library in Mayfield. Parents were invited to a showcase on the last day where they could view the children's work and were treated to a performance of "The Gingerbread Man" through music and role-play. After the showcase, Lollipop Lady, Susan Mulhare presented the children with their Summer Camp certificates.



Sarah Mooney, Susan Mulhare, Anne O'Connell, Principal, Martina Barry and Margaret McCarthy pose with the Gingerbread Man after a successful Summer Camp.

Picture: Andy Gibson

St. Patricks Infants School (Cont'd)

This September saw four classes of new pupils join the school. Some of the new classes are pictured below. Pictures by Andy Gibson.



Scoil Mhuire Banríon

Retirements at Scoil Mhuire Banríon.

Three of our senior teachers retired last June. Deputy Principal May Doyle and teachers, Catherine O'Connell and Maud McCarthy had between them 100 years of combined dedicated and committed service to our school and the wider Mayfield Community. On behalf of the staff, the Board of Management and the many children who passed through their hands, we wish to thank them most sincerely. We wish them a very happy and fulfilled retirement.

Makeover for Scoil Mhuire Banríon

During the summer we decided it was time to brighten up our school building in honour of our upcoming 50th Celebration in 2012. We are appealing to all past and present pupils to come and join us in the New Year. We would also love to have as many old photographs as possible to display as part of the celebrations. We would be delighted if you wanted to hand in your photos to the office. We hope you like our new look!

New Junior Infants

We extend a very warm welcome to our new junior infants and their families, they have settled in very well. Well done to all their parents for having them so well prepared for school.

School Initiatives. - 2011-2012

We look forward to inviting the parents to join their children in class throughout the year. This is a great opportunity to become more involved with your child's education.

Transition from Primary to Secondary School.

Congratulations to all the girls from sixth class who have now left us for secondary school. We wish them every success in their studies.

Mayfield Matters 10th Anniversary Tributes

On behalf of everyone involved on the St. Joseph's Community Association we wish to extend our heartiest congratulations to all those involved in the production of the highly popular Local Community Newsletter "Mayfield Matters" which is this month celebrating a decade in existence

On the occasion of the 10th anniversary of the very informative newsletter Mayfield Matters, the members of St. Joseph's Active Retirement Club offer their sincere congratulations and an unrestrained 'thank you' to the production team for its dedication and devotion to this integral service to the community. It is no mean achievement to regularly provide information, advice and anecdotes worthy of bringing interest and pleasure to the Mayfield community.

The duty of doing, not great things, but what we can, is the very top and sum of human obligation. And so, on this tenth anniversary of Mayfield Matters, may I congratulate all those who carry out this most important duty? Their involvement in this newsletter means the setting aside of self interest and the laying out one's best energies in unselfish, not-to-be-requested service. It means not merely occupation (as the volunteers may see it) but industry, attainment and outstanding service to others. If they have busy hands, they also have busy affections, sympathies and purposes, all for the greater good of our wonderful Mayfield community. On behalf of all those who do not get the chance to write a few words of praise on their behalf, can I say 'Well Done Volunteers, you have done us proud!'

Thank you all, Charlie Wilkins.

Congratulations to all at Mayfield Matters on reaching your 10th Anniversary, from Our Lady Crowned Credit Union.

St John the Apostle B.N.S

St John the Apostle would like to extend a warm welcome back to all students, parents and staff and wish all every success for the coming year. A special mention has to go to our Junior Infants who are already making great strides and having lots of fun as they enjoy their lessons on the Interactive Whiteboard.

Junior Infants enjoying Silent Reading Time



Recent Events:

The Lord Mayor paid an official visit on Wednesday, 14th of September, where he was given some tough questions by the boys from 5th and 6th classes! The boys also presented the Lord Mayor with a donation to the ISPCC.

Mayfield Junior Hurling Team, current City Division champions, visited the school with the cup on Thursday. This was a particularly proud moment for St. John's as we welcomed back our successful past pupils, Eoin, Olan, Ronan, Darren and Ciarán.

Sport:

G.A.A. coaching has recommenced with the boys from 5th and 6th being put through their paces by Finbarr Kiely and the boys of 3rd and 4th by Tony Hegarty. St. John the Apostle Sciath na Scol team will play its opening matches against Padre Pio and Blarney Street. We wish the boys and their backroom team all the best. We know they'll do us proud!

Tennis lessons have also started for the term.

Saving for Christmas:

Our Lady Crowned Credit Union has re-started its weekly visits (every Thursday). It's a great way to save for Christmas and a great habit for life.

I.T. Facilities:

Our computer facilities are now second to none, having been upgraded again during the summer. All classes have an Interactive Whiteboard and computer, along with weekly classes in the computer room.

Enrolment:

Bookings are now being taken for our 2012 Junior Infant Class. Please contact us as soon as possible to avoid disappointment, as places are limited.

News From Nowhere

by Michael O'Donnell.

Thought of the Month

The African Medicine man giving an interview to News From Nowhere said. " When the white Missionary came to my Country he had the Bible and I had the Land- now I have the Bible and he has the Land.

In the summer of 1931, as Wallis Simpson was meeting the Prince of Wales for the first time, Spain was becoming a Republic and the Empire State Building was being unveiled in New York, Hewlett Johnson arrived in Canterbury as its new Dean.

The Dean brought with him to Canterbury some striking personal assets: flowing white hair and a mesmerising style of oratory. He was also friendly with the Russian ambassador. He also brought a remarkable gift for enraging his colleagues in the Chapter. It was soon in evidence: one of his first acts as Dean was to invite Mahatma Gandhi - then regarded as a terrorist and enemy of the British Empire- to visit Canterbury. Gandhi turned up at the Deanery in a Rolls Royce, with his personal goat and spinning wheel. He went into evensong and sat among the Tory Party at prayer. The Canons were furious but Johnson settled into his lifelong crusade extolling the merits and virtues of Liberation, Communism and the Soviet Union.

On his return from a visit to China the Dean raised the ire of Geoffrey Fisher, the Archbishop of Canterbury by stating that he had evidence of the use of germ warfare by American troops in Korea.- and said so from the pulpit. There was uproar and Fisher sought the advice of the Prime Minister Churchill in a bid to have him sacked. Churchill- whom one suspects may have admired the Dean's spirit if not his cause- mischievously drew a lot of venom from the situation by pointing out that there was not very much that could be done to eject Johnson from the Deanery because in framing the 39 Articles of Religion of the Church of England in the 16th century, the Elizabethans had inadvertently forgotten to make any mention of germ warfare.

Men - a Date for your Diaries.

Man Matters

A free one day workshop for men is to be held on **Friday 25th November from 9.30am to 4.30pm** at the Mayfield CDP Resource Centre, 328 Old Youghal Road, Mayfield.

The workshop is about practical ways to face life challenges and maintaining and taking control of your physical and mental well being. Numbers are limited to 10 per workshop and a light lunch will be provided.

For further information contact Mayfield CDP on: 450 8562 or Miriam on: 086 852 5755

Time for You - A Journey to Your Inner Smile Through Relaxation

There will be a series of Introductory Groups using different methods to open out to Peace, Stillness and Joy.

These Groups will be tailored to the needs of the participants, so come along whether younger, older, male or female and let's have some light hearted fun and laughter too, while we connect with a deeper part of ourselves. Meet at Mayfield Community Development Resource Centre on Fridays from 10.00 to 12 noon

Mayfield Ladies Gaelic Football

Our club has had an hectic summer with Championships, leagues, Féile, Gaelic for Mums, and all our teams having a very successful season with lots of semi-finals and finals played and even more still to play for.

More recently, we took our u12/u14/u16 ladies on a road trip to Dublin to support the Cork Ladies Senior team in their bid to win back the All-Ireland Champions title. The girls really enjoyed the experience, with dreams of playing in Croke Park being ignited in a lot of hearts. We couldn't have been prouder, with Cork showing a fantastic display of skill and determination which led to the team lifting the Brendan Martin Cup. Our congratulations to the players, team management and all involved.

New To Our Club

If you'd prefer to learn the skills of Gaelic football in a non-competitive way, then our new initiative, GAELIC FOR MUMS, is exactly what you need. This initiative is to entice women to have fun and get fit, in a sociable set up. So grab your boots and your female friends and join us for a fun filled hour of craic! Our ladies are currently training for an all-Ireland blitz. This is a weekend filled with fun, games and entertainment for all the family, and a chance for our ladies to showcase all their hard work. Contact Marion on: 087 266 0592 for further information.



Gaelic football is one of the fastest growing sports in the world, and we in Mayfield have it at our doorstep. For just €2 per week, you can get fit in a fun environment. We are always looking for new members, and skill or prior knowledge of the game is not required, as we have some fantastic coaches to help you on your way. If you are interested in getting involved, then please ring one of the following numbers or call up to the Mayfield GAA pitches on Wednesday evenings from 6.00 to 7.30.

U10 - Training 6.00 to 7.00 Wed	Contact Michelle on: 086 861 2732
U12 - Training 6.00 to 7.00 Wed	Contact Amanda on: 086 341 4471
U14 - Training 6.30 to 8.00 Wed	Contact Tina on: 086 315 0141
U16 - Training 6.30 to 8.00 Wed	Contact Tina on: 086 315 0141
Junior/Minor Training Mon & Thurs	Contact Susan on: 086 361 9753

You can also keep track of us on Facebook: [mayfieldladiesGaa](https://www.facebook.com/mayfieldladiesGaa)

Frank O'Connor Library
Murmont, Old Youghal Road.
Tel: 021 492 4935 Email: mayfield_library@corkcity.ie

Opening Hours: Tuesday to Saturday 10.00 - 1.00 & 2.00 - 5.30
Closed Lunchtime 1.00 – 2.00

Adult Literacy and Basic Education

If you are an adult either learning in a centre or on your own, you can use the library's large stock of material to help you. We have books, videos, CDs, DVDs, newspapers and magazines. We often have book displays, talks and recitals which you may enjoy.

Computers

You can use our computers for:

Typing - Free

Printing - 10c for black & white, 50c for colour

Internet - Internet is free for learning purposes. All other internet use, including email, is 50c per fifteen minutes.

Driver Theory Test DVD ROM - Free

Learning Online - Free

You can do online courses at www.nala.ie, www.literacytools.ie and www.wtiteon.ie

Membership is free for students referred by a literacy scheme.

Please bring proof of your address, for example, a phone or gas bill or a driving licence. You may borrow up to 10 items - books, CDs, DVDs or tapes.

Please call in or telephone 4924935.

What's On?

Adults

11.00a.m. On the 1st & 3rd Friday of the month: **Ciorcal Cainte**. You are welcome to come along to use your cúpla focal and learn some more Fáilte roimh gach éinne

11.00a.m. On the 2nd Wednesday of every month: Book Club Meeting, new members welcome

11.30a.m. On the 2nd & 4th Friday of the month: Knitting Club. If you would like to learn how to knit, revive your knitting skills or just relax for a few hours and knit, you are welcome to join.

What's On?

Children

Junior Chess every Wednesday afternoon from 3.30 to 4.15. Ages 7 - 14 .

All day colouring competition every Saturday.

Thursday 3rd November at 2.30: Glitter na Gig Puppet Show with Seán O Laoghaire. All Welcome.



Poetry

Witchcraft

by Billy Herdman

The Witches of Cork are a terrible mob, a lot of them come from near Ballydehob.
There's others with Broomsticks who zoom in the night and fill the poor children with horror and fright.
But the worst witch of all is the one from Macroom, the people call her the Ghoul from the Tomb.
She jets over Mayfield, and down to the Cross on her rocket fuelled Broomstick she screams; "I'm the Boss".

She cackles and splutters and grunts like a pig for she needs all those children, be they little or big.
Then she shoots back to Mayfield, hovers over the Green for she's meeting more witches from Sweet Skibereen.
So beware little children on this Witches' Day, for they'll grab you and hold you, and take you away.

So collect all your goodies, as you go house to house, then softly steal home, be as quiet as a mouse.
For floating above you with claws and sharp toes, they're waiting and watching where everyone goes.
They'll snatch you and eat you with a big knife and fork so always beware of the Witches of Cork.

Dark Island

by Cliff Wedgbury

I'm watching the dark island,
In the moonlight's gentle glow,
From these scented heather cliffs, to the
ocean far below.
I see the spirits of those folk
Who lived there long ago,
Their ancient hearts are beating
With the tide's eternal flow.

Empty hillside dwellings,
A shattered window frame,
Tombstones from another time,
Are all that here remain.
Beside a restless ocean,
Beneath a flying sky,
Our island home is empty,
I hear the spirits sigh.

No more the running children,
No more are stories told.
The chimney now is smokeless,
The hearth is chill and cold.
But patiently I'm waiting
As purple lupins blow,
While spirits tell me stories
Of their struggle long ago.

Sown to the sea with nets and lines,
The menfolk went each day,
While patient wives and widows
Would work and kneel and pray.
To bring them safely home again,
A currach skimming flows
Upon the high white horses,

Cliff Wedgbury is a London-born, Cork-based poet, playwright, performing artist and broadcaster. He released three CDs of original compositions, including *Antarctic Ballads*, which featured "Ballad of Tom Crean" (2006). His poetry is collected in five books published by Belfast Lawping, the last of which is *A Lingering Adolescence*. Recently he wrote two one-act comedies, "Pushcart Peddlers" and "Select Accommodation" (2007), both of which the Nenagh Players performed in Dún Mhuire earlier this year. He was recently anthologised in "Landing Places: Immigrant Poets in Ireland" (Dedalus, 2010).

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COMMUNITY NEWSLETTER HIGHLIGHTING LOCAL NEWS

All information printed in this issue is understood to be true and accurate at the time of printing. The views expressed herein are not necessarily those of Mayfield Matters or Mayfield CDP. We do not accept responsibility for information found to be untrue, but we do accept responsibility for any and all grammatical and typing errors. We hope you enjoyed reading our newsletter. Watch out for our next issue, which will be available in local shops and services.

Deadline for inclusion of stories, news or advertising in the next issue is
STRICTLY: THURSDAY 24th
NOVEMBER 2011
Email items to: mayfieldcdp2@eircom.net
For further information contact:
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