

# Mayfield Matters

**FREE COMMUNITY NEWSLETTER, HIGHLIGHTING LOCAL NEWS**

Issue 52.October 2010

## MAYFIELD MATTERS TABLE QUIZ

A big thank you to those who attended our recent table quiz in support of Mayfield Matters, we are very grateful to everyone who took part and the many people who couldn't attend but made donations of cash or prizes for our raffle. We would like to acknowledge the local businesses who also gave prizes and a list of these was circulated on the night. Almost 1,000 euro was raised and this will be a great help in defraying the costs of the new photocopier.

The Quiz was a close fought one and in the end after even two tie-breaker rounds there was nothing between the two teams. It was agreed to split the prize between the two and this was done. To our surprise and delight however, both teams in turn returned their prize money to us towards the cost of the new photocopier. This generous action was really appreciated and we feel it was symbolic of the way the community appreciates the value of Mayfield Matters. We would like to thank especially Dan McSweeney who was our "Warm Up Act" and had us all rolling about with laughter at his jokes and yarns! A great storyteller and entertainer that we are very lucky to have in our community.



**Dan and Ann McSweeney**



**Ena, Margaret and Eileen some members of the folding team of Mayfield Matters Newsletter.**

Mayfield Matters is staffed by a team of dedicated volunteers who contribute to the Newsletter in all the various stages of production. All contributors who write for the Newsletter do so on a voluntary basis. Mayfield Matters operates independently and is entirely self-funded.

## COUSIN, LOST AND FOUND

My cousin never saw her father. Bernard died on September 15<sup>th</sup>, 1941, four months before she was born. A massive heart attack, the hallmark of the O'Shea males, felled him at the age of 39 years. He had been 18 years old in 1920 when the War of Independence erupted in Ireland. It was a conflict characterised by ambush and guerrilla stealth on the Irish side, and by curfew, repression, summary arrest and military trial by the governing British forces. Small wonder that Bernard, a printer by trade and an avid reader, was swept up in "*The Boys*". This affectionate title for The Irish Republican Army (IRA) conveys the covert support and protection then provided by the local nationalist population.

During martial law and curfew in Cork City in 1920-21, each household was obliged to post a list of family members on the inside of the front door. When raided by the police, or the dreaded aramilitary *Black and Tans*, Bernard's mother struggled to explain his absence, claiming overtime and night working as the reason. The truth was that Bernard was on the run, living hand to mouth in safe houses between acts of sabotage and violence against the forces of British law and order. A truce with Britain in July 1921 was followed by a treaty establishing an Irish Free State (*Saorstát Éireann*). The treaty was approved by a majority in the provisional Irish parliament (*Dáil*) and by the people in a subsequent general election. But Bernard's rebel heart could not accept this half-way house to a republic, and he joined the resistance against the nascent state. This resistance dragged on into a bloody civil war lasting until May 1923. Families, friends and IRA comrades were divided during that dark period.

History tells us that many disillusioned republicans left Ireland after the amnesty ending the civil war, while others regrouped under De Valera to form the Fianna Fáil Party, which won a majority in the general election of 1932. Despite the passage of time and the politicisation of republican support, a small group of so-called diehard republicans vowed to resist the Free State and its partition from the six counties of Northern Ireland. This diehard group re-activated during World War Two (1939-45), in which The Irish Free State was neutral. Bernard went on the run yet again, despite being married with two daughters, and another baby on the way. Republicans were interned without trial by the Irish government to stifle any subversive contacts with Nazi Germany. Then Bernard's fevered life of idealism, fanatical resistance and flight came to a sudden end in 1941.

So, as I have said, my cousin never saw her father, although she was named Bernadette in his honour. Neither did I see her father, as I was born a few months after her. But I was thrilled in a childish way by his acts of daring and defiance. I failed to see the struggle that his widow Christine endured, raising three girls in the bleak years of the 1940s, trying to add to her meagre pension by doing housework for others. She died in November 1957, aged 54 years. Bernadette was 15 years old and it was then that I lost her. She went to live with her older sister who had qualified as a nurse in England. That entire branch of the family went to the very country whose imperial power their father had resisted. A pall of distance and silence separated us.

Fast forward fifty years (1957-2007). Ann Cantwell, a client in my pharmacy at Blackpool, casually mentioned that she might be related to me through marriage. She told me that her late aunt Christine was married to Bernard O'Shea. Not only that, but my lost cousin Bernadette was writing regularly to Ann from Hervey Bay, Queensland, Australia. Two email addresses and a couple of clicks of a mouse later, and we cousins were in touch again!

Bernadette's story unfolded like this. Having left school at 15 without a certificate, she left Ireland at 16, worked in unskilled jobs around Portsmouth, and then joined The Royal Air Force! I wonder if she hesitated over her oath of loyalty to the Crown? The Air Force gave her discipline, training and the ambition to progress. She trained as a nurse, married a policeman and they subsequently

divorced. At the age of 37, she took an assisted passage to Australia, under a scheme to encourage immigrants from the mother country (UK). She worked in hospitals in Sydney, progressing to the rank of a theatre nurse, and then joined the nursing corps of The Australian Army. There she met Bob Ney, a veteran of the Vietnam War, and they married. They had no children, and now works voluntarily for the many widows and injured veterans of the Vietnam campaign, and laterally of the Afghanistan campaign. Armies, regular and irregular, marked the turning points in her life.

Bernadette and Bob recently spent a week in Cork meeting the lost cousins of her youth, chatting in her lilting Cork accent about her early life in Dillon's Cross and schooldays at South Presentation convent. She was full of enthusiasm for the extended family, with no hint of rancour about having been an orphan. She had no photograph of her father until I showed her my parents' wedding group. Cork bore her, but Britain and Australia made her.

Speaking of Australia, my son lives in Sydney, and his name is Cormac **Bernard** O'Shea.

AIDAN O'SHEA



WEDDING OF ITA MURPHY TO DOMINIC O'SHEA, SEPTEMBER 1938.  
BERNARD AND CHRISTINE O'SHEA ARE DIRECTLY BEHIND THE BRIDE AND GROOM.

NO  
DRUGS  
CLUB

This spot was normally taken by the late Dinny Murray to publicize the work being done in his No Drugs Club.

It was with great regret that we heard the sad news of Dinny's sudden death. We in Mayfield Matters would like to express our deepest sympathy to his wife and family. We all valued the contribution he made to the community by his work with the young children in educating them about the damage drugs can do to people and a community.

We hope that the work started by Dinny will carry on. He will be missed.

**May he rest in peace.**

## **Sewing Shop**

Now Open by Looneys small shop  
Iona Park.

Special recession prices on

Adult jeans Hem 6 euros

Childrens Jeans Hems 5 euros

Expert alteration Service Available

**Open Monday to Friday 9.30am  
to 4.30 pm.**

## ***Carnation Street Florists Lotamore. Telephone 4822211***

*"Beautiful Flowers we'll create  
to help you mark that special date"*

***Birthday, Thank You , Get Well***

***New Arrivals, Funeral Tributes and Wreaths.***

***Weddings our Speciality.***



*We cater for all  
occasions!*

## **Julie's Hairdressing Salon**

021-4507201

103 Old Youghal Road  
Dillon's Cross, Cork.



***Creative Cutting  
Artistic Colour  
Easy Meche  
Perming  
Bridal Parties  
Debs & Grads  
Unisex***

***Confirmations and Communions***

**Open Mon-Fri. 9 a.m.-5.30 p.m.  
Saturday 8.30 a.m. - 5 p.m.  
Gift Vouchers available**

Frances Nolan,  
N.C.C.L.C.CH.M.I Ch.Pod.Org

## **CHIROPODIST**

Glanmire Medical Centre  
Glanmire, Co.Cork.

For appointments:  
Tel. 021.4866745  
Mobile:086-3693204

**Home Visits  
on Request**





# Halloween

**Geraldine Me Auliffe**

Halloween is approaching us quickly and what better place to celebrate Halloween than here in Cork. If you are going to take part in the Halloween festivities now is your opportunity to dress up for a fancy dress party. Bonfires, Festivals and Ghosts, Witches, and Goblins are all part of the Halloween spirit!!!

The Halloween celebrations started around 100AD in Ireland. Halloween was a pagan festival and it was celebrated by the Celts in Ireland. They called it "Samhain", and this was an old Irish meaning for the end of Summer. The Celts believed that dead spirits would revisit the earth, and so they lit bonfires to keep the evil spirits away. It was celebrated on the 31<sup>st</sup> October each year, and this was called All Souls Day.

The Banshee was invented to scare the daylight out of you, and on all Souls Day we had to walk on the footpaths and not on the road. If one heard the "*Banshee*" cries one was never sure if it was a cat or the "*Banshee*" this was supposed to be a sign of death. Sure, it was all a myth, but some people believed in this.

Trick or Treat was practiced in the old days and poor children went begging from door to door on Halloween, and sang songs or offered prayers for the dead in return for food and money. Trick or Treat at the door in the past had no eggs thrown as this could be your breakfast gone. There were no barnbracks in the old days only a flattened piece of bread and this contained some fruit in it, and it was known as a Souling cake.

The custom of dressing up in costumes was from the old Celtic tradition when people used to dress in costumes that resembled evil spirits. At Halloween, the veil between the living and the dead left men dressing in white, and they blackened their faces to resemble the dead, and they believed this stopped them from visiting your home and annoying you in the middle of the night. Huge bonfires were also lit to keep away the evil spirits.

Today in Ireland, the traditional Halloween cake is called a Barnbrack, and it is filled with fruit. Also, included in the cake are the Ring which signifies Marriage, the Bean which signifies Wealth, the Pea which signifies Poverty, and the Stick which signifies a person being beaten. The shelves today are filled with Barnbracks in the Supermarkets and children love to cut the Barnbrack to see what is in store for them.

What we received at Halloween in the past were nuts and apples. There were no fancy sweets or crisps although I don't think it was for a healthy diet reason only that was all people could afford, at least the "*Monkey Diet*" kept us all slim and there was no need then for "*Weight Watchers*". The games you played in the past were very basic nothing to get overly excited about. High blood pressure was unknown in those days due to basic foods and lots of exercise.

Snap Apple was the most exciting game you got on the night. The apple was dangling from a string attached to the ceiling and the highlight of the night's activity was that you were blind folded and you had to bite the apple, and if you were successful in this trial you won the game. This was supposed to be your "*Celebrity Jungle*". The next big trial you got was to put your head in a basin of water and to try and bite the stem of the apple and pull the apple out. While you were struggling with this task it was necessary to bring your "*Shampoo and Conditioner*" as your hair was thoroughly washed while performing this task. Not alone was your head wet your clothes were drenched as well. We had great fun and great memories. How did our mothers' do it? With little money, and so little time the Halloween party always went on.

**I wish you all a Happy Halloween.**

## **G R O W**

### **World Community Mental Health Movement in Ireland**

Do you suffer from depression, anxiety, panic attacks, isolation, or any other emotional or mental distress? Perhaps you may feel isolated and alienated as a result? If so, GROW may be of interest to you.

Grow is a Community Mental Health Organisation which helps people who have suffered, or are suffering from mental health problems. It was first established in Australia in 1957 and since coming to Ireland in 1969, now operates a network of over 130 groups nationwide.

Its main strength is the supports its members give to each other from their own experience in relation to mental health. Its objective is to help members recover from all forms of mental breakdown or to prevent such happening.

Members attend a weekly meeting lasting approximately 2 hours where a specific method is followed to enable them to learn the GROW Program and put it into practice.

At a GROW meeting you will find

Acceptance and a sense of belonging

A way to progressively overcome isolation and fear, or depression and anger

Problems shared become problems halved

Resources shared become resources multiplied

That your own experience and struggle can help someone else

As the Program has to do with change of thinking and talking, change of ways and change of relationships, certain tasks known as Practical Tasks are undertaken by each member to help them make the gradual changes which contribute to good mental health.

Members are encouraged to keep contact during the week between meetings with fellow members either in person or by phone as GROW believes that “friendship is the special key to mental health”, and one of its great wisdoms is “you alone can do it but you can’t do it alone”

The local Mayfield Meeting is held every Tuesday evening in the Mayfield Community Resource Centre, 328 Old Youghal Road, at 8pm. No introductions are necessary, just come along

If you are in need of support or require more information, please contact 086-7702807, or our local office:- 021 427 7520. W: [www.grow.ie](http://www.grow.ie)

## Poem of Hope

By Harry O' Shea

This cruel world will sadden you and me,  
Events portrayed on papers and TV,  
Effects of dangerous drugs have brought us shame,  
While guilty ones are loathe to take the blame.

Our country's currency crisis causes grief,  
As everyday we seek for slight relief,  
Job retention's a huge endeavour now,  
We pray and hope that God will help us out.

We look at youth who always bring us hope,  
To help the old have confidence to cope,  
While some may leave to live in a far off shore,  
And then in better days return once more.

## Mayfield Novice Camera Club

Monthly Meetings  
Learn to use your digital camera and take  
original  
photographs in a friendly and supportive  
environment

Facilitated by Local Artist  
Maureen Considine

Next meeting Wednesday 3rd November,  
7pm  
@ Mayfield CDP

Phone 0868828557  
Email: maur.considine@gmail.com

## Cork City Adult Guidance Service.

Supporting your return to Education.

This is a free, confidential and impartial service.

To make an appointment you can drop in to our Resource Centre, at 22 South Mall,  
**Monday to Thursday 10am to 12noon 2.30 to 4p.m**  
or  
Telephone 0214907149 Email [guidanceinfo@corkvec.ie](mailto:guidanceinfo@corkvec.ie).

## Murmount Residents Association

**Note of A. G .M—26th October 2010 at 8.00pm**  
**Venue St.Josephs Community Centre**

All Residents of Murmount are encouraged to attend this important Meeting which will  
report on the activities of the Residents Association and elect Officers and Committee  
Members for the coming year.

## **Know Your Rights**

### **Question**

I'm unemployed at the moment and would really like to improve my computer skills but I can't afford most of the part-time training courses I'd like to do. What are my options?

### **Answer**

There are a range of free courses available for jobseekers who want to improve their skills or to retrain. Some are provided by local or community-based organisations and others are provided by FÁS – the National Training and Development Authority. Many Vocational Education Committee (VEC) courses are free.

To apply for a place on a FÁS training course, you must first register with your local FÁS Employment Services Office. You will be interviewed in order to identify the course that will best suit your needs. You can [search online for FÁS training courses at fas.ie](http://fas.ie). Your local FÁS Employment Services Office can also give you information on other courses in your area.

The Labour Market Activation Fund supports education and training courses for unemployed people – especially people who are less skilled, who have worked in construction, retail and manufacturing, who are aged under 35 or who are long-term unemployed. The courses are run by a number of VECs, Institutes of Technology and other organisations. You must have been getting an unemployment payment for 3 months before starting the course. Visit [qualifax.ie](http://qualifax.ie) for a list of courses available.

If you plan to go on an approved short-term or part-time training course you can keep your welfare payment while you are doing the course for as long as you would normally be entitled to it (for example 9 or 12 months for Jobseeker's Benefit).

If you would like to go on a longer or full-time course there are a range of options including the Vocational Training Opportunities Scheme (VTOS) and the Back-to-Education Allowance (which includes a Part-time Education Option).

### **Further Information**

Further information on this and other matters is available in confidence from the Mayfield Citizens Information Centre, Newbury House, Old Youghal Road, Mayfield. Telephone: (021) 450 8300. *Opening hours are Monday to Friday 10.30am – 12.30pm, Tuesday to Thursday 2pm – 4pm and Wednesday Evening 7.30pm – 9pm.*

Citizens Information is also available through the Cork City (North) Citizens Information Service at 021-4302 301, the Citizens Information Phone Service 1890-777 121 or online at [www.citizensinformation.ie](http://www.citizensinformation.ie)



Mayfield Matters would like to wish Ken Murray, formerly of Murray's Centra, all the best for the future in his new venture with the Supervalu group.

## **Mayfield Citizens Information Centre Move to new premises delayed.**

The Mayfield Citizens Information Centre was due to move in September from its premises in Newbury House to a new premises on the lower level of HSE Roseville House on Old Youghal Road, directly opposite the Great Gas Filling Station. This move was delayed by circumstances beyond the control of the local group and it is now hoped that they will be installed in early November. In the meantime they continue to provide an excellent service from Newbury House.

## **CORK MONEY ADVICE & BUDGET SERVICE**

Problems paying off debts?

Experiencing Financial Difficulties?

Need advice on money management?

HELP is available at:

**Cork M.A.B.S.  
Unit 12, Penrose Wharf, Penrose  
Quay, Cork.**

**Tel.: (021) 4552080**  
This service is **Free**,

**CONFIDENTIAL & INDEPENDENT.**

**MABS NATIONAL HELPLINE  
1890 283438**

**CITIZENS INFORMATION CENTRES**   
YOUR RIGHTS | YOUR ENTITLEMENTS | YOUR SERVICE



# Can we help you?

- EMPLOYMENT RIGHTS
- WELFARE ENTITLEMENTS
- HEALTH SERVICES
- HOUSING • FAMILY ISSUES
- FINANCIAL MATTERS
- IMMIGRATION ISSUES
- CONSUMER RIGHTS ETC

**Cork City (North) Citizens Information Service**  
**(021) 4302301**

**FREE & CONFIDENTIAL INFORMATION & ADVICE**

|                      |  |                         |
|----------------------|--|-------------------------|
| <b>Hollyhill CIC</b> | Harbour View Road, Knocknaheeny.<br>Mon - Fri 10.30am - 4.00pm   | <b>Tel: 021 4302301</b> |
| <b>Blackpool CIC</b> | Community Centre, 90 Great William O'Brien St.<br>Mon - Fri 10.30am - 12.30pm<br>Tues - Thurs 2pm - 4pm        | <b>Tel: 021 4559807</b> |
| <b>Mayfield CIC</b>  | Newbury House, Old Youghal Road<br>Mon - Fri 10.30am - 12.30pm<br>Tues & Thurs 2pm - 4pm   Wed 7.30pm - 9.00pm | <b>Tel: 021 4508300</b> |

[www.citizensinformation.ie](http://www.citizensinformation.ie) Phone Service: 1890 777 121 Funded & supported by the Citizens Information Board

# Mayfield Men's Group

## Diabetes Testing and Awareness

The Diabetes Federation of Ireland, will be in attendance on Monday 1<sup>st</sup> November 2010, The screening consists of blood glucose testing, a simple five second test, which is a tool used to help identify people who may be at risk of developing Diabetes. If necessary the patient is then referred to their own GP for further investigation.

This is part of the Federations early detection strategy and thousands of people throughout the region have availed of this free service over the recent past. The Federations commitment to early detection is a strategic response to the fact that over 200,000 people have Diabetes in Ireland and many more are unaware that they have the condition. Indeed, Type 2 diabetes can remain undiagnosed for up to ten years. Good control of Diabetes is compatible with a long and healthy life but it is vital that the condition is diagnosed and treated in order to avoid serious complications.

Pauline Lynch, Development Officer with the Diabetes Federation of Ireland said, The Diabetes Federation accepts that there is a general lack of awareness of Diabetes in the community and we hope to address this as well as implementing our early detection strategy by positively interacting in communities.

The testing and information night will take place on Monday 1st November in **Mayfield GAA, Kerry Road, Mayfield starting 7.30pm**. The testing is for both Males and Females.



*For All Older People*

## AGE ACTION'S CARE & REPAIR PROGRAMME

### Free Handyman Service for Older People

Care & Repair Programme

Low Call: 1890 369 369

[ageactioncork@ageaction.ie](mailto:ageactioncork@ageaction.ie)

Are you 60+ years of age? Do you have a small repair job that you would like to have done for you? Age Action's Care & Repair service uses a pool of trustworthy volunteer handypersons to carry out minor repairs for older people.

Some of the jobs that our volunteers can do include changing light bulbs, tacking down carpets, minor painting and decorating, hanging curtains, minor gardening, minor carpentry and installing smoke alarms. The service is free; you only pay for the materials used. For your bigger jobs that are beyond the scope of our volunteers, we maintain a register of reliable and honest tradespersons whose contact details we can provide for you.

All volunteers are Garda vetted and carry official Age Action identification cards. You can arrange to have a job done for you by phoning the Age Action Care & Repair number, which is 1890 369 369. Anybody interested in volunteering for the Care & Repair service can also call this number, new volunteers are always welcome.

Age Action is Ireland's leading charity for older people. It works to fight discrimination, promote positive ageing and improve policies and services for all older people.



## AGE ACTION'S CARE & REPAIR PROGRAMME Volunteers Urgently Needed

Care & Repair Programme  
Low Call: 1890 369 369

[ageactioncork@ageaction.ie](mailto:ageactioncork@ageaction.ie)

Volunteers are urgently needed in Cork to help do small DIY projects in the homes of older people and provide a befriending service.

Age Action's Care & Repair Programme was established to carry out "odd jobs" for older people and to provide a befriending service. The Care and Repair programme is run by Age Action, Ireland's leading charity for older people, and sponsored by Irish Life. The main aim of the programme is to assist older people to carry out necessary small repairs and improvements to their homes, enabling them to live independently in the community in increased comfort and safety.

The most common services required by older people are: minor gardening (e.g. mowing lawns); minor home decorating (e.g. interior painting); tacking down carpets; changing plugs, fuses and light bulbs; installing security locks and chains; hanging curtains; and installing domestic smoke alarms. Volunteers will be matched to jobs that suit their skills.

**We are currently expanding Care & Repair in Cork, and are seeking volunteers with a reasonable level of DIY or household skills and an interest in helping older people in the community.**

**We have a particular need in the following areas: Glanmire, Mayfield, The Glen, Ballyvolane, Knocknaheeney, Ballincollig, Togher, Ballyphehane, Wilton, Carrigaline**

The time commitment required is not large; in general we would hope that you can take part in at least one job (up to two hours) a fortnight. You should have a positive, caring attitude, a little spare time and the ability to help older people with small tasks around the home. We will provide training, insurance and out-of-pocket expenses. All volunteers are Garda vetted.

Age Action is Ireland's leading charity for older people. It works to fight discrimination, promote positive ageing and improve policies and services for all older people.

If you are interested in volunteering for this very worthwhile programme, or if you are an older person who would like to have a Care & Repair job done in your home, please contact:

**Care & Repair Programme: Low Call: 1890 369 369 [ageactioncork@ageaction.ie](mailto:ageactioncork@ageaction.ie)**

## **Mary McCarthy**

### **School of Irish Dancing**

Tuesdays: Mayfield GAA Club, Kerry Road, Mayfield

5.30 - 7.00 P.M. (Beginners)    7.00 - 8.30 P.M. (Advanced)

Wednesdays: Sarsfield Hurling and Football Club, Glanmire

4.30 - 5.45 P.M. (Beginners)    5.45 - 7.00 P.M (Intermediate)

Thursday: Scoil Mhuire Banrion, Boherboy Road

5.30 - 7.00 P.M. (Beginners)    7.00 - 8.30 P.M (advanced)

Contact    087-9597825

## **MAYFIELD BRASS BAND**

### **RECRUITING NEW MEMBERS NOW!**

**Learn to play your favourite  
Brass Instrument**

- One to one tuition given on Instruments

- Theory of music taught as a group

For more information phone: **4502135**

Or

Call to **Scoil Mhuire Banrion**

*Wed - 8pm - 9:30pm, Sun- 11am -1:30pm*

## **Our Lady Crowned Church, Parish Pastoral Council**

### **Parent & Child “Make and Do Group**

The group are proposing to set up a Parent & Child “Make and Do Group”.

Activities could involve knitting, sewing, crochet and other activities.

Those interested in joining or setting this new group up and maybe assisting in running the group can contact John at 087-9384225.

### **Reflection Masses**

There will be Reflection Masses on Saturday the 13th November and Saturday 18th December at 6 p.m., these are in conjunction with the Confirmation Preparation. All Welcome.

### **Young Adults to Lourdes**

Every year the diocese travels to Lourdes on pilgrimage for five days and this year the invitation is being specifically extended to young adults. The invitation is open to all 18-35 year olds available for travel from the 11th to the 16th of June 2011.

For more information contact Sr. Karen at Pastoral Development Office 021-4537601

## **Professional mediation service – offered free in Mayfield community area.**

A professional mediator practitioner is now offering mediation on a free basis to people living locally in the Mayfield area. This service will be offered at local centres in the Mayfield area. Mediation can be used for couples who wish to separate, for family conflict or disputes, for workplace disputes, for community or neighbour disputes. The service can be accessed via Oaktree at **087-7565490** for an initial appointment.

### **Mediation – what exactly is it ?**

Mediation is a process that enables two or more people who are in conflict to resolve their conflict.

It is voluntary and confidential. The mediation process is facilitated by a person who is a trained mediator and who is neutral.

The mediator helps the people who are in conflict to tell their story to each other, to express their points of view and to be listened to by each other.

The mediator does not take sides but works with both people who are in conflict to try to help them discover what has been causing the conflict. The mediator helps the two people in conflict to make an agreement about their differences so that it is no longer a conflict for the future.

Mediation is a flexible process that can meet many different and varied needs. While it is professional, clear and structured, it has a feeling of informality about it so that it is easily accessible by people at all levels and so that it is not intimidating to people.

Mediators realise that people often find conflict hurtful and stressful and know that they do not need the additional stress of entering a process that may be hard to access or to understand. Mediators also know that people often do not wish to remain in conflict for a long period of time and so work in a time limited way with people to resolve their conflict into agreement for the future.

## **Mayfield Community Development Project Ltd**

Community Resource Centre,  
328 Old Youghal Road, Mayfield.  
Tel. 4508562

Opening Hours  
Monday to Thursday  
Friday 9.30 am to 1 pm  
Friday 9.30 am to 1 pm  
Closed 1 to 2 pm.

### **Facilities:**

One meeting room available day time & evenings to local groups which would suit a capacity of 25 people. Cost details available at reception. Computer room also available for practice and access to email and internet.

### ***Mayfield Directory***

The new community directory is available free of charge from the Resource office in the CDP Community Resource Centre. This is a very useful directory to have beside your phone!



### ***Services Available:***

- ***Photocopying***
- ***Faxing***
- ***Shredding***
- ***Library***
- ***Binding***
- ***Typing of CV's***
- ***Lamination***
- ***Information***
- ***Typing of essays etc***  
***(2 weeks notice needed)***
- ***Copies of Mayfield Directory available***

# GIOTA GAEILGE

## le Aodán Ó Sé

### SAOIRE GAELTACHTA.

Chuaigh mé ar ais ar scoil i rith an tsamhraidh. Chaith mé seachtain aoibhinn i mBaile an Fheirtéaraigh ag freastal ar chúrsa Gaeilge le Oidhreacht Chorca Dhuibhne ([www.oidhreacht.ie](http://www.oidhreacht.ie)). Bhí thart ar 150 daltaí (students) ar fad, agus iad roinnte idir bun, meán agus ard-leibhéal Gaeilge. Bhí lóistín (accommodation) agam le Cathy Corduff ina tig feirme 30 neomat siúlóide ó'n scoil. Bean fhial fhlaitiúil isea Cathy, agus bhí gach compord agam, comh maith le comhluadar agus comhrá Gaeilge eadrainn go léir. Shocraigh mé (I decided) Gaeilge amháin a labhairt ar feadh na seachtaine, agus nuachtáin is teilifís a sheachaint (to avoid). Shiúl mé ar bhóithrín ghlas le drúcht (dew) na maidne, agus gan le clos agam ach crónán na mbeach. Os mo chomhair amach bhí An Trá Bhán agus Cnoc Bhréanainn ag bun na spéire mar a bheadh garda ar an leithinis (peninsula) ar fad. Isteach sa rang liom agus chaitheamar trí uaire a chloig ag comhrá, ag cur snas ar ghraiméar na teanga, agus ag plé cúrsaí reatha (current affairs). Chaitheamar sos na maidne sa mhusaem baile mar a raibh tae, caifé, leabhair agus dlúth-dioscaí (CDs) ar fáil. Bhuaile mé le daltaí eile, daoine ó Shasana, Alba agus fiú An tSeapáin (Japan) ina measc. Ollamh le Béarla in Ollscoil Nagasaki isea an Seapánach. Chuir sí spéis sa Ghaeilge na blianta fada ó shin, agus anois múineann sí litríocht na Gaeilge mar mír (module) ina cúrsa Béarla i Nagasaki!

Um thráthnóna, bhí eachtraí (events) éagsúla ar siúl. Chuaigh mé ar thuras seandálaíochta (archaeological) 10 Km chuig Dún an Óir. Bhain mé triail as amhránaíocht ar an sean-nós le Eibhlín Ó Beaglaioich, agus tuigim níos fearr anois gur amhráin oibre gan tionlacan (unaccompanied) iad an sean-nós. Bhí daltaí eile ag foghlaim Gaeilge na h-Alban. Thug dream eile cuairt ar ealaíontóirí (artists) An Daingin. Nó d'fhéadfá do rogha rud a dhéanamh, idir galf, snámh agus ar uile.

Tá ceithre bialann i mBaile an Fheirtéaraigh, iad go léir in iomaíocht chun na daltaí a mhealladh isteach. I ndiaidh an dinnéir, bhíodh rinne, amhránaíocht nó léacht ar siúl sa scoil ó 8.00 go 9.30 i.n. Bhí na ranganna agus na h-eachtraí soisialta clúdaithe ag táille (fee) an chúrsa (€240).

Ní raibh deire leis an oíche ag 9.30i.n. Ar dhoras tabhairne bhí fôgra mar seo: *Na Francaigh. Anocht ag 9.30.* Seo linn clann ó'n bhFrainc agus iad ag seinm ceoil Ghaelaigh ar chaighdeán iontach ard. Thit said i ngrá le Ciarraí agus d'fhoghlaim said ár gceolta tíre. Ba bheag nár chuir sé náire orm gan ach cúpla amhrán Gaeilge a bheith agam. Tar éis pionnt nó dhó áfach, bhíos ag canadh in éineacht leo. Nach iontach an misneach atá sa phionnt úd!

Os ag trácht ar cheol atáim, bhíos in aon rang le Muireann Nic Amhlaoibh, an t-amhránaí clúiteach. Tá CD nua dár teideal *Seanchas* ag Muireann le Danú. Tá ceol rinne is amhráin Gaeilge agus Béarla ar an CD seo, agus é ar fáil ó'n suíomh [www.muireann.ie](http://www.muireann.ie). Is iontach bríomhar an CD é. Bhí coirm cheoil sa séipéal againn ag deire an chúrsa. Bhí na daltaí ag canadh, ag seinm is ag aithris dánta i gcomhluadar mhuintir na h-áite. Críoch iontach ar mo shaoire Gaeltachta abea é.

#### **LEACHT AG DÚN AN ÓIR—AN CÚINNE GAEILGE.**

Tagann Gaelgeoirí le chéile gach trathnóna Céadaoin sa Farmgate Café, English Market ag 3.30pm. Bíonn tae, caifé agus sólaistí (cisté &rl) ar fáil. Seans é chun do chuid Gaeilge a chleachtadh. Is é Gael-Taca a eagraíonn an ócáid seo.



# CHARLIE WILKINS

## THE SEASON IS ENDING

The running down of growth and of the light, perversely, is for me, a stimulus. I work well when the days start to pull in and just as well really for I still have much cutting back to complete. As I write, the weather is perfect for this kind of husbandry and the late autumn sun warms my back as I move through the vegetation and borders. I should admit to you that I really love the smell of decaying foliage with its subtle, musky, rotting, aromatic exhalation and it gives me quite a buzz-but only when conditions are pleasant and dry. Garden-wise, I have to check myself in not doing too much, in not hurrying things along too quickly. Let the botanical decay take its time I keep reminding myself, and allow the leaves to blacken and the seed heads to rattle and dry in their own time.

And yet, autumnal winds will soon increase in intensity and in regularity, and gales will once again become a regular feature as they roar across the garden. Even now, when the softer winds blow through the high canopies I can hear broken branches on nearby trees swinging dead, and making little screams every now and again. They'll not last through winter. October days may be full of unusual scents but their nights are once again being disturbed by the weirdest of strange noises.

### WATSONIAS

Large clumps of South African watsonias continue to be lifted, cleaned of the older corms (which adhere to their undersides) and replanted in soil that has been enriched with plenty of humus material. These graceful, bulbous plants may indeed be related to the gladioli but they're far more elegant and longer-lasting in bloom given the conditions they like. Cool, lightly-shaded positions favour these in many parts of my garden and once the ground does not dry out completely during summer they increase with the all flowering potential of the bulbs sold as Muscari

armeniacum. The only drawback with all varieties of watsonia is the browning of their foliage which takes place soon after blooming. Cutting it then I have found, does not seem to interfere with their well-being or the flowering potential of the bulbs.

### VIBURNUM

Be assured that there are many garden plants with both blooms and fragrance which will delight from now until spring. Viburnum 'fragrans' and V. bodnatense 'Dawn' are winter-blooming shrubs worth having for their wonderful scent apart altogether from the pink and white blooms which they produce. From November onwards, these upright shrubs bear white clusters of flower from pink buds, on naked braches, but it's the perfume which makes them so valuable to gardeners. In fact, these tiny pink and white trumpets may look altogether too insignificant to hold sway, but their vanilla scent is crisp and fruity on the outside air, and if cut and brought indoors will cleanse any house of mustiness within an hour. In time, they will grow large so prune after flowering in order to maintain a good shape and size.

### LILIES

Early varieties of lily, those that flowered in June and July can be cut back now and the area about their positions mulched with bracken. I advised on this in the past but now would be an ideal time to remind all those who had exceptional blooms this year, to prepare for an even better display next year. Shred the bracken by cutting it with a sharp knife and put a good fat layer over the lilies. If you live in a windy area, then cover this in turn with a piece of chicken wire pegged down in the soil.



## Visitors of the Night

## Are all Georgian houses haunted?

A scream. Then we hear Lina trying to force open the door of the old library where we are sitting. In a state of frenzy, she finally succeeds and enters the room. She is white as a ghost. "I knew your house was haunted. They all are when they are so old, especially in Ireland." Having lived for twelve years in that tercentenary Georgian house, I thought I knew it inside out. Lina and her husband Garry, our American friends, are visiting us for the first time this evening. "What happened?" I ask. "I saw a ghost. I know you won't believe me, but I saw it moving." I offer: "Let's retrace your steps, Lina. You'll show me where you saw the ghost." Reluctantly, holding my arm, she leads me back through the dimly lit lobby, towards the kitchen. Then she turns around: "Look over there. That's where I saw it." We are now facing the front door of the house; actually an inside glass door, preceding the final porch which has another door, the one visitors would come at. Both of us are staring, holding our breath. In a flash, I see a shadow moving behind the glass. "Did you see it Marie?" she shouts. "Now you believe me."

We were warned in the first place: there are stories about the house. Among them, a ghost soccer team playing on the main lawn; a stain of blood that does not come off a wall; a carriage coming to the front door, heard but not seen.

Since then, we have added our own stories to the repertoire. Namely a ghost dog on a Halloween night; the moaning of a child, audible only in one precise spot upstairs; and of course, various unexplained rumblings during the winter nights. Not to mention that a piece of gutter fell down shortly after we moved in, as well as a large portion of one ceiling.

As French people, brought up from birth with *la raison pure* (rationalism), my family was rather excited about those stories. The game was to find a proper explanation for each incident. Until, one day, or rather, one night...

Back from a late outing in Cork, exhausted and eager to crawl directly into bed, I made my last stop in the upstairs bathroom. There, in the quietness of the place, I heard distinctly a double tap at the window. I froze, looking blandly at the closed curtain. *Tap Tap* again. I have to admit that I left the room without further exploration.

Against Lina's will, I open the glass door. There, we see two bewildered crouching creatures.

"*Martine, Pierre!*" I exclaim, "*Que faites-vous là?*" (What are you doing there?)

The young French couple are our guests for the week. Having no English, they had decided to stay out tonight, so as not to interfere with our visitors. They were only trying to enter quietly without bothering anyone. Now, they are deeply embarrassed by the turmoil they have created.

Lina relaxes a little bit, but says that she *can still feel something strange about the house*. So do I. It's a matter of interpretation and of *pulling the curtain*.

© Marie Guillot, September 2010

The essay above is a contribution from the Cork Non-Fiction Writers Group, meeting in the Cork City Library.

[www.corknonfictionwritersgroup.blogspot.com](http://www.corknonfictionwritersgroup.blogspot.com)



## **Mayfield Community Adult Learning Project C.A.L.P.**

### **Celebrates Learners Achievements**



On 22<sup>nd</sup> September 2010 a presentation of FETAC Component certificates was held in the CDP Community Resource Centre, 328 Old Youghal Rd. Tony Geary AEO City of Cork VEC and Majella Finnegan C.A.L.P. Chairperson presented 20 Computer Literacy Level 3 FETAC, 13 Information Technology Level 4 FETAC and 9 Irish Level 3 FETAC certificates. C.A.L.P. Coordinators thanked all learners in attendance for committing to their respective course and congratulated them on their achievements. Tutors were praised for their work with learners and their commitment to the project over the years. The courses run were funded by the City of Cork VEC and Cork City Partnership with administrative support from the Mayfield Community Development Project (CDP). The group enjoyed light refreshments and a reunion with fellow learners. Well done to all involved.

### **Challenging Times**

As C.A.L.P. commences its term of new courses, many challenges and uncertainty exist for the project. Due to the national reform of the Community Development Programme over the last year – C.A.L.P.'s umbrella project Mayfield CDP Ltd is facing amalgamation with the Cork City Partnership Ltd from the 31<sup>st</sup> December 2010. This has potentially huge issues for C.A.L.P., its voluntary management, staff and continuance of its courses in computers, personal development, first aid and many more courses. C.A.L.P. is dependent on the Mayfield CDP Ltd company structure to remain as is in order to administrator C.A.L.P.'s grant from the City of Cork VEC. However under the proposed amalgamation, the CDP's company structure would be dissolved and thus C.A.L.P.'s grant could not be received through the current mechanism and alternatives would have to be negotiated. Presently C.A.L.P. can only offer its courses which run till mid December with no clarification if the project and its workers will be still in existence from January 2011. It is ironic as the CDP and CALP celebrates its 20<sup>th</sup> anniversary later in the year, it is facing a severe cut in budget, staff and ability to continue and maintain the service that has developed and grown to provide a valuable resource for the people of Mayfield. Additionally the demand for the CDP's services & supports and C.A.L.P.'s courses has increased dramatically due to the rise in unemployment and more people feeling stressed due to their social and economic circumstances.

## **Glanmire Toastmasters**

Glanmire Toastmasters have resumed their 2010/2011 session of meetings in their new venue in the meeting rooms at Sarsfield G.A.A. Pavillion, Riverstown, Glanmire on alternate Wednesday evenings at 8.15pm, since September 1st.

If you would like to learn to speak with confidence and think clearly, Glanmire Toastmasters can help. Become the speaker you have always longed to be in a friendly and enthusiastic environment. Contact Des 087 9557822 for more information.

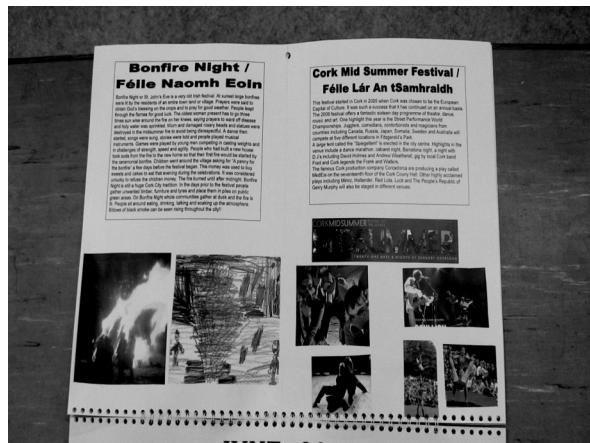
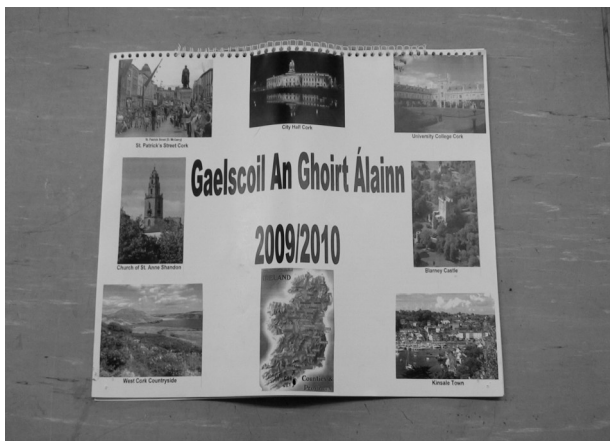
# Gaelscoil an Ghoirt Álainn

Thainig Gaelscoil an Ghoirt Álainn ar ais ar scoil ar an 31ú lá do mhí Luansa. Bhi múinteoir nua ag gach rang. Tharla alán rudaí deasa le déanaí. Tháinig an ard-mhéara go dtí an scoil, bhí cluichí Sciath na Scoil ag na cailini agus na buachailli agus bhí an áthas ar gach duine nuair a bhuaigh Corcaigh craobh na hÉireann! Táimid ar fad ag siúl le bliain taitneamhach suimiúil i nGaelscoil an Ghoirt Álainn!

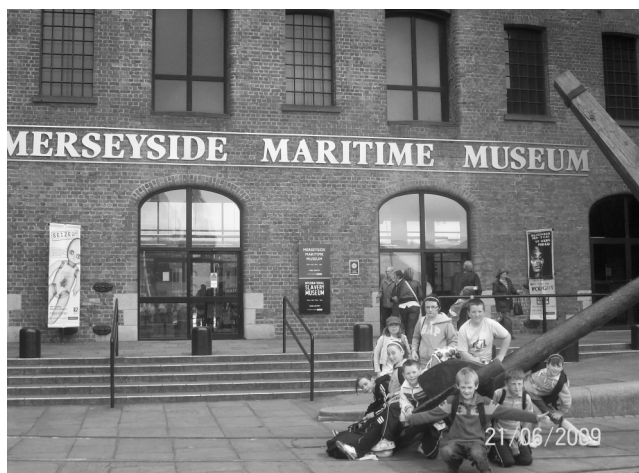
Gaelscoil an Ghoirt Alainn came back to school on the 31<sup>st</sup> of August. Lots of nice stuff has happened since then. The Lord Mayor came to the school, the boys and girls have played a few Sciath na Scoil matches and we were all very happy when the Cork team won the **Sam Maguire** (we hope somebody brings the cup to our school soon!). We are all hoping that we will have another great year at Gaelscoil an Ghoirt Alainn!

## May & Amaya R.4

## Gaelscoil an Ghoirt Álainn Comenius project, ‘Keep and live your culture!’ comes to an end!



For the past 2 years, Gaelscoil an Ghoirt Álainn have been linked to two European schools, sharing cultural ideas and traditions with each other! Our Children were regularly communicating with school children from Hungary and Liverpool! Everybody learnt lots of interesting and fascinating stuff! Children from Gaelscoil an Ghoirt Álainn went to visit both schools in June 2009 and May of last year! While in Liverpool, our Children unveiled a Calendar highlighting Irish cultural events and in Hungary they performed a show based on Irish cultural, encapsulating Irish sports, song and dance on stage! It was a fantastic experience for all involved!



## Scoil Mhuire Banríon.

### **New Pupils.**

Welcome to our newest junior infant pupils. They have settled in very well. Keep it up girls and well done to all our parents also.



### **Mayfield Library Visit.**

The Junior Infant children and their parents had a very enjoyable visit to the library recently. Each child received a present of three lovely storybooks. I hope you're all enjoying them.



### **Reading Initiatives.**

We have many new reading initiatives again this year. Since September we have bought €4000 worth of new novels as part of Literacy Lift Off. Reading Recovery is also continuing with Ms Murphy.

### **French language.**

French is as popular as ever for the girls in 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> classes. We are among only 5% of schools in the country offering a foreign language. The feedback from the girls now in secondary schools is very positive.

### **Summer Camps**

We ran two very successful summer camps. One Literacy Camp and a Campa Samhraidh. These were subsidised by the D.E.S.

### **School Walk.**

It was held on Friday 1/10/10. We were blessed with fine weather. Sincere thanks to all who sponsored our pupils .



### **Summer Works.**

Our school is now wheelchair accessible. This will be very useful also for our parents with buggies.

## *St. John the Apostle Boys' Primary School*



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Limited number of places still available for September 2011.  
Please contact the school ( 021) 4505716

Look out for our new School Brochure, available locally.

# Care Choice Nursing Home

## Montenotte

Care Choice Montenotte the Nursing Home on the Middle Glanmire Road is one of the largest providers of long term care in Cork. The residents of Care Choice Montenotte recently contacted Mayfield Matters to thank the staff and regulars of the Fox and Hounds Pub for the warm welcome they receive when they visit their local. "When the decision was taken to designate the Fox and Hounds our official local we never expected to have so much fun", said resident Michael Stack. "We are always welcome and feel like one of the gang when we drop down for a few pints".

Director of Recreation for CareChoice, Clodagh Whelan said that "we want the Nursing Home to be part of the community and the team at the Fox and Hounds understand that". She continued that "we always welcome local musical groups, singers and dancers, so if there are any local groups who are looking for an audience please contact us at Montenotte on 021 4861777".

CareChoice is a family run business and this is particularly evident in the Home's approach to getting out of the house. Director Aisling Lane said "Families help parents and grandparents adapt to life as they age, Care-Choice simply does that on a larger scale. We visit the local church and shopping centre regularly so the move to find our local is a natural progression".

With every trip out the CareChoice residents become more part of the local community. So if you happen to bump into them at Mass, in the pub or the shop be sure to say hello to the neighbours!!

## St. Patrick's Girls National School

Bishop Buckley dropped in to meet Mrs. Mc. Auliffe's third class during their muffin making class with their parents in St. Patrick's GNS today. The cookery class was organised by the Home school liaison teacher as part of the school's healthy eating policy. Parents were invited to come into the class to work with their daughters and they learned how to cook delicious muffins with the help of tutor Catriona Kingston.

Bishop Buckley was delighted to meet the class and their parents and even left with a muffin for his morning tea!



# SUICIDE AWARENESS MAYFIELD

Neighbourhood Youth Project (NYP)  
Knockmahon House  
Old Youghal Rd.  
Mayfield (opposite A.I.B Bank)

We meet every Friday from 3 - 4 pm. Come and talk to somebody or just sit and listen to how people are coping and have coped with suicide in their lives.

Do you want to do something about suicide in Mayfield? Would you like to help distributing information leaflets in the Mayfield area?

Our number is **021 - 4501674**. Ring Pat between 9.30am to 5.00pm if you want to find out more about what we are trying to do.

## Garda Notes

Thank to all that attended the recent '*Know your Neighbour*' morning at the Cotton Ball. It was a good opportunity for local people to meet and get to know the local Gardaí. It is important from our perspective to build up a good and trusting relationship between the Gardaí and the community.

The recent Community Safety Forum at St. Joseph's Community Centre was also well attended. The main issues that arose referred to anti social behaviour at different locations in the locality. All of these areas will be specifically targeted to address the problem. If you are experiencing problems of anti social behaviour in your area, please contact us and let us know the details.

There were a number of complaints about vans collecting clothes in the middle of the night and causing a disturbance to people trying to get a night's sleep. This practice is unacceptable and cannot be tolerated. There are genuine charitable organisations that are involved in clothes collections, which conduct their collections in a respectful and courteous manner. However it is clear that some organisations are not bone fide. We will be checking out these people and would welcome any relevant information from the public.

We have seized a large number of horses over the summer period. These animals were a source of danger to the public and causing a general nuisance in the area. This is an ongoing project. If you have any concerns about horses in your area, let us know and we will take the necessary action.

We are also planning a crime prevention seminar before Christmas. Thankfully there are very few burglaries and thefts in the Mayfield area at the moment. However it is important to be aware of all the up to date information to help to keep our homes and property safe and secure. Further details of the event will be advertised locally.

**Sgt. John O Connor**  
**Community Policing Unit, Mayfield.**  
**(021) 4558510**

## Scoil Eoin Aspal

Scoil Eoin Aspal would like to extend a warm welcome back to all students, parents and teachers for the new school year. A special mention has to go to our Junior Infants who have settled in great, and are really enjoying their lessons on the Interactive Whiteboard. On 28<sup>th</sup> of September they visited Mayfield Library along with parents and teachers and received some fantastic books for their effort.

In support of the now victorious Cork team, we had a Red and White Day on September 17<sup>th</sup> where pupils and teachers alike dressed in the Cork colours. Meanwhile our own school football team has played two matches in the Sciath na Scol competition. They began with a very close match against Sundays Well B.N.S. which ended in a draw. The second match was played in Mayfield GAA Club against St. Marys on the Hill. After a splendid first half performance, the boys were narrowly beaten on the day. Thanks to Mayfield GAA Club for the use of the pitches and all the parents for their support.

Tennis lessons have begun for the Junior classes and they are enjoying the coaching sessions.

On Tuesday 5<sup>th</sup> October, the boys of fourth class visited Mayfield Library to mark World Book Week. The boys heard and took part in an educational dramatisation of Alleys's Story – A true story about a boy who lived in Kenya and moved to Ireland when he was 9 to work in the circus. The boys commented on the "amazing" live acrobatic performance and tricks. The sixth class boys also attended a science workshop.

First Holy Communion preparations have begun in 2<sup>nd</sup> class and on Sunday 26<sup>th</sup> of September the children had their Enrolment Ceremony. This was a very special event for the children as they presented their candles and certificates to the priest. The next Mass will be Sunday 17<sup>th</sup> of October.

On Tuesday September 28<sup>th</sup> the parents of the 6<sup>th</sup> Class Confirmation Boys/Girls had a meeting in the Boys School. Preparation is continuing every day and we all look forward to a wonderful celebration on Wednesday May 11<sup>th</sup>.

The Lord Mayor Mr O'Connell and Lady Mayoress visited our school on September 21<sup>st</sup>. The 5<sup>th</sup> & 6<sup>th</sup> Classes gathered to hear the Lord Mayor tell of his work and then quizzed him on the Flooding Crisis and many other issues.

We look forward to a productive year and wish everyone the best of success.

Look out for our new school brochure, available soon.

### Mayfield Youth Cafe.



Mayfield Youth Cafe was set up to cater for young people and has resumed after the summer break. It is open on Friday nights in the Kerrigan Tyrrell Youth Centre Kitchen from 7-9 and is especially catering for first year students in the local schools. So why not come and drop in and see what is on offer. For further information you can contact Mayfield CDP at 4508562 or any of the youth workers.

**Mairead Quarry/Fiona Callinan**  
**St. Joseph's Youth Programme**  
**St. Joseph's Community Centre**  
**0868103632/ 0879970951**

**Deirdre Dennigan**  
**Mayfield 2000 Phase 1**  
**Kerrigan Tyrrell Centre**  
**086 8523077**

**Martina O'Keeffe**  
**Mayfield Youth 2000 phase 2**  
**Lotamore Family Centre**  
**086 3682061**

# **ST JOSEPHS (MAYFIELD) NO NAME CLUB – NOTES**

The new season of activities for the young people who are involved in No Name Club began in mid September following visits to the local secondary schools to recruit new club members. A number of young people have made applications to join the St Josephs (Mayfield) Club in the 2010/2011 season. For those who are interested the club caters for young people aged between 15 and 19 years who are either living or attending school in the Mayfield area. The enrolling and registration of new club members will continue until the end on October 2010 at the St Josephs Community Centre, Old Youghal Road on Monday nights between 7pm and 8.30pm.

Recently a group of the 2009/2010 club members accompanied by some of the clubs adult leaders were treated to a visit to Cork Opera House where they attended a performance of “Fame” the musical which they thoroughly enjoyed.

At the end of each season the young people involved in the No Name Clubs are recommended to the National Organisation by their club leaders to be considered for their certificate in leadership and self-development. These certificates are seen as character references for those who receive them and they have been beneficial to the young people who present them in their C.V.s in pursuing part-time and permanent employment.

## **GRADUATION FUNCTION**

The forthcoming Graduation Function is a big occasion for the members of St Josephs (Mayfield) No Name Club as they will receive their certificates in Personal Development, Organisational and Leadership Skills to mark their involvement in the club in the 2009-2010 season. Among the 24 club members who will be presented with certificates at the forthcoming function, two club members will receive a “Distinguished Merit Award” for their outstanding contribution to the promotion of the work that takes place with young people in “No Name Clubs”.

Dale O Sullivan will receive her award for being the first club representative to contest the “National No Name Club Youth Awards Final” where she was chosen by the adjudicating panel as the winner of the prestigious title of “No Name Club Hostess of the Year 2009”.

In that role Dale O Sullivan performed her duties in an excellent manner that epitomised a confidence of a person much more mature than her 18 years. At the 2010 Regional Finals Dale acted as the M.C. for the stage performance of the Youth Awards where she interviewed all of the contestants at that event. At the National Finals in Kilkenny in April last, Dale introduced 8 finalists in the 2010 Finals. She later presented the sash and trophy to the winning Hostess in the presence of the new record attendance of 930 young people and adult leaders from clubs throughout Ireland. Dale O Sullivan has been an excellent ambassador for St Josephs (Mayfield) No Name Club and for the organisation nationally in promoting the No Name Club ethos among her peers throughout this country.

Eva O Gorman will receive her award for being the first Junior Leader in the St Josephs (Mayfield) No Name Club to contest the Cork Regional Final of the 2010 Rose of Tralee International Competition. Eva is a 23 year old teacher at the Mhuire Banrion Convent School, Lotabeg, Mayfield. She joined the local No Name Club in 2002 and having participated in a training programme in Personal Development, Leadership and Organisational Skills she became a Club Hostess in 2003. In 2004 Eva was among a group of Junior Leaders to make a significant contribution to the organising of the highly successful 2004 National Finals that were hosted in the Silversprings Moran Hotel, Cork, for the very first time.

Eva competed in the City Heat of the Rose of Tralee event and she was chosen to contest the final of the Cork Rose Selection in June 2010. In that event Eva spoke highly of her experience with the No Name Club and how it improved her confidence and self-esteem through its programme of healthy social activities. Despite not winning the contest Eva was complimented by the judging panel on her presentation and on doing the No Name Club Organisation proud throughout the Cork Rose Competition.

For further information about the No Name Club contact Mr. Joe Mullane Hon. Secretary -021 4550059



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stories, news, or advertising  
in the Christmas issue of  
Mayfield Matters is:  
Monday 15th November  
2010**

**Email items to  
mayfieldcdp2@eircom.net**

**Further information contact 4508562**

## COMMUNITY NEWSLETTER HIGHLIGHTING LOCAL NEWS

All information printed in this is understood to be true and accurate at the time of printing. We do not accept responsibility found to be untrue, we do on the other hand accept responsibility for any and all grammatical and typing errors. We hope you enjoy reading our newsletter, watch out for our next issue which will be available in local shops and services.

Bringing the  
News that  
Matters to you