



Angel Guardian Community Preschool Ashmount, Silversprings.

- * Free Preschool Places Available,
- * Enroll now for September 2019
- * Morning and afternoon sessions
- * Purpose built facility,
- * Nurturing and creative environment
- * Qualified and experienced staff
- * Registration forms available by contacting the Preschool in person or call 021-4960027



MAYFIELD MATTERS

Your Community Newsletter

FREE

Issue 103 June- July 2019

FREE

96fm Radiothon Coffee Morning at the Mayfield CDP

96FM Radiothon coffee morning was hosted on Wednesday 22th May last in the CDP Community Resource Centre. On a beautiful sunny morning, large numbers attended and enjoyed the fare provided by the staff and management of the CDP. Many thanks to everyone who supported this local event which raised €342.00 for cancer support services in Cork.



Cllr. Joe
KAVANAGH
PC



THANK YOU
ALL VERY
MUCH FOR
YOUR LOYAL
SUPPORT
THROUGHOUT
THE LOCAL
ELECTIONS



086 2307507 | joe_kavanagh@corkcity.ie
/joekavanagh.397 | @JoeKavanaghCork



Flower Point

Your local florist

297 Old Youghal Road
Mayfield

(next to Donatello's Pizzas)

Tel: 085 189 2766



- Fresh flowers bouquets
- Funeral flowers tributes

Say it with flowers.... flowers
talk more than words can
express.



MAYFIELD CDP COMMUNITY RESOURCE CENTRE

328 OLD YOUGHAL ROAD, MAYFIELD, CORK Phone: 450 8562 Fax: 450 8507

Email: mayfieldcdp@eircom.net Web: www.mayfieldcdp.ie Facebook: [Mayfield CDP](https://www.facebook.com/MayfieldCDP)

SERVICES PROVIDED AND SUPPORTED

<p>CDP Resource Office</p> <p>Photocopying, faxing, laminating, typing of projects, letters, CVs, binding, posters, fliers, leaflets, Senior Alert Alarms for over 65s.</p> 	<p>Mayfield Community Adult Learning Project (CALP)</p> <p>See elsewhere in <i>Mayfield Matters</i> for CALP's own article and what it offers!</p> 	<p>Rainbow Childcare Service</p> <p>Morning Service.</p> <p>Contact Kathleen at 4508562 for more information.</p> 	<p>Mayfield Community Garden</p> <p>Grow your own food and learn new skills.</p> <p>New members always welcome.</p> 	<p>Mayfield Matters</p> <p>Local Community Newsletter.</p> <p>Distributed every two months.</p> <p>Volunteers Always welcome.</p> 
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DAY-TIME GROUPS USING THE CENTRE:

- Monday: **Age Action Ireland computer courses (morning)**
- Tuesday: **Irish Speaking Circle (afternoon)**
- Friday: **Haniel Therapy (morning)**

NIGHT-TIME GROUPS USING THE CENTRE:

- Monday: **Haniel Therapy**
- Tuesday: **Overeaters Anonymous**
- Wednesday: **Overeaters Anonymous**

THE COMPUTER ROOM in the centre is available to local people who need access to it during the day & evening hours.

ROOMS FOR HIRE: The Community Resource Centre has a training/meeting room (20-25 people capacity) which is available for use by individuals and groups. Smaller rooms are also available for use, including the upgraded computer room which now includes an overhead projector, as does the training room.

Complimentary tea and coffee available.

MAYFIELD MATTERS YOUR COMMUNITY NEWSLETTER

MAYFIELD MATTERS is a local community newsletter produced in the MAYFIELD CDP COMMUNITY RESOURCE CENTRE by volunteers with the support of the CDP staff. It is funded through the adverts placed in the issue, fundraising and grant allocations.

DISCLAIMER: All information printed in this issue is understood to be true and accurate at the time of printing. The views expressed herein are not those of *Mayfield Matters* or Mayfield CDP. We do not accept responsibility for information found to be untrue, but we do accept responsibility for any grammatical and typing errors. **Please Note:** To guarantee inclusion in the next issue of *MAYFIELD MATTERS* please ensure items are submitted before the deadline which is: 5th September 2019.

Autumn 2019 At Mayfield CDP Centre

Auricular Acupuncture (EAR ACUPUNCTURE)

What is Auricular Acupuncture?

- *Auricular Acupuncture is acupuncture that is done on the ear
- *Your ear is a microcosm of you body. That means your entire body can be treated from your ear
- *Your ear, being close to your brain, is very neurologically active.

Auricular acupuncture has been used for thousands of years in traditional Chinese medicine, and is hugely helpful in treating all manner of problems, from addictions to insomnia, joint pain and fertility. There are as many as 200 acupuncture points on the outer ear, each point named generally after areas of our anatomy - liver, heart, mouth so on.

Qualified Practitioner

A course of 6 sessions €8 to €10 per 1 hour session (cost will depend on numbers- Group size 8 -10) Payment up front/non-refundable.

If interested contact Mayfield CDP at 4508562 or email mayfieldcalp@eircom.net

Bourkes Pharmacy

"Serving the People of Mayfield since 1955"

Iona Park, Mayfield, Cork.

Opening hours:

Monday-Saturday 9am - 6pm

Telephone: (021)4502862
email: dispensary@bourkespharmacy.ie



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OUR LADY CROWNED CREDIT UNION LIMITED CAR LOANS

NEED A BIGGER CAR?

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Visit us at 11c Silversprings Road, Mayfield or Wallingstown, Little Island

Loans are subject to approval. Terms and conditions apply. If you do not meet the requirements in your loan, your account will go into arrears. This may affect your credit rating which may limit your ability to access credit in the future. Our Lady Crowned Credit Union Limited is regulated by the Central Bank of Ireland.



olccu.ie

WE LOOK AT THINGS DIFFERENTLY



Weigh your Age for FREE

Tuesday 18th June & 2nd, 16th & 30th July.

**We know how important your health is to you.
We're health people.**

We provide a range of healthcare services including:

- ✓ Hickey's Pharmacy App - save time & order your prescription online
- ✓ GP prescription collection
- ✓ Free home delivery
- ✓ Blood pressure checks
- ✓ Morning after pill
- ✓ Diabetes screenings
- ✓ Flu vaccinations
- ✓ Private Pharmacist consultations & advice

Hickey's Pharmacy
Murray's Supervalu, Old Youghal Road
Mayfield, Cork

✉ mayfield@hickeyspharmacies.ie
☎ 021 455 1450
☎ 021 450 3144

Opening Hours

Monday - Friday: 9:00am - 7:00pm
Saturday: 9:00am - 6:00pm
Sunday/Bank Holidays: Closed



Health. People.



irwinspharmacy

MAYFIELD SHOPPING CENTRE



Tel: 021 450 6633

info@irwinspharmacy.ie

**Open - MONDAY - SATURDAY:
9am- 6pm**



Mayfield Community Pre-school

The Bungalow, 295 Old Youghal Road, Mayfield.
Established in 1983

Free ECCE places available

Morning sessions Monday to Friday 9am to 12 noon

Healthy lunch provided

Safe and spacious outdoor play area

Purpose built facility

We provide a high quality early years developmental education in a nurturing, caring and safe environment by experienced and fully qualified staff.

A limited number of places are available for 2019/2020 school term.

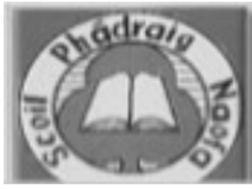
Registration forms are available by contacting the preschool in person, by phone or by email.

Mayfield Community Pre-School

Phone: 021/4506535 or Email:

mayfieldcps@yahoo.ie





**ST. PATRICK'S
BOYS' NATIONAL SCHOOL**

Our Oliver Twist performance in this year's Còr Fhèile.



MAYFIELD NORTH EAST INDOOR BOWLING CLUB

The annual "Paddy Power" trophy in-house competition took place at the Mayfield Community Association Centre, Kerrigan/Tyrell Hall, Mayfield Cross, Cork City, on the 9th-16th of April 2019 at which Maurice Corcoran of Paddy Powers Dillon's Cross presented the trophy to the winning team and gave gift tokens to the winners and the runners up in a close fought score of 8 to 5.

The winning team were: Cal O'Leary, Ted Scanlan, Robert Sharpe and Paddy Lynch.

The runners up were: Tony Stokes, Paddy Fahy, Jim Newman and Jim Byrne.



QQI ACCREDITED COURSES:

Our current Textiles and Printmaking classes will be finishing up in the next few weeks classes but our Drawing classes and Art and Design Classes will start back late September. Please contact Deirdre Hunt for further information.



The students from our QQI Level 2 Certificate in General Learning programme had a great day last week getting some inspiration in the Crawford Gallery and meeting up with some of our old friends and colleagues from the Cuig Project.

St Killian's School Workshops

We are delighted to be currently working on a Creative Schools project with the students from St Killian's school. It's fantastic that they have found a new home in Mayfield and we are looking forward to seeing what other amazing ideas they come up with over the next few weeks.

IWA

Our friends from the Mallow Irish Wheelchair Group are back with us this month for another 4 weeks session and this month Eadaoin Berkley, local artist and our former Arts Worker, is returning to us to work with the group.



SUMMER CAMPS



**Creative Kids Art Camps
Summer 2019**

22nd-26th July: 8-12 yrs.
29th July-2nd Aug: 6-8 yrs.
10am - 2pm Daily.

*Painting, sculpture, printing,
games & lots more creative fun...*

*Mayfield Arts Centre,
Newbury House,
Old Youghal Road, Mayfield.*

**Cost: €75 per child
€30 Booking deposit required.**

*Places limited so book early!
021 4530434.
mayfieldartscentre@gmail.com*



Helium Arts
CREATIVITY CHANGES LIVES

**ADVENTURE ART CAMP
FOR TEENAGERS WITH
LONG-TERM MEDICAL
CONDITIONS
IN CORK CITY**

Join Helium Arts for taster art workshops and an "adventure arts" camp with artist Siobhán! Adventure Arts are a chance to break out of the four walls and have a laugh challenging yourself in the outdoors. Take part in creative activities that are based on your interests and ideas in a relaxed and fun environment.

Workshops and Adventure Camp take place in May and June at various venues around Cork City

Dates and Times
Sunday 9th June | 2-5pm (taster workshop)
Monday 24th June | 11am-5pm (adventure camp)
Tuesday 25th June | 11am-5pm (adventure camp)
Wednesday 26th June | 11am-5pm (adventure camp)
Thursday 27th June | 11am-6pm (adventure camp)

For teenagers with long-term medical conditions, ages 13-18

- Workshops and camp are free.
- Medical cover will be provided by a trained professional.
- The venue and all activities are wheelchair accessible.
- Come prepared to get creative and move around... Wear waterproof shoes and old clothes!

To Register for the programme contact:
Helium Arts' family liaison
hello@helium.ie or 044 93 96 960

Places are limited so book early to avoid disappointment.

HELIUM ARTS GROUP

Helium Arts Group have selected Mayfield Arts Centre as the venue for their Adventure Arts Camp for teenagers with long term medical conditions which is happening the last week of June. This is a fantastic charity and we are delighted to have the chance to promote their amazing programmes.





NEWS FROM SCOIL MHUIRE AGUS EOIN

A very busy term and year are drawing to a close in Scoil Mhuire agus Eoin. We would like to thank all our school community who have helped and supported us this year.

2nd class received their **First Holy Communion on 11th May**. We were so proud of our boys and girls. It was a beautiful ceremony. Many thanks to our wonderful parents who put on a great party in the school afterwards.

Congratulations to our **School Athletics Team** who competed in the Primary School Sports in CIT on 30th May. Congratulations to Ben Stack, Jayden Sheehan and Donna McCarthy who all brought home prizes! Well done to all!



Well done to our 3rd and 4th class boys who competed in the local hurling tournament in Mayfield GAA. A great day was had by all! Swimming and football coaching continues here in the school every week.



We celebrated **Literacy Week from 13th – 17th May**. A Book Fair was held in the school run by 6th Class. Well done, it was a great success. Parents and students from Mayfield Community School read to our Junior & Senior Infants. Children completed book reviews, vocabulary and so much more!

During **Active Schools' Week** we are encouraged to become active in every way. Classes took part in Sports Day, Active Lines and Drop Everything and Dance. It was a great week and the children really enjoyed all the activity.

Preparation for our **End of Year Concert** continues in all classes. This will take place on 18th June during Creative Schools Week (17th – 21st June).

Our school celebrated **Europe Day** on 10th May. Classes took part in many activities celebrating Irish and other cultures and traditions. This was part of the Blue Star Programme 5th and 6th classes are studying.

3rd Class visited the **Lifetime Lab** on Friday 10th May for a workshop on Marine Explorers. A great day out was had by all!

6th Class took part in a transition workshop with **Graffiti Theatre**. They also took part in a workshop called **Stop2Stare** in conjunction with Cope Foundation on 23rd May. It was a resounding success. Thanks to Michael Joyce and all the students from Cope. Well done!



Our Junior Infants and parent completed the **Happy Talk Oral Language Programme supported by the speech and Language Therapist**. Well done to all!



We also welcomed our new Junior Infants to school this month. We look forward to them all starting with us on **August 30th 2019**.

The **Parents Association** would like to take this opportunity to thank all students, teachers, parents and sponsors for another fantastic term. So far this year we have had a coffee morning in aid of Marymount, a Halloween disco party and a non-uniform day. We had a visit from Santa and a visit from a farmyard. We held a Christmas and Easter raffle and we hosted the annual Communion Party. Thanks to everyone who helped in any way. We are so grateful for your support. *Volunteers always welcome!*



Finally, we would like to wish our **6th Class** students the very best wishes for their **Graduation on June 25th**.

We know you will all go on to do great things in your new school. Well done to you all.

HANIEL THERAPY

Caroline 085-818 8933
hanieltherapy@hotmail.com



Therapeutic Massage and Reflexology
Fully Accredited Therapist (MNHII BCMA)

MAYFIELD CDP RESOURCE CENTRE

Monday :5.30 - 9pm Friday : 9.30am - 1pm

ST. JOSEPH'S COMMUNITY CENTRE

Tuesday: 9.30am - 1pm Wednesday: 6 - 9pm

Natural Aromatherapy Skincare Products
Made to Order

CHIROPODIST



Frances Nolan
NCC, LCCH, M.C.H.POD.ORG
Glanmire Medical Centre
Glanmire, Co. Cork

For appointments call:
021 486 6745 or 086 369 3204

Gift Vouchers Available

Home visits available on request



Unit 1a, 4 Colmcille Avenue, Mayfield
(021) 239 0019 (Alongside All Round Beauty)

PRICE LIST

Father and Son only €15

Gents only €9

School Students only €8

Kids under 7 years only €7

Hot Towel Shave only €12

Hot Towel Shave and Dry Cut only €18



OPENING HOURS

Monday - Friday: 9.30 am - 5.30 pm

Saturday: 9.00 am - 5.30 pm

GIFT VOUCHERS
AVAILABLE



LOTAMORE FAMILY RESOURCE CENTRE
20, Lotamore Park, Mayfield
LOTAMORE PRE-SCHOOL

PLACES AVAILABLE FOR SEPTEMBER 2019 IN OUR
AFTERNOON SESSION 12 – 3PM
ECCE Free Pre-school available from age 2 yrs. 8 months.

Children can register in our service from age 2½ years.
Subvention available.

Healthy snack provided.

At Lotamore Pre-School our highly qualified and caring staff create a warm safe environment where your child can feel valued and encouraged. Places are limited to 13 per session so children are guaranteed individual attention.

Call in to view our facilities and meet the staff or contact
Margaret: 021-4503066/ 085-1252836

WINNIE'S DRESSMAKING & ALTERATIONS (085 7804008)

Old Youghal Rd, Mayfield (Opposite The Cow Bar)

We Alter:

- School Uniforms
- Curtains
- Jeans
- Zips
- Jackets

"Let's save money"



ARE YOU INTERESTED IN A CAREER IN CHILDCARE?

Community Employment Programme Childcare Assistant positions available Mayfield/Glen/Ballyvolane/City centre areas
FULL QQI Level 5 CHILDCARE TRAINING PROVIDED

Position is subject to Garda Vetting

Contact: Valerie or Fiona on 021-4508771 or email CV
to v.ocallaghan@oyrchildcare.com



VOLUNTEERS NEEDED TO TUTOR

(with Age Action) over 55s in the basic of computers and the internet (on a PC, their laptop or their held device)

YOU DON'T NEED TO BE AN EXPERT!
(Training provided)

- Class sizes are small, one volunteer tutor for every learner
- (2 hours a week for 5 weeks)
- Volunteers find the classes rewarding & fun.
- Required: Basic computer skills and an interest in assisting people needed but patience and a good sense of humour are just as important.
- Would you like to help someone for 2 hours a week? Kinsale, Mayfield, Glanmire, Carrigaline, Douglas

And we would like to start courses in MIDDLETON, FERMOY, MACROOM & MALLOW **but we need more volunteers!**

Emails to gettingstartedcork@ageaction.ie
or call or text 0871956026

Please send your poems to: mayfieldcdp2@eircom.net
or hand them into the CDP Resource Centre (we will even type them for you)

SPRING
HARRY A. O'SHEA

Weary Winter's leaving us quite soon,
Happy are the stars, the sun and moon,
The little flowers are making a brave show,
Although they're yet half-covered with wet snow.

Younger people's games will soon begin,
The joy of competition, lose and win,
Gardens once again will surely glow,
Early flowers and bright birds, what a show!,
Everybody likes the coming Spring,
For weary hearts it's really just the thing.



THE LIGHT IN YOUR EYES
MARIA WHITLEY

The smile on your face makes me happy
The light in your eyes gives me joy
You are like a star in the sky
The love in my heart is just for you
I am happy because you are mine

EASTER
HARRY A. O'SHEA

Another Easter-time comes round again,
A time of victory over death and pain,
They'd treated him so badly, crucified,
Nailed upon a cross on a hill's side.

But two days later, at the crack of dawn,
The grave stone rolled open,
The sun-lit morning,
Many saw him first, in great sunrise,
Now we remember too, with faith-filled eyes.

MAYFIELD MEN'S, SHED POEM
JIM COTTER.

Mayfield Men's Shed's such a great place to be,
We are here in Newbury House as you will see,
Our choir we are told is simply the best,
Up there on top above the rest.

We visit nursing homes, library and schools too,
We are in such demand we can only visit a few;
We sing our songs for all to hear,
And they join us in song, lovely and clear.

Then on Wednesdays we head for Mayfield School,
With new products in mind we then sort out our own tools,
Looking back when men come to retirement,
With nothing to do only watch TV, or sit by the fire.

So I went to Mayfield Men's Shed and it looked great to me,
So I sat down for a chat and was offered a cup of coffee or tea,
I joined there and then, they were so friendly and helpful to me,
The chat is mighty and the slagging too, but when you are sick,
and not there, they will get in contact with you.

We will always stand tall when we hear the call,
Because we are *Mayfield Men's Shed, friendly and free,*
Based in Cork on the banks of the Lee.

TOO BROKEN
MAGGIE L. O'SHEA

Maybe I'm too broken,
Like shattered glass on the floor,
For anyone to try and fix
The pieces anymore.

And maybe I'm so broken,
No one can even see,
The colours and the beauty,
The uniqueness that is me.

And I guess it doesn't matter,
As I lay here on the floor,
That all the things that make me beautiful
Have been swept under the door.

Maybe one day someone
Will look closer to see,
And put back together again
The treasure that is me.

But until then I'll lean
As close as I can to the sun,
And work to try and catch
The eye of someone
Who will see my colours clearly.

And be ready to glue together again
All the mess that is me.

A POEM WRITTEN AFTER BREAKFAST
RICHARD GOODISON

I saw a sparrow on my wall
But then she wasn't there at all
Or else she just took sudden fright
And disappeared quite out of sight.
But wasn't she the foolish bird,
Of such some people never heard,
To fly away when being fed
With mixed seeds, biscuit, cake and bread?!

But birds, I've found, of many kinds,
Including pigeons, feather-lined,
Jackdaws, crows and sparrows keen,
Finches, wrens and others seen,
They all mistrust my kindness when
I scatter food abroad, but then
Robins, blackbirds, starlings, doves,
Abandoning trees and leafy groves,
A little extra courage show,
Yet even they aflight will go,
Their instinct warning them to fear
If I step out an inch too near.
But humans whom I fondly trap
Don't flee but swallow every scrap
When I dispense some tasty fare;
So differ men from birds of air!!!



Contact Newbury House
Newbury House Family Centre
Old Youghal Road, Mayfield, Cork
Tel: 021-450 7999

Mayfield Arts Centre



REGISTER NOW!

Newbury House
Preschool

Preschool
Full Day 9am—5pm
Free Preschool 1pm—4pm
Subsidised 1pm—5pm
Baile Beag
1year—2.5years
Afternoon 1:10—5:10

National Childcare Scheme and
CCSP Subsidies available

Newbury House Family Centre
Old Youghal Road, Mayfield, Cork
021-4507999
admin@newburyhouse.ie

KIDS CAMP

We are holding a camp for July
and have places available for weeks
15th—19th & 22nd—26th July.
9am - 1pm and 9am to 3:30 pm
Subsidised fees available



REPRO FREE. 14th May 2019.
Allies Raise the Rainbow Flag across Cork City & County, as part of Cork LGBTI+ Awareness Week 2019. Pictured are Newbury House members, Mayfield Men's Shed, Mayfield CDP, Baile Beag, Mayfield Old Youghal Project, Mayfield Arts with Cork LGBTI+ Inter Agency members, Gay Project members and LINC members, raising the Rainbow Flag, at Newbury House, Old Youghal Road, Cork.
Picture: Jim Coughlan.

Cuidiú
Caring Support for Parents

MAYFIELD PLAYGROUP

THE FIRST SUNDAY OF EACH MONTH
10:30-12:00
NEWBURY HOUSE
Old Youghal Road, Mayfield

NO BOOKING, JUST POP IN!

The kids enjoy some freeplay and new pals while you meet local parents and enjoy a cuppa. All parents, grandparents, and carers welcome.

€1.50 for Cuidiú members, €2.50 for non-members.
Contact Jennifer Lane

www.cuidiucork.net
Search "Cuidiú Cork" on Facebook.

CORK CITY COUNCIL PRESENTS

SUMMER FUN NIGHTS



SUNDAY 23 JUNE BONFIRE NIGHT 5 - 8 pm

GLENMOY PARK, MAYFIELD

CARNIVAL GAMES • STREET THEATRE

LIVE MUSIC & MORE ...

Events are free, all are welcome. Bring a picnic!

Children need to be accompanied by an adult.

This is a non-alcohol event. Parking in the area is limited

Supported by
Cork City Council, Mayfield Community Groups and An Garda Síochána



THE CRAWFORD GALLERY **DAVE O'SULLIVAN**

Before entering the Crawford Gallery
Look at the brickwork, the limestone arcade;
The strong semi-circular Arch
Was the Romans' stock-in-trade.

The Architect, his team of artisans,
Their work is on permanent display,
Men who mastered in Ancient trade
Working with mortar-strong and bricks of clay.

When Carl Andre placed one hundred bricks
On the floor in the Tate Gallery
Was he engaged in Artistic endeavour
Or just plain tomfoolery?

Look at Hogan's statue of "William Crawford",
Chiselled skelp by skelp from a block of marble;
At that man's talent, skill and vision
One can only stand back and marvel.

Brennan's portrait of "Edward Bishop Dorman",
A seriously clever gent no doubt;
There wasn't a crossword puzzle,
Quiz in hand, he couldn't work out.

King's painting of "Dr. James Roche Verling",
As a physician he would read the chart,
Keep check and monitor the health
Of one Napoleon Bonaparte.

As for Daniel Mackie's "The Falconer",
The girl friend looks very cool, real cute,
Has this guy the faintest inkling
His times up, she's giving him the boot?

Henry Jones Thaddeus's "Man Drinking",
Red - bearded, cravat, blue shirt, real snazzy guy,
Smoker, drinker, late-night skirt chaser,
His heaven was on earth not in the sky.

Daniel MacDonald's "Eviction Scene",
A picture of utter desolation,
Proud farmer his anguished family cast aside
Facing hunger, the poor house, or forced emigration.

Sean Keating's "Men of the South",
A profile of courage and determination,
Volunteers who risked their lives
For the freedom, independence of the Nation.

Hunter's portrait of the "Penrose Family",
Brother and sister look two bright young things,
Penrose himself, Montenotte Merchant Prince,
Look closely, wife was boss, she held the purse strings.

John Butt's evocative "Painting of Cork",
A warts and all look back at the past,
No Butt's canvas of Cork today would include
Mean squalid slums, a Union Jack on a mast.

Cor Klaasen's "S.S. General Fegelein's Wedding Party",
Four happy smiling people we see,
Three were cogs in the S.S. murder machine,
Cold blooded dealers in death and cruelty.

A SUMMER'S DAYDREAM **BILLY HERDMAN**

A gentle Breeze flows through the trees
As I lounge in my garden chair.
The birds in chorus with the bees
Are sweet sounds in the air.
A Magpie natters on the wall,
"There goes a house alarm",
Nearby a baby's hungry squall,
This is the Summer's charm.

Under foot the grass is cut
"O what a blissful time!"
And over by the shopping mall
The Angelus starts its chime.
These are the days of sun and haze;
It's good to be alive,
The ideal time when dreamers laze
Ere the autumn winds arrive.

My reverie is broken
A crow goes squawking by,
But there's nothing here but ice-cold beer
So it leaves with a ravenous cry.
The flowers are looking beautiful
But Maura tends to those;
She's due out any minute now
With the feed and with the hose.

I snuggle there on this magic chair
As the sun glides down to rest.
I pick a dream with utmost care;
It's the one that I love best.
My thoughts of you come to the fore
Of days that used to be,
My Mother's touch that meant so much,
And my family's revelry.

We played our games on roads and lanes;
Our Friends seemed always there.
We galloped tall with a raggy ball
No hindrance, not a care.
We had no telly, nor no phones
To mar our times of mirth,
Our mothers had their washboards
To scrub out all our dirt.

A chill descends on my resting place;
I feel it's time to leave,
So back into the human race
And listen to them grieve.
A darkening cloud is drifting by;
It's not the one I seek;
Some dust has gotten in my eye
With a raindrop on my cheek.

THE MIRACLE PRAYER

MARIA WHITLEY

My Angel of God makes me happy
She gives me hope
Life can be hard
Angel of God give me peace and hope
Pray to your Angels they will give you so much love hope
and joy
A prayer in need is a prayer indeed
God send me love and light

FORCED OUT

**Margaret Healy Trade Union Centre 55 North Main Street. Cork
021-4277151/ 087-2469079**

Many Home Helps are finding themselves forced out of their job due to changes in their contract of employment. This new contract will see a lot of people having to resign due to the fact that the contract does not facilitate them for their personal situations. While this contract will suit a very small minority of HCSAs (formerly Home Helps) it will be the contract that will see the end of the homecare service as we know it. Many of our members are experiencing a lot of pressure on them to sign this contract to the point where some people were told that if they did not sign this contract they could leave. In other words, when this contract was agreed on, there was no room for the personal situations of the HCSAs.

In many areas, the HCSA will be sent to health care units to work when the clients are not there to make up the hours. Before contracts are agreed there should be a vote taken by the employees involved and the terms and conditions should have been explained in detail to people before anything is agreed. In the case of the homecare service it appears anything goes and that is that. It has come out on the news recently that the budget for the homecare service is now frozen and this is going to lead to many people not getting the homecare service, therefore putting many people into homes and hospices. So where will the homecare service go? Private companies are opening up every day of the week and the people working for the private companies are getting far less pay and conditions than their counterparts working for the H.S.E. but the difference is that the people working for the private companies are getting large amounts of hours and plenty of weekend work. This of course is taking from the homecare service and will indeed end up as a private entity altogether. Rosters are usually to rotate people around and fit them in where and when possible so this also means that when this roster system begins it will see a lot of homecare assistants being sent to health care centres and the private sector will take over the homecare side of things.

People who depend on the homecare service will end up with new people coming into them on a daily basis and this can be very stressful for people who are used to their own carer coming in. It will mean getting to know people every day and it will mean getting to trust people and vice versa. So you have to ask yourself how are we, as a nation, going to be treated in years to come when some of us will need a homecare service? Hopefully we won't but in reality what happens now is what will be there for the future and if this is to go ahead well we are sitting ducks. There are many people living alone and this change will be very frightening for them in so far as they will be getting to know new people on a daily basis and this applies to the person giving the care as well. People who have had the same person calling to them for years will now find that they have to get used to someone new and this also means that people who have built up trust and friendships with the people caring for them and have developed a familiarity will now find it very strange to get used to new people and the carers will have to adjust as well getting to know new clients. So what has the government done to help these people? Absolutely nothing! Nobody ever makes a reference to how people are going to cope on their own or how this contract is going to affect the homecare service in the future. Some people out there think this contract is a great thing but when the cracks start appearing they will know it is a very bad deal.

Everyone needs to stand up for themselves in today's society and not be letting themselves be dictated to all the time and change will only come when people will say enough is enough. People working in the homecare service, public and private, will understand how important it is to help people who are living alone and the sick and elderly who really need someone to care for them. We are all getting older and we will all need to look after ourselves a lot better concerning our health. Our health system is collapsing on a very big scale and if this carries on the way it is then we can say goodbye to the homecare service in the future. HCSAs are being forced out of the service. That is what this contract was designed to do so do not sign unless you are fully aware and agree to the terms and conditions of this contract. The more people are being forced out the easier it is for the homecare service to be non-existent in the future. Everyone should really think about that.



DO YOU HAVE DEBTS YOU CANT REPAY?

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MAYFIELD ST LUKE'S TIDY TOWNS

In May 2017, Mayfield St Luke's Tidy Towns was set up by Cllr Joe Kavanagh and has since gone from strength to strength. It is currently the only Tidy Towns Group in the City area.

"For a long time, I felt that there was a need for such an organisation in our Community so we set the wheels in motion with the help of David O'Brien, Martin Dineen of Cork City Council and Tidy Towns Chairman, Adrian Peglar."

People living in our Community take great pride in their neighbourhoods and public realm. This has been highlighted repeatedly in the level of enthusiasm and goodwill shown to the Tidy Towns volunteers by local businesses and residents during our various Community projects over the past year and a half.

We would like to thank local businesses for their generous financial contributions to our voluntary group in recent months.

The Tidy Towns group deliver's positivity, pride in our locality, and a determination to highlight the best of our wonderful Community. The name 'Mayfield St Luke's Tidy Towns' derives from our status as a Community organisation that links directly into Cork City Council via both the St Luke's Policing Forum and the Mayfield Policing Forum. It is a simple and direct system and it has proven to be effective.

The Tidy Towns Organisation has a management committee which organises the fortnightly clean-ups, planting and painting as well as planning the group's future strategy.

We have been very fortunate to have Clayton Silver Springs Hotel as our main sponsor as strong financial backing is a necessity in volunteer-led organisations. The Clayton's General Manager, Mr. Joe Kennedy, has been extremely supportive of the Tidy Towns organisation and instrumental in getting us off the ground. It is great to see a local business supporting such a worthwhile Community initiative.

The following are examples of our high visibility projects in the public realm:

- Planting and re-planting flowers in the trough and boxes at St Luke's Cross.
- Planting in the large bed on the Middle Glanmire road.
- Clean-up of footpaths on upper Colmcille road near the business area and general clean-up of the area up to the junction of Old Youghal Road.
- Planting flowers on Old Youghal Road at the base of the trees opposite Mayfield Community School.
- Planting flowers on Colmcille Avenue on top of the wall leading up to The Old Bank Cafe.
- Litter picking and clearing throughout the area spanning from Silversprings hill to the Military Hill/Wellington Road .

The level of volunteerism for this fantastic Community initiative is very encouraging and there are some exciting plans in the pipeline. *If you wish to get involved and volunteer to help at any of the forthcoming projects you can message the Mayfield St Luke's Tidy Towns Facebook page, Twitter @StTiday or call Joe at 086 2307507.*



**NO ONE CAN DO IT ON THEIR OWN.
HOW TO SUCCEED, BY FORGETTING YOURSELF.**

LILLIAN COURTNEY



To succeed it is usually necessary to undergo self development of some sort. To me Personal Development is essential to achieve Emotional Intelligence which we were never introduced to only IQ in the educational system, which may I say has not changed in decades. *Self Awareness, Self Belief, Self Confidence, Self Discipline and Self Value*
The only way to succeed is, by believe it or not "forgetting oneself" (not in health or any area you have to mind, as in an aeroplane one is told to take the oxygen first).
Plato tried to teach people this for years in his writings by saying every member of a family, community, company or organisation has a vital part to play. The well being of both sides depends on one another .
"We as people forget to look at the foothills and fertile plains but view the beautiful mountains they sprint from". I read this somewhere.
We look at heroes and forget about the trainers and the people who stood by them from the beginning. The COG in the WHEEL be it family, work or community "YOU MATTER".
If a screw is missing from a bridge it will not be 100% stable. Every help you can give someone is the cog in the wheel of life. If you recognise the value and importance of your part in life and people depending on you, by the time you reach that peak of success or life, others will be there for you.

So this month I would love for you to sit down with pen and paper and complete 2 exercises.

1. Who in your life has made a difference by being the cog of your wheel of life? Who has helped you along the way? Who has changed your direction or pushed you to be your best? Think who was that person or place? Start from the age of 5 to 10 years of age, work every 5 years and work up to your age now.
2. Write down who YOU have helped along the way of life. How you have made a difference in their life, your family, community or organisation?



From each experience above in 1/ 2 write down what you have learned from each person or place. Finally think back on a time when you knew exactly what you wanted but as time passed this dream, goal or passion dwindled in the nettles of life and became just that, a 'dream'. We all knew our destiny when we were young but most ignore it be it from dream dashers or lack of self belief or confidence. Today go out and live your new or old dream, find that treasure but be the cog in the wheel of someone's life if you have the talent, profession and skill or the know how to help others and in this way you will be greatly rewarded. Men and women depend on friends, family and community for a work/life balance.

NO ONE CAN DO IT ALONE. Coach Lil www.lilliancourtneycoaching.com



FRANK O'CONNOR LIBRARY

*Murmont, Old Youghal Road, Mayfield. 021-492 4935/
mayfield_library@corkcity.ie.
Tuesday – Saturday, 10.00 – 1.00 : 2.00 – 5.30 .*



'Exciting' and 'library' are not words that many people might expect to see used in the same sentence and yet that's exactly what's happening in Cork's libraries at the moment.
Once the city boundary extension takes effect, the running of Glanmire library will be the responsibility of Cork City Council. The principle changes that patrons will observe will be in terms of personnel changes. Staff familiar with the county service and others from the city service will be stationed in both Glanmire and Mayfield branch libraries to facilitate the transition so that the excellent level of service provided by both authorities can be maintained.
From June 4th Nora Harrington will take charge in Mayfield library. She is delighted with her new posting and looks forward to meeting locals with a view to finding out how best the library can serve the needs of the community and its people.
By way of a tribute to a local cultural and educational institution Mayfield library's exhibition for the month of June focuses on St. Patrick's Boys' National School, Gardiner's Hill.
Comprising of photographs provided by the school and with text and illustrations put together by the boy's themselves this exhibition promises to revive memories in every boy or man who attended the school, which dates back to 1841. Celebrating a vital and cherished landmark in the neighbourhood, this is an exhibition not to be missed.
For July the work of artist Valerie Scully will be the focus of attention in the library. Residing in Ennismore Lodge Valerie, with the guidance of her tutor Tracy Lilley, has been painting for the past 10 years. Concentrating on watercolours and acrylics Valerie finds that she can express her feelings best through the medium of art. Working through the year on various pieces and previously having won second prize in a Mayfield Credit Union sponsored art competition she finds that painting relaxes her and gives her a sense of fulfilment. We hope that those who take the time to view the exhibition will leave with the same sense of relaxation through the pieces that Valerie is sharing with us.
Our Writers Group and Bookclub, one of the most vibrant and enjoyable in the city, will meet as usual on the second Wednesday of June, (June 12th), at 10 a.m. and 11 a.m. respectively .

ST JOSEPHS (MAYFIELD) NO NAME CLUB – NEWS



On the 23rd March last our club's sole entrant in the National Super Talent Semi – Finals that took place in the Good Council College, New Ross, Co Wexford, Melanie O'Connor, who competed in the Female Solo Singing Competition, performed very well on that occasion only to end up as a runner up to the winner from the New Ross club.

A representative group of club members accompanied by their adult leaders were among a large attendance of over 700 young people and adult leaders from No Name Club's that are operating countrywide who were present in the five star Lyrath Estate Hotel in Kilkenny on the 13th April last at the 36th Annual No Name Club National Youth Awards Finals.

That event along with the Super Talent Competitions are among the highlights of the annual programme of social activities that promote the great work being done with young people who are involved in No Name Clubs nationwide. The Youth Awards Competition is modelled on the highly popular International Rose of Tralee event in the search to find one Hostess (female) and one Host (male) to represent the organisation each year with the winners of each category being awarded a bursary towards their third level education expenses.

In the 2019 National Youth Awards Finals our club representative – John O'Flynn, performed very well in a highly competitive Host Event against four other finalists from the following clubs: Rochfort Bridge, Finglas, Claremorris and Balla.

The following were chosen as the winners of the Host and Hostess National Titles in 2019. These are: Hostess – Siobhan Hoare, Kilbride, Co Roscommon, Host – Rian Byas, Finglas, Co Dublin.

Throughout the past month our club members have been involved in researching and compiling their entry in the 2019 Health Promotion Project with their focus on the issue of young people's health and well being.

Recently the Board of the National Organisation invited all of its clubs to make a submission to make a new updated promotional video to be used in the recruitment of club members for the club term in September. Of the current number of 34 clubs operating countrywide the submissions put forward by the St Joseph's (Mayfield) No Name Club and the Kilkenny clubs were chosen to develop the new video. Over the coming weeks our club members who have recently attended a workshop with the Young Irish Film Makers Group will be concentrating on their chosen animated promotional video which is required for the start of the next club term in September 2019.

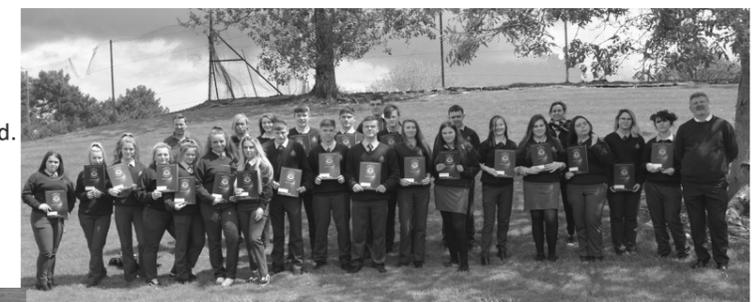
One of the club's former most inspirational Hostesses and Junior Leader who won the clubs tenth Cork City Garda Division Youth Award in 2017 was selected by the Cork organising committee to represent Cork in the first ever National Garda Awards Finals that were held in the Midlands Park Hotel, Portlaoise, on the 27th April 2019. Kayleigh Walshe was honoured to be recognised for her many voluntary achievements while a member of this club. Kayleigh's selection has been a significant acknowledgement and recognition of the great work being done with the young people in the St Joseph's (Mayfield) No Name Club since its formation in 1998.

As we approach the end of our 21st year in operation with the youth of our community who have made a major contribution to the lives of over 900 young people and their families in the Mayfield area for the good of society we are grateful for the ongoing support we have received from so many sources in the local community. A celebratory function is being planned to mark this major milestone in providing this caring service to the youth in the Mayfield area.



MAYFIELD COMMUNITY SCHOOL

Congratulations to our Transition Year students who graduated. Well done to all.



Congratulations!

Congratulations to the Mayfield Community School students on the Graduation of the Class of 2019.

GAELSCOIL AN GHOIRT ÁLAINN

An Brat Buí i nGaelscoil an Ghoirt Álainn

Táimid ag obair go dian chun Brat Buí a bhaint amach dár scoil i mbliana. Le linn an chéad téarma bunaíodh Coiste Ilchineálachta chun ár n-iarrachtaí chuige seo a stiúradh. Tá daltaí, tuismitheoirí agus múinteoirí ag déanamh tréanar-rachta ar leith cuimsiú a chur chun cinn agus ilchineálacht a cheiliúradh mar chuid den tionscnamh seo ó shin i leith, agus sinn go léir ag obair as láimh a chéile.

We have been working hard to earn a Yellow Flag for our school this year. During the first term a Diversity Committee was established to co-ordinate our endeavours in this regard. Ever since then our pupils, parents and teachers have teamed up to make an extra special effort to promote inclusion and celebrate diversity as part of this initiative.

During the second term our Diversity Committee asked the children in Rang a Trí to Rang a Sé as well as all of our parents to complete an online questionnaire about diversity and inclusion as part of our Intercultural Review. The responses they submitted were used to form an Action Plan to help us improve school life.

We are immensely proud of the great work all of our children, parents and teachers are doing to implement this Action Plan!

- All of the teachers in our school attended a workshop on Diversity and Equality Awareness.
- After the Intercultural Review revealed that our school's pupils and parents come from 20 different countries, we drew and coloured each of their national flags and prepared welcome signs in each of these native languages.
- The pupils developed their sense of identity and belonging, and their understanding of similarities and differences, e.g. by researching their families' Coats of Arms, creating art inspired by what makes them and their friends special etc.
- Children in the senior classes participated in the "Get Up! Stand Up!" programme which focused on developing their self-esteem and resilience.
- Children in the middle and senior classes learnt about the Rights of the Child and the UN Charter of Human Rights. They discussed how rights come with responsibilities, the lives of Gandhi and Martin Luther King, and how to resolve conflicts.
- Lots of classes have prepared projects about various countries, cultures and religions, e.g. about Christmas in different lands, states in the U.S.A. etc.
- We celebrated the following festivals as part of "Croí na Scoile", our multi-denominational ethical education programme, through music, art and mime this year: Hallowe'en, Divali, Loi Krathong, Thanksgiving, Hanukkah, Santa Lucia, Christmas, Tu BiShvat, Basant Panchami, Chinese New Year, Pancake Tuesday, Hina Matsuri, International Women's Day, St. Patrick's Day, Baisakhi, Wesak, Kodomo No Hi.
- We celebrated the International Year of Indigenous Languages in February.
- We celebrate Irish traditional culture throughout the year as we sing traditional songs, play the tin whistle, practise Irish dancing, play hurling/camogie and Gaelic football etc.
- We celebrated Seachtain na Gaeilge in March with our Parents' Association's Bricfeasta Mór, art competitions, table quizzes and lots more.
- Pupils in Rang a Cúig and Rang a Sé learnt Italian from a native speaker and prepared and tasted some traditional Italian food under her direction this year.
- We celebrated Friendship Week in May. Each child in the school had a "secret friend" for a week, and pupils in the senior classes also took special care of the Junior Infants as part of our "Yard Buddies" initiative.
- Our Diversity Committee composed a "Diversity Code" for our school. We love singing this fun song which was inspired by the importance of diversity and making everyone feel welcome in Gaelscoil an Ghoirt Álainn.

We are looking forward to the following events which are planned for June:

- listening to stories and watching films about various cultures, and discussing them
- listening to parents who are Muslim and Jewish tell us about their religions
- attending children's workshops on Diversity and Equality Awareness
- learning more about how to identify bullying, racism and stereotypes, and how best to deal with them
- visiting an exhibition about the Traveller Community in the Cork Public Museum in Fitzgerald's Park, meeting members of the Traveller Community and making paper flowers under their direction
- participating in an "Around the World" themed table quiz and orienteering activities

We would like to pay special tribute to Clár from Rang a Sé (Chairperson), Ciarán from Rang a Cúig (Secretary), Evan and Sami from Rang a Ceathair (PROs) and Gabriela and T.J. from Rang a Trí (Treasurers) for the wonderful work they have done on our Diversity Committee this year. We also greatly appreciate the outstanding contributions made by Clíodhna and Lisa from our Parents' Association. Sincere thanks to you all!

Más mian leat teagmháil a dhéanamh lenár gCoiste Ilchineálachta, seol ríomhphost chuig gaelscoilga@eircom.net nó fág nóta san fhilleán le haghaidh moltaí atá crochta in aice lenár gclár fógraí sa scoil, le do thoil!

If you would like to contact our Diversity Committee, please e-mail us at gaelscoilga@eircom.net or leave a note in our suggestion's folder hanging by the Yellow Flag Noticeboard in the school!



WELCOME TO THE COMMUNITY

DARRAGH

Greetings from Ard Bhaile! Darragh McNamara here, I am the new Resource Worker for the Cork Education and Training Board (ETB), based out of the Ard Bhaile Community Centre in Mayfield.

I just wanted to reach out to those in the local community about my role and the programmes that I, and the Cork ETB, wish to develop in the area.

The Cork ETB work alongside some fantastic agencies you may have heard of Mayfield Community Adult Learning Project, Faròige, The Cope Foundation and many more to deliver education and training needs to locals that wish to begin, further or even change their careers.

There are several programmes and initiatives running at the moment in and around Mayfield that we believe are enabling locals to further their own community involvement, working careers, educational needs and wider lives. However, it is my focus to get out into the community and get to know the people undertaking these programmes to see if there is anything more we can do better. We are always looking for your feedback so I can be the person to take on board your considerations and move things in the right direction!

I am sure I will be seeing plenty of you at the various events around Mayfield some time soon but until then, please do not hesitate to call into Ard Bhaile Community Centre to find out more about what the Cork ETB can offer you as an individual as well as a member of such a vibrant and inclusive neighbourhood as Mayfield.

Alternatively, you can get in touch via email darragh.mcnamara@corketb.ie or by phone on 0214500434 to discuss your ideas, feedback and any queries you may have about our involvement in the wider community.

Thanks for your time and it has been a pleasure to get involved with local initiatives so far – long may it continue!



CORK STAND TOGETHER

Cork Stand Together has just completed 14 weeks on the ground helping some of the most vulnerable people in the society of Cork City; our homeless friends. We have become well established in this short time period, thanks to the exceptional work of all our volunteers and with the help of the great people in Cork who have been donating weekly with such love and kindness.

Our homeless friends have come to realise that we are a constant now and every week they are waiting for our arrival. They are welcome to eat their fill and have a chat with a cuppa and they are always welcomed with open hearts and friendly smiles by all our group members. The mobile teams walk around the city with the same goal, a friendly smile, a hot drink, and if someone wishes to talk, they are greeted with a friendly ear eager to listen to their story. When you make someone feel welcome they will reciprocate this and look forward to seeing you.

Our volunteers in my opinion are some of the best people who really want to help, they want to bring happiness everywhere they go and to all the people they meet, and they do it with such compassion and respect and generosity that they make people who come to visit us feel comfortable within seconds of their arrival or in the case of the mobile teams as soon as they meet someone in need. These are awesome traits to have in a group, and we have it in spades at Cork Stand Together.

At Cork Stand Together we try our best to help with the basic needs of Cork's homeless, but the most important aspect of this group is to make everyone feel welcome, respected and cared for and to let everyone know that their story is important and we are happy to see them, to help them if we can in the best way we can. We cannot change their lives in big ways but we work hard to give them a little comfort where it is possible. When we get donations of any kind we ensure that they are given to the people they are donated for. Weekly we ask for donations from the public to continue our work, and without the help of the public we would not be able to do our work so successfully. "Wherever there is a human in need, there is an opportunity for kindness and to make a difference." (Kevin Heath), and those who volunteer on the ground or through donations in Cork Stand Together do make a difference.

We have a great support network with the help of C.I.T. who are accredited with a huge amount of donations being given through the appeals made to students and this has been very helpful in our group becoming established. We are so grateful for all the help they give. A huge number of our volunteers come from C.I.T. and we are so proud to be associated with such an amazing community of people.

I must also mention here the help we receive from the Unitarian Church Cork who have given us the space to store the donations we receive and give us the space we need to do the work we need to do to help the people of Cork that are in need.

Finally I would also like to mention the regular donation we receive from Apache Pizza, Hollyhill; who give our homeless friends a hot meal which they look forward to every week and appreciate so much. We are thankful for this gift.

So as we stand now Cork Stand Together is realising a lot of success in our endeavours but we are still discovering new ways to improve the group and to help our homeless friends. I want to give a word of thanks to everyone who is involved and all the work they do. If you would like to volunteer or to donate please look us up on our **Facebook @Cork Stand Together** to find out how you can help and to see the work we are doing to help Corks homeless community.





Mayfield GAA Juvenile Club

CÚL CAMP 2019

Save the date

22nd - 26th July

Prices for this year are

1st child : € 60.00

2nd child : € 55.00

3rd child : € 45.00

Registration night is 21st June @ 6.30pm

In Mayfield GAA Grounds (Riverview).

**Booking now being taken
Contact Tony Hegarty (086)348 6588**



ST KILLIAN'S SCHOOL

*A SCHOOL WITH A DIFFERENCE
1969 - 2019 Celebrating 50 years*

St. Killian's Primary School would like to thank the Community of Mayfield for their support and welcome during our first year in Mayfield. We'd particularly like to thank Fr. Michael and the staff of Scoil Mhuire agus Eoin for including us in the Confirmation celebrations. It truly was a memorable experience. The staff and pupils of St Patrick's Girls Secondary School and Mayfield Community School deserve a special mention for being so welcoming and for including us in their Transition Year programme.

Finally, visits to The Glen Resource Centre, Mayfield Arts Centre and our involvement with Brian Dillion's GAA club have enriched the school experience of all our pupils.



Athbhliain na Síneach



Wesak



Díbhéalai



An Coiste Ilchineálachth





Citizens Information

MAYFIELD CITIZENS INFORMATION CENTRE
Roseville House, Old Youghal Road, Mayfield Tel: 0761 07 6880
Opening hours are Monday to Friday 10am – 1pm,
Monday to Thursday 2pm – 4pm.



Applying for a Student Grant June 2019

Question: I will be sitting my Leaving Certificate this year and plan to go to college in the autumn. How do I apply for a student grant?

Answer: Student Universal Support Ireland (SUSI) is Ireland's single national awarding authority for all higher and further education grants. SUSI is accepting grant applications for the 2019–2020 academic year from 25 April 2019.

You apply to SUSI by completing an application form online. You must have an online account with SUSI before you can make your grant application. To meet the conditions of the scheme, you must:

- Be an Irish resident, EU, EEA or Swiss national or have specific leave to remain in the State
- Have been ordinarily resident in Ireland or the EU for three of the last five years
- Be attending an approved course in an approved institution

Your family's means (in the previous tax year, 2018) are assessed and must be under the specified threshold. You can use SUSI's eligibility reckoner to check whether you would be considered eligible for student grant funding.

Make sure that you provide complete and accurate information (date of birth, Personal Public Service numbers (PPS numbers) and bank details in particular) to avoid any delay to the processing of your application. You need to send hard copies of any supporting documentation to SUSI.

If you are refused a grant, or are approved for a lower level of grant, you can appeal the decision to SUSI in writing. You must appeal within 30 days of getting your decision.

Student grants are reviewed each year. If you had a grant in one academic year and are continuing your studies on the course in the following year, SUSI will be in contact with you to renew or re-assess your student grant for that next year.

Further information on this and other matters is available in confidence from the Mayfield Citizens Information Centre, Roseville House, Old Youghal Road, Mayfield. Telephone: 0761 07 6880
Opening hours are Monday to Friday 10.00am – 1.00pm, Monday to Thursday 2pm – 4pm.

Citizens Information is also available through the Citizens Information Service at 0761 07 6850, the Citizens Information Phone Service 0761 07 4000 or online at www.citizensinformation.ie



NEWS FROM NOWHERE.

MICHAEL O'DONNELL.

Song of the Month.

*“Hang me please from a Gooseberry tree.
But the Judge turned to Mo and said no!
For a Gooseberry tree is too low.
It's the tree I love best, it's my dying request.
Hang me please from a Gooseberry tree.”*

I don't know if Mo's request was granted but at least he was a tree lover. At one time Ireland was covered with vast woodlands. In the Middle Ages it was said that a squirrel could travel from Cork to Killarney without touching the ground. Timber played an essential part in our ancestors' lives. Timber was the source of raw materials for a variety of uses, from implements to houses and furniture.

Their fruit, leaves and bark provided food for themselves and their livestock. They provided transport by Chariot and Coach, along with dyes for clothing.

There is a dimension to trees other than their numerous practical uses. The lifecycle of a tree from seed to sapling to maturity, to withered old age and death, mirrors that of people.

To our ancestors many trees were considered sacred. There is even a special word in the Irish language for a sacred tree-bile. The word craobh was also used. In ancient Ireland there were five great trees considered by legend to be sacred above all others. These were the Bile Tortan near Tara, Craobh Daithi at Farbil, Co. Westmeath, Eo Mughna at Moone, Co. Kildare and Eo Rossa at Old Leighlin, Co. Carlow. St. Bridget build her church in Kildare (Cill Dara, church of the Oak).

In the Gaelic or Brehon laws, the tree species of the country were classified into four categories according to their "rank" of importance and usefulness. The most important were called "Nobles of the Wood" and included: Oak-dair- its acorns and dignity; hazel -coll-its nuts and and rods; holly-cuileann-its chariot shafts; yew-lubhar or ec- its noble artefacts; ash-uinnis or fuin-wood for weapons; Scots Pine-ochtach=its resin; Apple-Abhall or Ull-its fruit.

There were laws governing the use of trees and fines for damaging or cutting without the owners' consent. The Irish had to clear some trees for agriculture but they didn't believe in cutting or damaging them unless absolutely necessary. It was the English establishment who chopped down our native forests and used the wood to build their ships which conquered the world Alas, the Concrete Jungle authorities of today, (the Municipal Vandals), chop down trees at will without considering their value to the Irish people.

Trees are the giants of the plant kingdom, are the main sources of carbon storage. A tree can absorb around 30 kg of CO2 per annum. They also provide vitally important habitats for a multitude of creatures in our towns and cities. Concrete emit fumes that causes Cancer. The more trees there are lessons the risks of our inhaling toxic fumes.

Alas, trees are facing an uncertain future as many councils in Ireland are at this moment unscrupulously and ill-advisedly removing great swathes of native hedgerow and trees from urban areas at a time when they are most needed. We need to voice our anger and disdain at such actions and tell them to stop NOW before its too late. An old Greek proverb states, "A society grows great when old men and women plant trees whose shade they know they will never sit in."

Cork City needs to consider the health of its people by planting trees and greenery in the city centre. They could start in the Grand Parade by tree lining the centre between the National Monument and Washington Street. Divide the footpath by planting trees which give oxygen instead of skateboards which give headaches.

Tree Facts

oxygen

A single tree produces approximately 118 kilograms (260 pounds) of oxygen per year. That means two mature trees can supply enough oxygen, annually, to support a family of four.






On the weekend of June 7th, the U14 Féileu tournament took place in Cork for the first time in a number of years. Teams from all over the Country descended on the Rebel County for what was sure to be a hurling feast. Not only were we a host Club but we were also a host venue which meant the pitches, Clubhouse, etc. were a hive of activity all weekend. A number of weeks ago we discovered that we would be hosting Southern Gaels from Westmeath and plans were soon put in place by the organising Committee to ensure everything ran smoothly. The other teams in our group were Omagh from Tyrone and St Dominic's from Glanworth.

The matches kicked off on the Friday night where our first opponents were Omagh. After a cagey start from both teams Mayfield soon began to pull away and ran out comfortable winners in the end. Best in the opening game for the hosts were Captain Alex Mullery, Goalkeeper Aaron Hegarty, Adam Murphy & Darren O'Callaghan. The second game was also played on the Friday night which saw Mayfield take on St Dominic's and this proved to be a much tighter affair. Having suffered defeat in their opening game against Southern Gaels the Glanworth side knew they needed a win and came out all guns blazing. However Mayfield really met the challenge head on and came away with a hard fought win in the end. Darragh O'Donovan, Oran Ross, Conor McDonagh & Calvin O'Donovan were the stars of the show in this one. Once the action finished on the Friday night all four teams and supporters headed to the Hall in Riverview for some much needed refreshments and entertainment. After a bite to eat The Southern Gaels team were introduced to their host families which concluded the activities for the opening day.

The Saturday morning was an early start for the Mayfield and Southern Gaels sides who faced off against each other on Pitch 1 at 10.00. In front of a large contingent of supporters from both sides the two teams played out a cracking match with some fine hurling on display in tough conditions. The Gaels ran out winners in the end but the Mayfield boys could not be faulted for the effort they put in and, although defeated, were still very much in the tournament. Best on show were Alex Foley, Devon Gibson, Ronan O'Keefe and Conor Mullane Geraghty. On the Saturday afternoon the team and supporters headed to St Michaels GAA grounds to play their quarter final match against Tracton. Having suffered defeat earlier that morning the boys were anxious to get back to winning ways which they did running out comfortable winners in the end with Brian Cassin and Jake O'Keefe having a superb game. On they marched to semi-finals.....The action however wasn't over for the Saturday with the small matter of a trip to Pairc Ui Chaoimh to see Cork take on Waterford which both Mayfield and Southern Gaels thoroughly enjoyed.

With a semi-final slot booked against CLG Micheal Beathnachs of Connemara on the Sunday in Killavullen another early start awaited the boys. When they boarded the bus in Kerry Road you could see the boys were in confident mood however the poor weather conditions were sure to play a big part. In greasy conditions the lads started very slowly against the Galway side and found themselves three points down at half time. The Management team rallied the troops at the break and they came out a different side in the second half to take the lead coming in the final stages. What happened next will live long in the memory of those in the ground.....With the clock just hitting fulltime the Galway side led by a point, it looked to be all over. Mayfield delivered a long ball up the pitch which broke nicely and was finished superbly to the back of the net. With three minutes of injury time gone surely Mayfield had done it however it wasn't over yet when unbelievably the Galway side managed to break away and rattle the net to go a point up. Would there be time for a comeback? The referee allowed one last puckout which Mayfield gathered and managed to win a free from a difficult angle. However it wasn't to be and as the final ball drifted wide the Mayfield boys were left shattered. Everyone one of the boys were terrific with Luke Malone, Adam O'Keefe, Cian O'Driscoll, Alan Walsh, & Joey Gibson outstanding and after some words of encouragement from The Management Team the boys left the pitch to a tremendous reception with their heads held high.

To their credit the lads put their own disappointment to one side and stayed on in Killavullen to cheer on Southern Gaels however it was the Connemara Team who ran out worthy winners in the end and this brought an incredible weekend to a close. It would be impossible to thank everyone individually who helped out in the many different ways over the weekend and indeed over the last few weeks but it was truly humbling to see what can be achieved as a Club, and indeed a Community, when everybody pulls together. An incredible weekend was had, with friendships made that I am sure will last for many years to come.....
Mayfield ABÚ



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REFLECTIONS SPRING -SUMMER 2019

The Mayfield Community Adult Learning Project C.A.L.P. would like to thank everyone who has participated in their community/adult education courses (accredited and non-accredited) from January to June 2019. The project provided a wide range of courses from computers, personal development, first aid, craft to mindfulness & relaxation. None of this would be possible without the support of the Mayfield CDP team and our funders Cork ETB and Cork City Partnership CLG.

At the heart of C.A.L.P. are its participants and learners. It takes a lot of courage for many to take the first step into the centre, sign up and attend a course. Once this step is taken, it can open up opportunities for people, meeting others, developing a sense of achievement and self-confidence. The centre is non-threatening and works at the pace of the learner. If you have never engaged in adult/community education in your community, this Autumn may be the time for you. Mayfield C.A.L.P. will have a new range of courses available and we are also willing to hear any new ideas for courses that you may have.

The project will be open throughout the summer months except for the week for the 12th August 2019, so you are more than welcome to drop into the Community Resource Centre, 328 Old Youghal, phone 4508562, email mayfieldcalp@eircom.net or message on Facebook Mayfield CDP. We will also keep our web page www.mayfieldcdp.ie updated, so keep an eye out for it.

The first half of 2019 has also seen the project through the Learning Neighbourhoods Initiative which involved in the Lifelong Learning Festival Mayfield event in April 2019 and it also participated in a 'Gathering' of Community Education providers in Cork City in Nano Nagle Place in May 2019 as organised by the Cork Community Education Network Forum. It is clear from this event that community/adult education is alive, varied and active across Cork City.

The Gathering of Community /Adult Education Providers in Cork City, Nano Nagle Place May 2019.



The Voluntary management committee of Mayfield C.A.L.P. would like to wish everyone a happy and safe summer & we look forward to providing a variety of new & exciting community/adult courses for the Mayfield Community from September 2019 onwards.



We Can Quit
Women Supporting Women To Stop Smoking



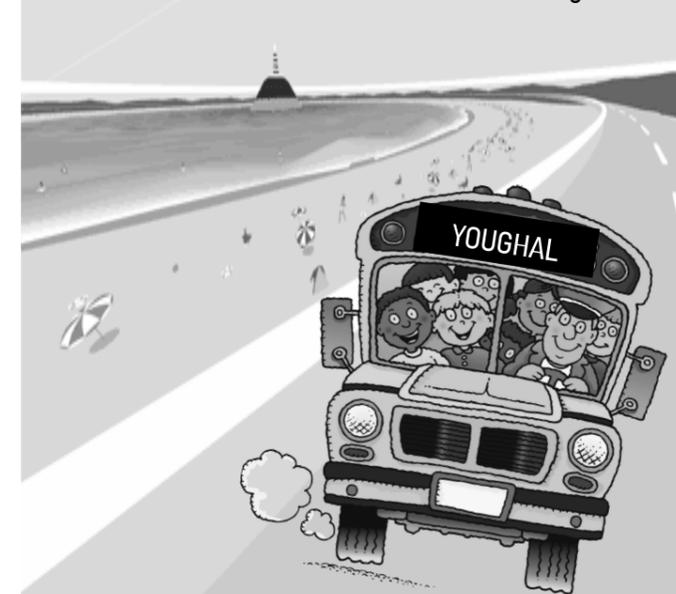
Congratulations to all the ladies who successfully gave up smoking, with the help of the "TOGETHER WE CAN QUIT PROGRAMME" in Mayfield



The 1st Thursday in March was Our Lady Crowned World Women's Day of Prayer. A donation appeal was forwarded to the Dublin branch and was awarded a Cheque for €500 from the head office in Dublin for Edel House, which houses homeless women and children. Mary Foley from Our Lady Crowned Mayfield Branch, visited Edel House to donate the €500.

BUSES TO YOUGHAL

Every Thursday from 11th July– 8th August
Buses leave from Our Lady Crowned Church @ 10.30am return 5.30pm.
Tickets will be available from CDP Community Resource Centre, 328 Old Youghal Rd.
021 4508562 Check our Facebook Page



Our Lady Crowned Church



Sr. Imelda Harrington received a standing ovation at the end of 12 noon mass this morning as the parish honoured her retirement as parish sister. Sr. Imelda has served the people of Mayfield and the parish of Our Lady Crowned for over 25 years. May God bless her for her hard work and dedication as she gradually retires from our parish.